

THE NAVIGATOR

NOVEMBER 2025

VETERANS DAY , NOV. 11

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

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FROM PRESIDENT TOVE-LISE:

THANKSGIVING GREATINGS FROM ROALD AMUNDSEN LODGE!



President's Message—This year's Viking Festival has officially come to a close, and what a difference a year makes! Unlike last year's event, which was plagued by persistent rain throughout the day, we were fortunate to enjoy perfect weather this time around.



Organizing and running the festival was certainly exhausting, but the results speak for themselves—it was a resounding success. I want to extend my

heartfelt thanks to everyone who volunteered, no matter how big or small their role.

I am also proud to note the Scandinavian spirit of the event, with representation from Norway, Sweden, and Finland. This diverse participation added richness and authenticity to the festival.

Our annual Julebord is just around the corner, scheduled for December 6th. This cherished tradition brings our members together to celebrate the season and enjoy each other's company. In addition to the festivities, we will also be holding the installation of our new officers. Reflecting on last year's Julebord, it was especially heartwarming to see so many children participating in the event. The kids' involvement in making craft items added a joyful and creative energy to the celebration, and we look forward to similar enthusiasm this year.

Looking Ahead

The new year is fast approaching, and with it comes the need to rejuvenate our organization. We invite everyone to help "restock" the board with new members and fresh ideas. Please join us at the upcoming meeting on **November 11th**, where we will make important decisions for the year ahead.

Happy Thanksgiving, hilsen Tove-Lise

Roald Amundsen Lodge REMAINING CALENDAR 2025

<u>DATE</u>	<u>START</u>	<u>MEETING/EVENT</u>	<u>COMMENT</u>
November Tue, 11th (newly added)	7:00 pm	Business, Cultural	2026 Election; 2026 schedule discussion; other business
December Sat, 6th	5:00 pm	Julebord	Holiday Dinner; 2026 Officer Install

Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

Students, Take Heed...

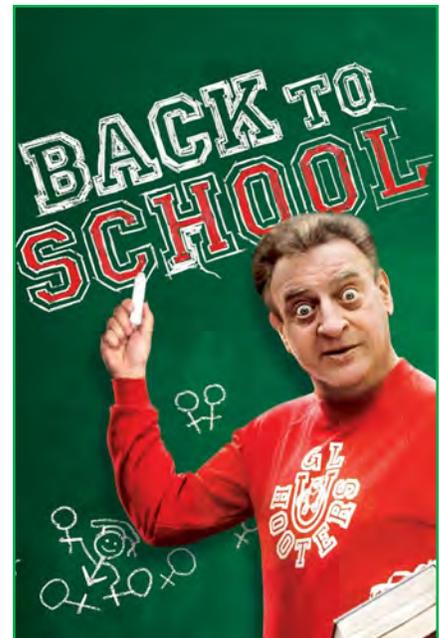
FOUNDATION \$COLARSHIPS AVAILABLE!

High school seniors and current college students- it's time to start thinking about 2026!

If you are a member of Sons of Norway or have a parent or grandparent who is a member, you can apply for a scholarship from the Sons of Norway Foundation.

There are a variety of scholarships available for college, trade schools, and study abroad, from \$1,500 to \$20,000+. There are several scholarships for older adults, but none for reform school.

Go to the Sons of Norway Foundation website at <https://www.sofn.com/foundation/scholarships/> to find out if you are eligible to apply. When you find one or more for which you qualify, read the Overview, Who Can Apply, and View Guidelines. *(This is a small part of an article, slightly modified, appearing on the Sons of Norway website. Students should really check out these opportunities! For starters, check out the Scholarship Grid contained on the last page of this Navigator. If your computer screen is too small to see the grid, go to <https://www.sofn.com/foundation/scholarships/> Full information on each available scholarship can be found on the Sons of Norway website. Also, check out the District Six website for additional opportunities.)*



ALL ARE INVITED TO THE LODGE CHRISTMAS SEASON DINNER:

THE ANNUAL JULEBORD!



SATURDAY, DECEMBER 6 2025

HARDING MASONIC LODGE

5944 SAN JUAN AVENUE

CITRUS HEIGHTS

SEATING AVAILABLE

BEGINNING 5:00 PM

DINNER SERVICE ABOUT 5:30 PM

PREPAID RESERVATIONS ONLY -

SEE INFORMATION ON REVERSE

*The menu will include these Norwegian delicacies:
Roast Pork, Meatballs, Surkål, Seafood Aspic, Herring,
Smoked Salmon, Norwegian dessert cookies, coffee and
drinks.*

(Some wine will be available and you may bring your own.)

Julebord has its roots in the ancient Norse tradition of celebrating the winter solstice. These early celebrations were called "Yule" and were a time for the Norse people to honor the return of the sun, marking the gradual lengthening of days after the darkest period of the year.

The Yule celebration was associated with feasting, drinking, and a sense of unity. Over the centuries, the Yule tradition evolved and was eventually merged with Christian Christmas celebrations, leading to the creation of the modern Julebord, which features – surprise, surprise - feasting, drinking, and a sense of unity.

JULEBORD 2025 RESERVATIONS

Saturday December 6th

Seating available beginning at 5:00 PM, Dinner about 5:30 PM

Make checks payable to "Sons of Norway"

Mail to Treasurer, Sons of Norway, Box 3734, Citrus Heights, CA 95611-3734

Questions: 916-364-8704

(Reservations will be checked off at the event)

Name(s) _____

Cell phone # & email (So we can confirm your reservation)

# of adults (age 18 and up) _____ @ \$30 each	Total \$ _____
# of teens 13 thru 17 _____ @\$10 each	Total \$ _____
# of children 12 and under _____	Total (No charge)
Grand Total	\$ _____

NO CASH, PLEASE. RESERVATION DEADLINE DECEMBER 2nd.

Notes, comments:

NORWAY NEWS

TESLA – The Wall Street Journal reports that Norway’s \$1.9 trillion sovereign wealth fund (the “Oil Fund”) has voted against approving Elon Musk’s proposed \$1 trillion pay package. The fund owns 1.2% of Tesla which makes it the sixth largest institutional investor in the company.

Sentimental Value – This new Norwegian film will be showing at the **Tower Theater** beginning Nov. 12th at 6:30 (one showing) and during the period Nov. 20th – 22nd (multiple showings). Also, we expect it to be available on Apple+ sometime later this month. Directed by **Joachim Trier**, this film is Norway’s entrance for Best Foreign Film category for the upcoming Academy Award season. In Norwegian with subtitles, and some English. **WARNING-** Make adequate preparations before entering the theater – the movie is over two hours long!

SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.

A Thoughtful Gift That Lasts a Lifetime

From Fred Hymans, CFP — Financial Benefits Counselor

This holiday season, consider giving a truly meaningful gift — a life insurance policy for your grandchild or great-grandchild. It's a thoughtful way to help secure their financial future and strengthen their connection to Sons of Norway.

Two excellent options are available: the **Viking Voyager** and the **Single Premium Whole Life** policy.

Viking Voyager (for ages 0–17)

A one-time premium provides coverage until age 26, at which time the policy can be converted to a permanent Whole Life plan.

Examples of one-time premiums:

- Age 0: \$10,000 coverage – \$362 premium
- Age 0: \$25,000 coverage – \$504 premium
- Age 5: \$10,000 coverage – \$341 premium
- Age 5: \$25,000 coverage – \$477 premium
- Age 10: \$10,000 coverage – \$326 premium
- Age 10: \$25,000 coverage – \$475 premium



Single Premium Whole Life

This plan also involves a single payment, starting at \$2,000. It provides lifelong coverage that builds cash value and increases in face amount over time.

Examples of coverage amounts:

- Age 0: Male \$12,022 – Female \$13,096 (for a \$2,000 premium)
- Age 5: Male \$10,840 – Female \$11,692 (for a \$2,000 premium)

Both plans offer a lasting way to show your love and foresight while giving your family a financial head start that will grow with them for years to come.

For more information, contact:

Fred Hymans, CFP

Financial Benefits Counselor

916-333-2086



More Viking Festival photos.



UPCOMING LODGE EVENTS 2026

FEBRUARY

Tuesday , Feb. 10, Business meeting

MARCH

Saturday, Mar. 28, Fish/Meatball Social event

APRIL

Tuesday, Apr. 14, Business meeting

MAY

Sunday, May 17, Norwegian Constitution Day Celebration (Syttende Mai)

JUNE

Tuesday June 9, Business meeting

JUNE

BIENNIAL DISTRICT CONVENTION, Sacramento

SEPTEMBER

Sunday, Sept. 13, Camper Recognition BBQ

OCTOBER

Tuesday, Oct. 13, Business meeting

NOVEMBER

Tuesday, Nov. 10, Business meeting

Saturday, Nov 7, Viking Festival

DECEMBER

Saturday, Dec 5, Julebord with 2027 officer installation.

All meetings and events at the San Juan Masonic Center, Citrus Heights, unless otherwise indicated. Call 916.364.8704 for more information.

Our Viking preparing the Vikings (on a stick). →



↑
Forty-eight year member Trond Aschehoug with granddaughter and great-granddaughter.





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Scholarships

In keeping with our values of commitment to life-long learning and service, and funding innovative individuals and opportunities, the Sons of Norway Foundation awards approximately 35+ scholarships to promising students each year. Please go to www.sonsofnorway.com/scholarships for full guidelines. Applications open October 1 annually and are due January 15.

Name of Scholarship	Country of Study	Age Range	College Credit Needed	Gender	Field of Study	Sons of Norway Membership	Length of Award	Maximum Award	Level	Applicant Citizenship
Astrid G Cairns	USA	17-24	None	N/A	Any	Member or Child/Grandchild of Member for 1 year	1 year	\$1,500	TV	USA
Bernt Anker	USA	18-25	None	N/A	Any	N/A	4 years	\$3,000/year	U, TV	USA
Dan & Bertha Rude Scholarship	USA	17-26	One full year	N/A	Elementary Education	N/A	1 year	\$3,000	U	USA
Desert Fjord	USA	17+	None	N/A	Any	Member or Child/Grandchild of Desert Fjord Member for 1 year	1 year	\$2,000	U	USA Norway
District 4	USA Canada Norway	17+	None	N/A	Any	Member of District 4	1 year	\$1,000	U, FHS, OISS, TV	USA Canada
District Six	USA	18-23	1 semester or 1 quarter	N/A	Any	Member or Child/Grandchild of District Six for 1 year	1 year	\$1,500	U, TV	USA
Douglas Warner-Roff & Wanche Eng	Norway	Any	One full year	N/A	Any	Current Member or Child/Grandchild of Member	Up to 1 year	\$3,000	U, FHS, OISS	USA Canada
Elaine Nilson	USA Canada Norway	Any	None	N/A	Education, Agriculture, or Business	Member or Child/Grandchild of Member for 1 year	1 year	\$3,000	U, G	USA Canada Norway
Helen Tromvold Folk High School	Norway	17-26	None	N/A	Folk High School	Member or Child/Grandchild of Member for 1 year	1 year	\$3,000	FHS	USA
King Olav V Norwegian-American Heritage	USA Norway	18+	None	N/A	Scandinavian studies in USA or program in Norway	N/A	1 year	\$3,000	U, G, FHS	USA
King Olav V for Norwegian Citizens	USA	18+	None	N/A	Any	N/A	1 year	\$3,000	U, G	Norway
Lund Fund	Any Country	17+	None	N/A	Any	N/A	1 year	\$3,000	U, FHS, OISS	USA
Myrtle Bainsauer	USA	17-26	None	N/A	Any	Member or Child/Grandchild of Member for 1 year	1 year	\$4,000	U, TV	USA
Nancy Lorraine Jensen Memorial	USA	17-35	One term	Female	Science or Engineering	Member or Child/Grandchild of Member for 3 years	1 year	100% tuition	U	USA
Nordkap Lodge 3-215	USA	17+	None	N/A	Preference to medical field	Member or Child/Grandchild of Member for 1 year	1 year	\$2,000	U, G	USA
Oral & Marie Winjum Memorial	USA	17+	None	N/A	Any	N/A	1 year	\$2,000	U	USA
Sissel and Roger Espeland Memorial	USA	17-26	None	N/A	Any	Member or Child/Grandchild of Member for 1 year	1 year	\$4,000	U, TV	USA

FHS: Folk High School, TV: Technical/Vocational, U: Undergraduates, G: Grad School, OISS: Oslo International Summer School

Updated September 2025