

THE NAVIGATOR

OCTOBER 2025

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

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*HAPPY BIRTHDAY, US NAVY.
250!
-Editor*



FROM PRESIDENT TOVE-LISE:

Greetings to all our members,

This past year has truly flown by and it is remarkable to realize that we are already entering the planning stages for 2026. The swift passage of time serves as a reminder of how active and engaged our lodge continues to be.

We recently concluded the BBQ luncheon featuring our nine Camper youth, the Kretsstevne at Camp Norge and Camp Oldfjell (also at Camp Norge) for this year. These gatherings consistently highlight the strong participation from our lodge, with many



Tove-Lise presenting check to Camp Board President Fred Hymans. (Face and limb painting was in vogue at the event!)

members contributing both as volunteer workers and as enthusiastic participants. Total number of attendees at Camp Oldfjell was 62. We ran out of beds to house everyone, so some participants had to stay off site.

At the Kretsstevne our lodge made a special \$5,000 contribution to Camp Norge for the installation of a new railing constructed to ADA standards along the walkway from the meadow up to the Main Lodge. (The previous railing had failed.) This donation, recommended by the lodge board and approved by the membership at the Kretsstevne, has been greatly appreciated by Camp Norge as it enhances the safety and accessibility of the camp facilities for more visitors.

(Continued on page 2)



SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.

IN MEMORIAM

1937 - 2025

MARION LOIS QUATE

Longtime member (67 years) **Marion Lois Quate** passed away on July 15th, 2025 at the age of 87. Marion Lois was an active member of the lodge, attending events as recently as last year. She was pre-deceased by her husband **Adam Quate**. Her parents, **Olaf and Fred Karlstad**, were among the original founding members of Roald Amundsen Lodge. She is survived by daughters **Erin, Kerri and Kristen**, two sisters, and numerous grandchildren and great-grandchildren. A short obituary can be found on-line by entering her name.

1968 – 2025

ARNE ERIK JENSEN

Former lodge member **Arne Jensen** passed away this past September 3rd. Arne was the proud owner of an automotive repair shop for many years. He is survived by daughter **Angelina Jensen**, sister and lodge member **Laura Siddique** (husband **Shoab**), niece and lodge member **Olivia Siddique**, nephew and lodge member **Omar Siddique**, and former wife **Maja Jensen**. Angelina, Olivia and Omar are former participants of the Camp Norge youth camps. Services have already been held.



REMINDER—MARK YOUR DECEMBER CALENDAR!



JULEBORD—DECEMBER HOLIDAY DINNER!

SATURDAY, DECEMBER 6, 2025

(LATE AFTERNOON OR EARLY EVENING START –TBD)

Reservation information will be in November Navigator

(PRESIDENT'S message continued from page 1)

Please attend our next regular meeting on October 14th. We have a lot to discuss, especially our Viking Festival on November 1st at our usual Masonic lodge venue (see flyer). Everyone's help is needed.

Also please note that we have added another meeting day on November 11th to finish our election of new officers for next year.

Thank you to everyone that give so much of your time to make our events successful.

Hilsen Tove-Lise

ROALD AMUNDSEN LODGE, SONS OF NORWAY

Invites you to attend its annual

VIKING FESTIVAL

Saturday, November 1st, 2025, 10:00 am to 3:00 pm

Admission is Free!



*Masonic Center
5944 San Juan Avenue, Citrus Heights *
(Between Madison and Greenback)*



*Craft items, demonstrations, clothing, bakery goods,
Scandinavian merchandise, Norwegian calendars, gift items...*

Just in time for holiday shopping!

Lunch will be available:

*Open-face sandwiches, Fish soup, Waffles,
VIKINGS-ON-A-STICK, Bakery goods... and more.*

*Additional information: Call **916-364-8704***

And also the lodge website: sonsofnorwaysacramento.com.

And also Facebook: facebook.com/sonsofnorwaysacramento

All are welcome—vendors and exhibitors call the above number for table.

***Northeastern Sacramento suburb.**



Roald Amundsen Lodge

REMAINING CALENDAR 2025

<u>DATE</u>	<u>START</u>	<u>MEETING/EVENT</u>	<u>COMMENT</u>
October Tue, 14th	7:00 pm	Business, Cultural	2026 officer nominations; other business matters
November Tue, 11th <i>(newly added)</i>	7:00 pm	Business, Cultural	2026 Election; 2026 sched- ule discussion; other busi- ness
November Sat, 1st	10:00 am	Viking Festival	Food and Vender Festival (See Flyer)
December Sat, 6th	5:00 pm	Julebord	Holiday Dinner; 2026 Officer Install

Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

Folkedans Stevne...

GREETINGS FOLK DANCERS AND MUSICIANS!

Announcing the Fall 2025 Camp Norge Folkedans Stevne. Events begin with a potluck dinner and dance/music party on the evening of Friday, October 24th and continue through lunch on Sunday, October 26th.

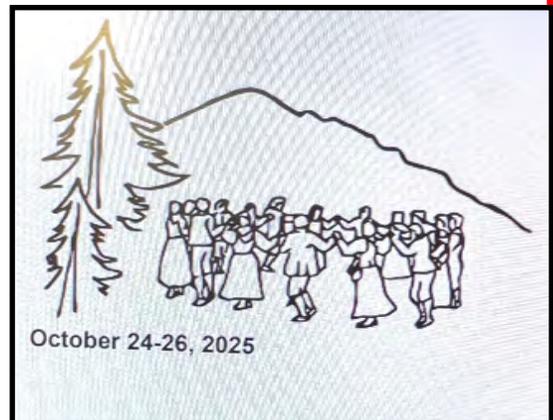
Mikkel Thompson and **Ginny Lee** will teach dances from Gudbrandsdal, Norway, including springleik fra Vågå and four gammeldanser. A turdans and/or sangdans will be added if time permits. Music for dance classes will be provided by Jenny Solheim.

Come for a weekend of dance instruction and fun!

[Click here to download the PDF form](#)

Or, if this doesn't work, copy and paste:

<https://www.campnorge.org/site/wp-content/uploads/Flyer-Fall-2025-Stevne.pdf>.



NEW LODGE FINANCIAL BENEFITS COUNSELOR



At the request of a number of members, **Fred Hymans, CFP®**, has been approved by the Sons of Norway home office to serve as the Financial Benefits Counselor for our Roald Amundsen Lodge. Fred operates his own financial advisory business, **ESSENTIAL FINANCIAL STRATEGIES**, based in Rocklin. In addition to individual clients, Fred serves as the FBC to several other lodges and also manages invested funds for at least two lodges.

Many of our members know Fred due to his serving as President of the **Camp Norge Recreation Board**, which is tasked with the management of Camp Norge. Additionally, Fred serves as a Member of the **Sons of Norway Foundation Board of**

Governors. This Foundation annually awards grants and scholarships for various projects, studies, and provides disaster relief for members.

Unlike some professionals, Fred does find time for other pursuits. For instance, he is a licensed Pyrotechnician! He has climbed 9,735-foot Mount Tallac in the Desolation Wilderness south of Lake Tahoe. And made it back down.

Fred lives in the area (Rocklin) since 1987 with his wife Colleen, who often accompanies him to Sons of Norway events. He has two adult children and four grandchildren, and he has been a member of Sons of Norway since 2010.

If you are curious about Sons of Norway insurance and investment products, don't hesitate to contract Fred:

Location: Fred Hymans, CFP®, 6520 Lonetree Blvd, #2020, Rocklin, CA 95765-5874

Phone Number: 916-333-2086 (will accept text messages)

Email Address: fred@efsplanning.com.

(CERTIFIED FINANCIAL PLANNER® certification is the gold standard for financial planning. CFP® professionals meet rigorous education, training and ethical standards, and commit to CFP Board to serve their clients' best interests. They are fiduciaries.)

NORWEGIAN ROYAL VISIT TO USA



To mark the 200th anniversary of the first Norwegian emigration to the United States, **His Royal Highness Crown Prince Haakon** will visit the United States October 6-9, 2025. The visit is designed to help strengthen cooperation between Norway and the United States, especially in business, research and culture. He will be visiting several states with significant Norwegian-American populations, including Iowa and Minnesota but, inexplicably, not California, a state with significant business and research capabilities, the 4th largest economy in the world, and currently receiving extraordinary and undesired attention from some agencies of the federal government.

In New York on October 9th, the Crown Prince will welcome the ship “**Restauration**,” which is a replica of the emigrant ship which sailed from Stavanger to New York in 1825, setting off several waves of Norwegian citizens who migrated to North America. When the modern ship arrives in New York, it will have completed the same voyage across the Atlantic as Norwegian emigrants 200 years ago. “Restauration” will dock at Pier 16 right next to the South Street Seaport Museum, where a celebration with cultural elements will be held. The Restauration passengers, just like those on the original Restauration, will be taken to Ellis Island where they will be vetted for suitability for entry into the United States before being released to their sponsors.



The Crown Prince will be accompanied by Minister of Foreign Affairs **Espen Barth Eide** and Minister of Trade and Industry **Cecilie Myrseth**. A Norwegian business delegation is also participating in the trip. All delegation members are being very diligent about making sure their visas are in impeccable order, as none of them desires a one-way, all-expense-paid trip to Sudan or some other exotic location, currently being offered—often without the recipient even applying for it—to some current residents of the United States. **—From SON Blog with additional dubious information provided by reporter Dick Tracysen.**

Ship image provided by Restauration Friends Association, Stavanger, Norway

LODGE YOUTH SHARE SUMMER CAMP NORGE EXPERIENCES AT FALL LODGE AFTERNOON BBQ



Immediately above is a photo of our Folkehøgskule campers with Camp Director Jason Morken. Can you guess which one is Jason? To right is a little picture of future little campers being welcomed by current Camp Trollfjell campers.

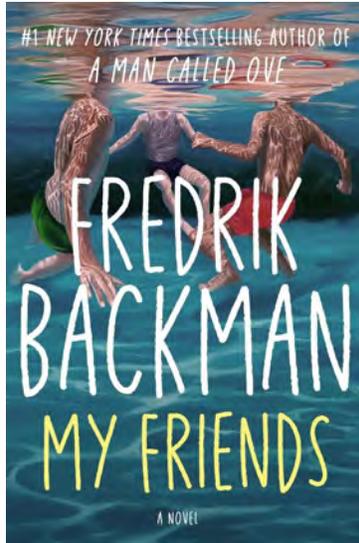
Most of our 10 campers attended the September 7th BBQ and told of their Camp experiences. Also attending were adult teachers and helpers, including Norwegian teacher **Tove-Lise Miller** (holding paper in the above photo), **Peggy Hyde**, **John and Kathy Bennett**, and **Jason Morken**, the overall Director of the summer camp project. **Teri Morken**, the PR Director of Sons of Norway District Six, also attended. The two little fellows, middle page right, are future campers!

EDITOR'S SIDEBARS

NEW NOVEL BY SCANDINAVIAN

AUTHOR BACKMAN

A novel written by Swedish author Fredrik Backman, ***My Friends*** (Atria Books, May 6, 2025), is now widely available. Backman is the well-known author of ***A Man Called Ove*** and several other novels. "Ove" was a New York Times best-seller.



The novel has been translated into English by known translator from the Swedish and Norwegian languages, **Neil Smith**; some of his translations are of books by **Jo Nesbø**, **Leif Persson**, **Arne Dahl**, and others including other books by Backman.

My Friends has been rated 4.6 out of 5 stars by Goodreads. For more information and reviews go to <https://www.goodreads.com/book/show/217163697-my-friends>. Kindle price is about 15 bucks. You can view interviews of Mr. Backman on YouTube and AARP.

EUROPEAN FOOTBALL REPORT

Norwegian football (soccer) phenom has set yet another record. **Erling Haaland**, playing as a striker for **Manchester City** in the Premier League, has scored 88 goals in the first 100 games. The next highest ever in that league



has been 79.

"So what?" you say. "No one follows soccer football during the American football season." Well, we know of one member of the lodge who flew from Sacramento to London

on a Friday to watch two Manchester United matches over that weekend, returning to Sacramento the following Monday...



NORWAY TO BUY BRITISH FRIGATES

Recently Norway's Prime Minister **Jonas Gahr Støre** announced that the Nordic country plans to buy five or six "Type 26" frigates from Great Britain. He indicated that the NATO member country needed the frigates because it "is facing its most serious security situation since World War II." The purchase contract is worth about US\$13.5 billion. Germany, France and the United States were all vying for the contract, but lost out the final round of analysis.

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NORCAL KRETSTTEVNE PHOTOS

ACCOLADES FOR A NEW NORWEGIAN FILM

Sentimental Value (Norwegian title: Affeksjonsverdi) is a 2025 comedy-drama film directed by **Joachim Trier**, who co-wrote the screenplay with **Eskil Vogt**. It stars **Renate Reinsve, Stellan Skarsgård, Inga Ibsdotter Lilleaas** and other notable actors. The film had its world premiere at the main competition of the **2025 Cannes Film Festival** in May where it received widespread acclaim and won the Grand Prix. It was selected as the Norwegian entry for **Best International Feature Film at the 98th Academy Awards**. It should be available soon on **Apple TV+** and later on **Netflix**. **For more information, go to:** https://www.rottentomatoes.com/m/sentimental_value.



Kids swimming and enjoying face-painting at Kretsttevne. Long-time lodge member Duane Malme taking it all in. →
Kretsttevne loosely defined: Area convention.

CAMP OLDFJELL



Making Kransekake

Knitting



Norwegian

As you can see, our President Tove-Lise was teaching two of these three classes!





WORK DAY!

Help prepare camp for winter!

Saturday, October 18th

9am- 5pm

Projects for all ages & abilities.

*Helpers can stay the night at camp for free!
Breakfast, lunch & dinner provided.*

Bring gloves, tools, paint supplies, and cleaning supplies.

Please RSVP — Email Fred at fred.hymans@gmail.com