

# THE NAVIGATOR

## FEBRUARY 2026

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

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### FROM PRESIDENT TOVE-LISE:



Our first meeting of the year, February 10<sup>th</sup>, 6 pm, promises to be engaging and memorable. We are excited to welcome Liese Greenfelder, who will share her unique experiences as "The Accidental Shepherd." This is a wonderful opportunity for all members to come together, enjoy some refreshments, and extend a warm welcome to Liese.

#### Upcoming March Meeting and Delegate Elections

An additional meeting has been scheduled for March 10<sup>th</sup>. During this meeting we will elect delegates to represent our lodge at the Convention, which is set to take place in June right here in Sacramento. Our lodge is entitled to send five delegates. In addition to delegates, we will need several volunteers to assist with various tasks and responsibilities at the event. Your support and participation are crucial to our success.

#### How to Become a Delegate

If you are interested in serving as a delegate, please note that attendance at our meeting on March 10<sup>th</sup> is required for election. Should you have any questions or need further information, feel free to reach out to me directly. I appreciate your involvement and encourage everyone to consider participating in these important activities.

Hilsen Tove-Lise

[ToveLise@aol.com](mailto:ToveLise@aol.com)





# CAMP Trollfjell & Folkehøgskule



## NORWEGIAN LANGUAGE & HERITAGE KIDS CAMPS

REGISTRATION  
JAN 1 - MAY 31

Early Bird Discount  
Register by April 1st

Trollfjell Folkehøgskule (ages 14-17)

- June 28-July 11

Camp Trollfjell (ages 8-13)

- July 12-25



Camp Norge in Alta, CA



<https://sofn6.org/arv/camp-trollfjell/>



[Trollfjell](#)

### 2026 KIDS CAMPS INFORMATION!

Sons of Norway District Six will offer Camp Trollfjell & Folkehøgskule in summer 2026 at Camp Norge, located near Alta, California in the Sierra Nevada mountains. These Norwegian Language & Heritage Kids Camps provide young people with an opportunity to learn about Norwegian culture while participating in traditional summer camp activities.

Two two-week sessions are planned. Trollfjell Folkehøgskule for ages 14–17 will be held June 28–July 11. Camp Trollfjell for ages 8–13 will follow from July 12–25. Each program is designed to be age-appropriate and to encourage learning, participation, and connection among campers.

Daily activities include Norwegian language instruction, folk dancing, rosemaling, hikes, campfires, games, and other group activities. Time is also built into the schedule for recreation and social interaction in a supervised camp setting.

Registration will be open from January 1 through May 31, with an early bird discount available for registrations received by April 1.

Camp Trollfjell & Folkehøgskule information tree: [linktr.ee/trollfjell](https://linktr.ee/trollfjell)

Register for Camp Trollfjell at: [sofn6.org/arv/camper-registration/](https://sofn6.org/arv/camper-registration/)

Register for Trollfjell Folkehøgskule at: [sofn6.org/arv/folkehogskule-registration/](https://sofn6.org/arv/folkehogskule-registration/)

**UPCOMING LODGE EVENTS 2026****FEBRUARY**

Tuesday , Feb. 10, Author presentation

**MARCH**

Tuesday, March 10, Business mtg.

Saturday, Mar. 28, Fish/Meatball Social

**APRIL**

Tuesday, Apr. 14, Business meeting

**MAY**

Sunday, May 17, Norwegian Constitution Day Celebration (Syttende Mai)

**JUNE**

Tuesday June 9, Business meeting

**JUNE**

BIENNIAL DISTRICT CONVENTION, Sacramento (11th—14th)

**SEPTEMBER**

Sunday, Sept. 13, Camper Recognition BBQ

**OCTOBER**

Tuesday, Oct. 13, Business meeting

**NOVEMBER**

Tuesday, Nov. 10, Business meeting

Saturday, Nov 7, Viking Festival

**DECEMBER**

Saturday, Dec 5, Julebord with 2027 officer installation.

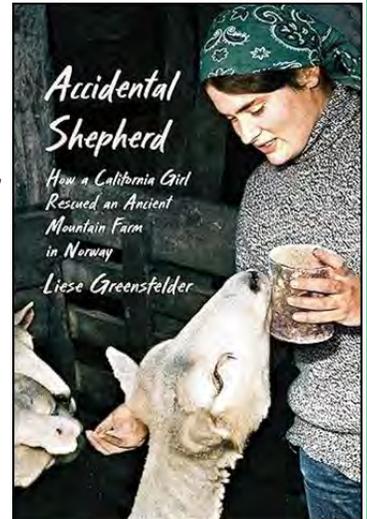
**All meetings and events at the San Juan Masonic Center, Citrus Heights, unless otherwise indicated. Call 916.364.8704 for more information. Also [sonsofnorwaysacramento.com](http://sonsofnorwaysacramento.com).**

**VISITING AUTHOR AT 6 PM****FEB. MEETING!**

Hei!!

The Sons of Norway, Roald Amundsen Lodge, is having an interesting cultural presentation at our next meeting!

**Liese Greensfelder**, author of: ***The Accidental Shepherd: How a California girl rescued an***



**ancient mountain farm in Norway**, will be coming to talk about her experience in Norway and to present a slide show. There will be time afterward for questions.

There will also be hors d'oeuvres, dessert, and coffee.

**February 10, 2026 at 6 pm at the Masonic Center 5944 San Juan Avenue, Citrus Heights**

**Special Information:**

This true story is an amazing account of life on a Norwegian farm over 50 years ago. It gives insight into not only the hard work of being a Norwegian farmer but insight into Norwegian culture of the time. This is a rare chance to read about real, rural life in Norway. It's a great story!! Her book has already received two awards!

\*\*\*\*There will be books for purchase, so bring cash. Books will be selling for \$20.00 to \$25.00. This is a great opportunity to purchase a book and get Liese to sign it!

Please come out and support a locally based Norwegian Author! - **Christina Newport, Cultural Director.**

## DISTRICT SIX CONVENTION RETURNS TO SACRAMENTO

### AFTER 22-YEAR HIATUS!

This biennial convention will be held at the DoubleTree Hilton Hotel in the Point West area of Sacramento, and will include a one-day trip to Camp Norge available to all delegates. The convention dates are June 11-14.



Roald Amundsen Lodge has qualified by member count for five delegates who will have to be chosen from the membership (see below).

The leadership/membership seminars will be on Saturday morning and the District Convention meetings will be on Saturday and Sunday. There will be a hosted dinner on Saturday and the Banquet with installation of officers on Sunday. Any and all members of District Six may attend even if not a delegate. Save the dates! Any lodge member interested in helping at the convention contact Tove-Lise. See the next page for folk art exhibition information.

## CONVENTION DELEGATE PROCEDURE – MARCH 10 MEETING

The biennial District Six (of which we are a part) Convention will be held right here in Sacramento during the long weekend of June 11-15. Additional information can be found elsewhere in this Navigator and in the District newsletter that will be available soon on the District Six website. One unusual feature will be a bus trip for all interested delegates to visit Camp Norge on Friday, March 12<sup>th</sup>.



Roald Amundsen Lodge will be permitted to send five delegates to the convention, and their participation will be subsidized by the lodge.

We will select, by majority vote, the lodge delegates at the March 10<sup>th</sup> meeting of the lodge. Any member can be considered for delegate candidacy, but they must be present at the March meeting to be considered. (If that is not possible, the person concerned must submit a written email request to the lodge president, **Tove-Lise Miller (Tovelise@aol.com)** prior to the meeting to be considered for delegate selection. Stipends for the delegates will also be determined at this meeting.

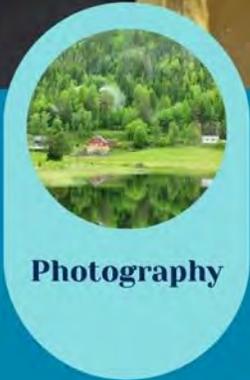
Lodge President **Tove-Lise Miller** will be a delegate to the convention by virtue of being a district officer (Zone One Director) and her stipend will be provided by the district. She will not count as one of the lodge delegates.



# 2026 Folk Art Exhibit



Painting



Photography



Rosemaling



Carving



Knitting

## 2026 Folk Art Exhibition

It's time to start preparing your projects for the 2026 Folk Art Exhibition at the Biennial District Six Lodge Meeting and Convention.

An 'Olaf' award will again be presented to a favorite digital or electronic program. So, start, or continue your knitting, stitching, carving, weaving, painting, etc, or get creative with a digital program.



**Sons of Norway District Six  
2026 Biennial Meeting & Convention**

**June 11 – 14, 2026**

**DoubleTree by Hilton Hotel Sacramento  
2001 Point W Way, Sacramento, CA 95815**



[2026.sofn6.org/folk-art-exhibit/](https://2026.sofn6.org/folk-art-exhibit/)



[culturaldirector@sofn6.org](mailto:culturaldirector@sofn6.org)



[2026.sofn6.org](https://2026.sofn6.org)

Coming March 28th—mark your calendar  
**TORSK—LUTEFISK—MEATBALL DINNER!**

Reservation information will be in the March Navigator-  
 Watch for it.



**TWO SPRING WORK PARTIES AT CAMP NORGE**



In preparation for a busy 2026 season and the District Six Convention field trip to Camp Norge, the Recreation Center Board has scheduled **two spring work party weekends** this year—an unusual but important step. Volunteers are invited to help on **Saturday, April 18** and **Saturday, May 30**, as we get the camp ready to welcome members from



across District Six.

This year, Camp Norge is hosting delegates during the **2026 District Six Convention**, making spring preparation especially important. Volunteers of all skill levels are welcome—whether for a full day or just a few hours.

Come for one day or both! No special skills required! Many hands make light work (and good fellowship)!

**Contact: Teri Morken: [terimorken@gmail.com](mailto:terimorken@gmail.com) or Fred Hymans: [fred.hymans@campnorge.org](mailto:fred.hymans@campnorge.org)**

**SONS OF NORWAY MISSION STATEMENT**

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.

## NORWEGIAN FILMS GARNER 11 OSCAR NOMINATIONS!

“This is a big day for Norwegian film,” declared **Prime Minister Jonas Gahr Støre**. Even Norway’s busy prime minister took time away from high-level foreign policy drama to send congratulations to the casts and crews behind Norwegian films on Thursday, January 22nd. They made history in the country after winning 11(!) Oscar nominations at the upcoming Academy Awards in Los Angeles.

Both **Renate Reinsve** and **Inga Ibsdotter Lilleaas** won Oscar nominations (best actress and best supporting actress, respectively) for their performances in the Norwegian film **Affeksjonsverdi (Sentimental Value)**.

Støre also congratulated Norwegian film director **Joachim Trier** “and the entire team behind *Affeksjonsverdi (Sentimental Value)*” for snaring nine nominations. Another Norwegian film, ***Den stygge stesøsteren (The Ugly Stepsister)***, was nominated for best hair and make-up. Also Norwegian **Espen Nordahl** is a candidate for an Oscar for best visual effects in the film ***Sinners***, which was nominated in a record 16 categories according to the Norwegian Film Institute. *Sentimental Value*’s other nominations include **Best International Feature**, Best Director – **Joachim Trier**, Best Actress in a Supporting Role – American **Elle Fanning**, Best Actor in a Supporting Role – **Stellan Skarsgård**, Best Original Screenplay – **Eskil Vogt and Joachim Trier**, and **Best Editing – Olivier Bugge Coutté**.

The Norwegian feature film ***The Ugly Stepsister***, directed by **Emilie Blichfeldt**, was nominated for Best Makeup and Hairstyling carried out by **Thomas Forsberg and Anne Cathrine Sauerberg**.

**Your lodge editor and your lodge president** watched ***Sentimental Value*** and thoroughly enjoyed it, despite its bladder-busting length of two hours and nineteen minutes. The film is available on **Apple+**, **Amazon Prime** and perhaps other streaming services for a rental fee of \$15.

The 98th Oscars Academy Awards will be held in Los Angeles on March 15. (Much of this information is based on an online **NewsinEnglish.no** report .)



***The Ugly Stepsister*, available on Amazon for four bucks.**

## Previous Sail “Disappeared”

### **OUR VIKING SHIP NEEDS A VIKING SAIL!**

A while back our ship’s sail (see photo) mysteriously disappeared. The sail was manufactured 30 or more years ago, handcrafted by some women lodge members. Similarly, the ship itself was built by lodge members. We have often displayed it in Scandinavian events and it always draws a crowd.

The ship survives, but it needs a new, authentic, white and red-striped sail. Currently we are using an inauthentic red sail that is not rectangular. So we are asking if anyone knows where we might be able to find one. We could conceivably buy it, or even commission the manufacture of a new one. Please contact the Vice President ([claykara@surewest.net](mailto:claykara@surewest.net)) or the Editor ([rosen@winfirst.com](mailto:rosen@winfirst.com)) if you have lead on finding one.



## **ALL MEMBER MEETING**

Are you curious about leaders of the Sons of Norway are thinking about these days? Maybe the upcoming All Member Meeting will be revealing. The on-line session is scheduled for **Monday, February 9, from 11 am – 12:30 pm Central Time.\* CEO & President Dan Seyfried and International Board Chair Luella Grangaard** will present important information you need to know and answer your questions.

Topics will include 2026 District conventions and how to become a delegate, membership survey results, changes in membership numbers, and getting involved in your lodge and district. You can register for this meeting using this link:

[Register for Meeting Here](#) . **Email questions by Tuesday, February 3**  
to [fraternal@sofn.com](mailto:fraternal@sofn.com).

\*9:00 am Pacific time.