

THE NAVIGATOR

SEPTEMBER 2025

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

Website: *sonsofnorwaysacramento.com*

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FROM PRESIDENT TOVE-LISE:

Reflections on Summer...

As the season comes to a close, reality sets in and children return to school, marking the end of our summer adventures. Both Camp Trollfjell and Trollfjell Folkehøgskule have concluded for the year, leaving us with fond memories and a deep sense of gratitude to all the volunteers. Our lodge gave scholarships to five students at Folkehøgskule and three to Camp Trollfjell. If you have school-age kids or grandkids, start planning for next year's camp.

Special Thanks to Our Cooks

I would like to extend a heartfelt thank you to **Eric and Kilan Malme**, who served as cooks for two weeks at the Folkehøgskule. Their hard work contributed greatly to the success of the program, and we are truly appreciative of their efforts.

Appreciation for Our Volunteers

Our sincere gratitude also goes to **Kathy and John Bennett**, along with **Peggy Hyde**, who volunteered their time at Camp Trollfjell. Their willingness to help whenever needed made a significant difference, ensuring that camp ran smoothly.

Show and Tell

I am looking forward to see all the Campers and their families, on Sunday September 7th to hear about their experiences at Camp and showing off their craft items. It is always such a great event. **Please see signup sheet in this Navigator.**

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SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.



Special Fall Afternoon Lodge Meeting:

Enjoy a Summer's-End BBQ Afternoon!

Learn what some of our youth did at camp!

Sunday, September 7th, 1:00 till about 3:30

Come and enjoy a meal and camaraderie with fellow lodge members and guests after a short lodge meeting and presentations by our lodge-sponsored youth on their summer activities at our District 6 Camp Norge youth camps. Enjoy a full BBQ dinner prepared in part by a catering service and provided by the lodge at a very modest charge! (Our summer youth campers are invited to demonstrate craft projects and tell about their camp experiences! This is always entertaining and it showcases our members of tomorrow. No charge for the campers.

- When:** Sunday, September 7th, 1:00 till about 3:30
- Where:** Masonic Center, 5944 San Juan Ave., Citrus Hts.
- Meal plans:** BBQ entrée, salads, desserts and all the related "fixin's" provided by the lodge.
- Reservations:** Required, with payment, by Wednesday, Sept. 3rd, please, so that we know how much food is needed. See form below, and see you there!



**BBQ Reservation principal name or names, phone #, and e-mail:
(Only one name necessary)**

**Number of persons _____ @ \$5 = \$ _____
(Age 12 and under, no charge)**

(CAMPER YOUTH DEMONSTRATORS-NO CHARGE)

Mail to President Tove-Lise Miller, 2656 Barbera Way, Rancho Cordova, CA 95670-3742 (tovelise@aol.com 916-364-8704)

(President's message, continued from page 1)

Looking ahead at a busy season, please remember the **Viking Festival** is scheduled for November first. This event depends on the dedication of many volunteers and we will once again rely on your support to make it a success.

Hilsen Tove-Lise

Brothers Owen, Aiden with cousin Matthew at camp.



**SUMMER PICNIC. HOT!
BUT GOOD BURGERS. CO-
MARADERIE. COOL WA-
TER. COLD LIBATIONS.**

**ALERT! Don't forget about
Kretstevne at Camp Norge
over Labor Day weekend! See
the Camp Norge website for
detailed information. Below is
the artwork for the
Kretstevne Pin that will be
available at Camp. Artwork
created by Teri Morken, D-6
Public Relations Officer.**



ROALD AMUNDSEN LODGE, SONS OF NORWAY

Invites you to attend its annual

VIKING FESTIVAL

Saturday, November 1st, 2025, 10:00 am to 3:00 pm

Admission is Free!



*Masonic Center
5944 San Juan Avenue, Citrus Heights
(Between Madison and Greenback)*



*Craft items, demonstrations, clothing, bakery goods,
Scandinavian merchandise, Norwegian calendars, gift items...*

Just in time for holiday shopping!

Lunch will be available:

*Open-face sandwiches, Fish soup, Waffles,
VIKINGS-ON-A-STICK, Bakery goods... and more.*

*Additional information: Call **916-364-8704***

And also the lodge website: sonsofnorwaysacramento.com.

And also Facebook: facebook.com/sonsofnorwaysacramento

All are welcome—vendors and exhibitors call the above number for table.



Roald Amundsen Lodge REMAINING CALENDAR 2025

| <u>DATE</u> | <u>START</u> | <u>MEETING/EVENT</u> | <u>COMMENT</u> |
|-----------------------|--------------|-----------------------|--|
| September Sun, 7th | 1:00 pm | BBQ | Camper Recognition |
| October Tue, 14th | 7:00 pm | Business, Cultural | Scintillating Cultural Presentation hoped for. |
| November Sat, 1st | 10:00 am | Viking Festival | Food and Vender Festival |
| December Sat, 6th | 5:00 pm | Julebord | Holiday Dinner; 2026 Officer Install |

Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

Folkedans Stevne...

GREETINGS FOLK DANCERS AND MUSICIANS!

Announcing the Fall 2025 Camp Norge Folkedans Stevne. Events begin with a potluck dinner and dance/music party on the evening of Friday, October 24th and continue through lunch on Sunday, October 26th.

Mikkel Thompson and **Ginny Lee** will teach dances from Gudbrandsdal, Norway, including springleik fra Vågå and four gammeldanser. A turdans and/or sangdans will be added if time permits. Music for dance classes will be provided by Jenny Solheim.

Come for a weekend of dance instruction and fun!

[Click here to download the PDF form](#)

Or, if this doesn't work, copy and paste:

<https://www.campnorge.org/site/wp-content/uploads/Flyer-Fall-2025-Stevne.pdf>.



EDITOR'S SIDEBARS

Get used to it...

IN THE BLINK OF AN EYE...

So Ole goes to his Super One Market in Duluth and sees

that red potatoes, which he needs, are selling for \$1.40/lb. However, Ole needs some other products that he goes to put in his cart first, planning to come back to the produce aisle last to pick up a 10-pound bag of potatoes. When he returns, as he is putting the potatoes in his cart, he notices that the potatoes are now priced at \$1.55/lb! Ole suspects that his memory might have been affected by last night's Aquavit. Nevertheless, he checks with Lena, the store manager, about the seemingly impossible price change within a matter of minutes.

Lena's explanation: "Oh, Ole, you doddering old fool, it's **Dynamic Pricing**." After she fully explains – in vain – the concept to Ole, he mutters, "This would never happen in the old country."

But wait! Is he correct? From the Wall Street Journal of 31 July:

"Shoppers in Norway are used to seeing prices at the grocery store change in front of their eyes – and Americans may one day encounter similar shifting shelf labels.

"On electronic labels that line the shelves at Reitan's REMA 1000-branded grocery stores across Norway, the listed price for eggs or milk fades, the screen blinks and a new figure



flashes up, all in a matter of seconds. Prices can change up to 100 times a day – and more often during the holidays.

The idea is to match or beat the competition with a touch of a button, says REMA 1000's head of pricing, Partap Sandhu..."

Buyers of sporting event tickets in the secondary market in the United States are already familiar with dynamic pricing. Soon the practice will be become even more prevalent, experts say.

But how will those economists at the Fed be able to figure out how much inflation there is or isn't over a period of time? We suppose that is why they get paid the big bucks to sit in their cubicles in their newly refurbished (at a cost north of one billion dollars) office building in Washington to run the calculations. But the job of Fed Chairman appears to be somewhat precarious these days...

NORWAY FACTOID \$\$\$

Norway's Sovereign Wealth Fund (the Oil Fund) is currently valued at \$1.94 trillion, or about \$350,000 per citizen. The Wall Street Journal, in a recent article about the fund and its investments, said this: "...The oil fund was set up in the 1990s to convert Norway's vast oil wealth to global assets, partly to shield the country's budget from oil price fluctuations. It has a stake in more than

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9,000 companies globally, equivalent to holding 1.5% of every listed company in the world.” (How many zeros in a trillion? 12: \$1,000,000,000,000)

VESTERHEIM OFFERING



Vesterheim Folk Art School has launched a new model for folk art instruction – **on-demand classes**. When you register for an on-demand class, Vesterheim sends you a kit of materials in the mail, and you have access for 90 days to a set of video tutorials taught by Vesterheim’s master instructors. One of the classes they are presently offering is *Norwegian Language for Travelers*. Go to:

<https://store.vesterheim.org/collections/on-demand-courses>.

Norsk Hydro knows...

SO WHERE CAN WE GET

THE ALUMINUM?

President Trump has slapped a 50% import tariff on Aluminum, which we use *a lot of* in the USA. This tariff, needless to say, radically distorts the cost of using this base metal for cars, beer and soft drink cans, construction materials, etc.

“Recycling is the answer,” says Duncan Pitchford, who leads Norwegian company **Norsk Hydro’s** aluminum recycling business in the US. “The metal is already here.” (Quote from Wall Street Journal.)

Norsk Hydro’s two-year-old plant is located in Cassopolis, Michigan, not far from South

Bend, Juliet, Chicago and other manufacturing areas located in the good old American “rust belt.” Their facility uses a process that simply melts plentiful aluminum waste from recycling and waste processing

facilities. This is a much cheaper process than the traditional smelting of aluminum from Bauxite, which requires a chemical reaction process. Also, the cost of building a recycling plant is incredibly cheaper than constructing a smelting plant. Reportedly the plant can produce 265 million pounds (132,500 tons) of aluminum extrusion ingot per year.

Perhaps this effort will make both sides of the Congressional “aisle” happy.

* Norsk Hydro ASA is a Norwegian aluminum and renewable energy company headquartered in Oslo. The stock trades on the Oslo exchange at a current price of about NOK 65 kroner per share, or about US\$ 6.50± per share. Its total market cap is about US\$ 12.5 billion. The article is based in part on information from the Wall Street Journal.

ICE ROAD RESCUE!

Some members may be interested in watching ICE ROAD RESCUE, a reality show from Norway about big rig wreckers, etc. In mixed Norwegian and English with subtitles and translations. National Geographic channel (276 on DirecTV). Tuesdays at 11:00 PM.



SIDEBARS (Continued)

“Water, water everywhere, and not a drop to drink...”*

REVERSE OSMOSIS, NORWEGIAN STYLE

Typical on-land desalination plant.



Mongstad is an industrial site in Vestland County, Norway. Within it is the Mongstad Industrial Park; at almost 20,000 acres it is the largest in Norway. The site features an oil refinery for Equinor and other oil companies, including Shell. Also at Mongstad, Equinor has a crude oil terminal with a capacity of 9.5 million barrels (1,510,000 m³). The port at Mongstad is the largest in Norway, measured in tonnage. The refinery at Mongstad is modern and has been extensively upgraded, and with a capacity of 12 million tons of crude oil per year (230,000 barrels per day) it is the largest in Norway.

An Oslo-based company called **Flocean** is building a humongous deep-sea desalination plant submerged to 400 meters offshore from Mongstad that is expected to produce 264,000 gallons of water a day! Why, offshore, you ask? Why submerged, you also ask?

The plant makes use of the principle you learned in school of using pressure to create “reverse osmosis” through a membrane.

However, instead of expending a huge amount of energy to pump water onto land and then pressurizing it in a plant, this new process uses the extreme pressure that exists under 400 meters of water. At this depth water readily crosses a desalination membrane as long as the fresh water on the other side is pumped to the surface. This reportedly results in a net energy savings of 40%! Also, the plant is out of sight and is not in competition for beachfront property.

To see a really interesting website on this subject, go to <https://www.flocean.green/subsea-desalination>.

Sources include the Wall Street Journal, Wikipedia and **Flocean** website.

*Rime of the Ancient Mariner.

A TV reporter interviewed 104-year-old Sven, thought to be the oldest person in Dakota County. She asked him what he thought was the greatest invention in his lifetime.

“Oh, easy,” he replied. “The Thermos bottle.”

The reporter was confused. “Why the Thermos bottle?”

“It keeps things hot, don’t it?”

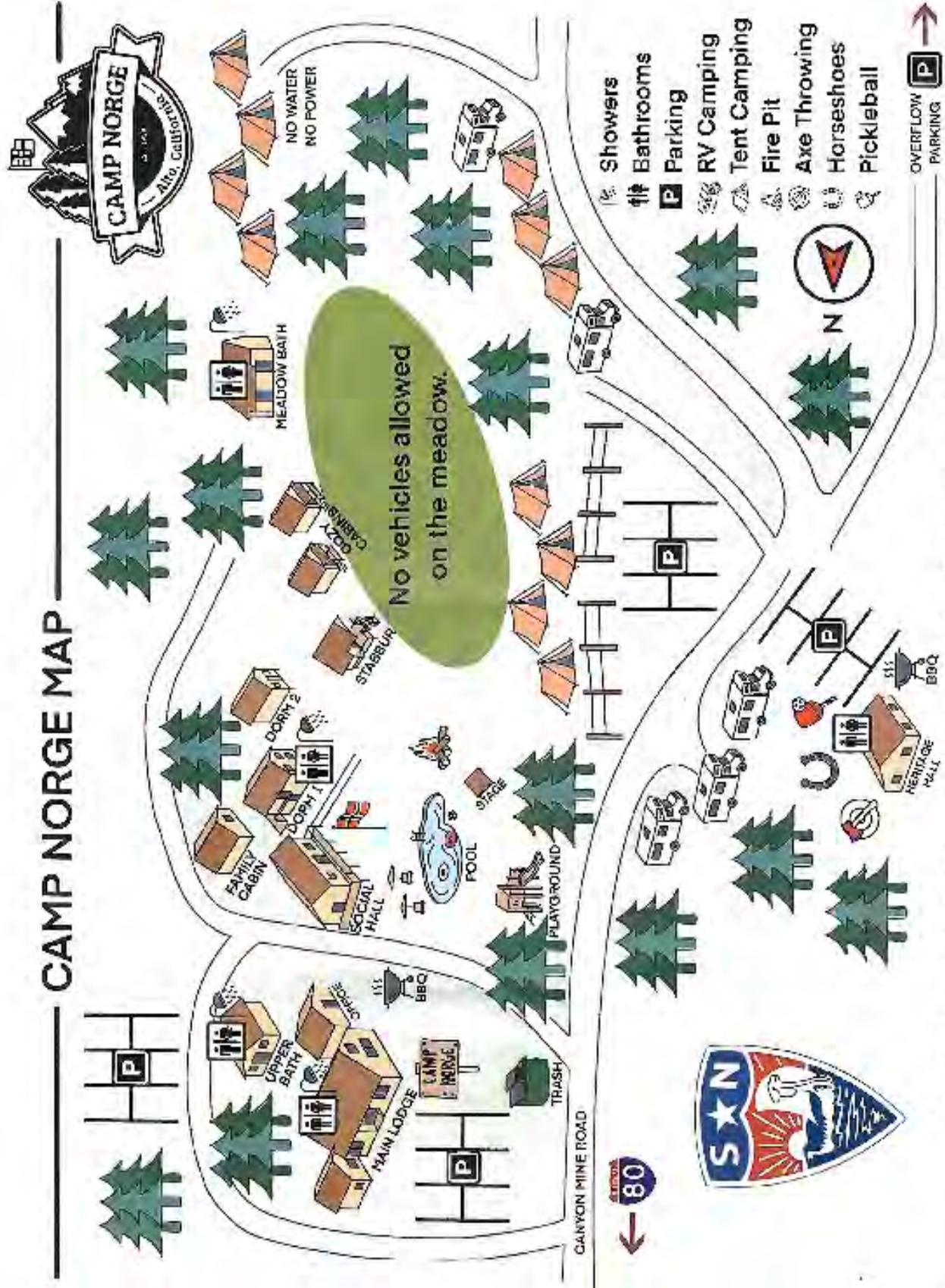
“Yes. Yes, it does.”

It keeps things cold, don’t it?”

“Yeah, they do.”

“Right,” said Sven. “How does it know?”

CAMP NORGE MAP



Camp Norge 250 Canyon Mine Road Alta, CA campnorge.org (530) 389-2508