

THE NAVIGATOR

JULY—AUGUST 2025

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

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FROM PRESIDENT TOVE-LISE:

Hello everyone,

Hope you are enjoying the summer so far. It has been a really busy summer for me. Had a nice trip to Norway. It was great to spend time with my sister and brother, nieces and nephews for almost three weeks.

Then two weeks at Camp Norge with the campers at Trollfjell Folkehøgskule. Had a very good time with a great group of 10 teenagers wanting to learn about their heritage and a little of the Norwegian language. Camp Norge is a beautiful place. Looking forward to see the representatives from our lodge at our BBQ dinner on September 7th, when they will tell us about their experience at camp and show off the beautiful birdhouses they made. Our lodge gave scholarships to five students at Folkehøgskule and three for Camp Trollfjell. Camp Trollfjell for the younger group is still happening, so we will hear more about the later.

Don't forget about our picnic at Steve Rosenthal's home on August 9th. More information on another page.

Northern California Kretsstevne will be held at Camp Norge on Labor Day weekend. Our lodge will be responsible for one of the meals; help is always appreciated. Looking forward to see as many as possible. See flier,

Continued happy summer. Hilsen Tove-Lise



SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.

ROALD AMUNDSEN LODGE SUMMER PICNIC!

MARK YOUR CALENDAR: SATURDAY, AUGUST 9th, STARTING 3:30 PM±

VENUE: Rosenthal residence, 2051 Gunn Road, Carmichael, 95608

NO CHARGE. Members of other lodges always welcome. See full details on next page.

THIS IS THE ONLY REMINDER—THE NEXT NAVIGATOR WILL NOT BE ISSUED UNTIL SEPTEMBER. PLEASE MAKE PLANS NOW.



Here are the five students the lodge sponsored at Trollfjell Folkehogskule. They were all in Tove-Lise's Norwegian class. From left, Forrest, Ben, Henrey, Anika and Torbyn.

ROALD AMUNDSEN LODGE SUMMER PICNIC!

(In recent years this has been an annual event)

When:

Saturday, AUG. 9th, 2025 beginning at 3:30 pm± and lasting until the recycling bin is full of cans and bottles. Meat coming off grill starting at about 5:15 pm.



Where:

Rosenthal residence, 2051 Gunn Road, Carmichael. Ample parking in the driveway. (916/539-5614)

Featuring:

Picnic in a large shaded area adjacent to private Redwood grove. Lodge will provide grilled hot dogs, hamburgers, plates, cups, napkins, plastic cutlery, ice, soft drinks, condiments, dessert, etc. Please plan to bring family members, guests, members, etc.—the more the merrier! Members of other lodges welcome. There will be no charge for this event. Small potluck side dishes welcome. Bring your own adult beverages and suitable chairs if you have some.

Fun for the Young:

Swimming, heated spa and games including child-safe darts and perhaps others. Glancy Oaks Park playground access.

Think you are coming?

Please send an email to tovelise@aol.com and estimate number of adults and number of children in your group. If you cannot email, call 916/364-8704. This will help us plan. If you decide to attend at the last minute, come anyway — No one will be turned away “at the door.”

Roald Amundsen Lodge CALENDAR 2025

<u>DATE</u>	<u>START</u>	<u>MEETING/ EVENT</u>	<u>COMMENT</u>
January		None	Nein, Nada, Ingen
February Tue, 11th	7:00 pm	Business, Cultural	2024 Lodge Financial Re- port
March Sat, 22nd	5:00 pm	Fish, Meatball Dinner	Social Event
April Tue, 8th	6:00 pm	Business	Soup Dinner
April Sat, 12th	10:00 am	Scandinavian Festival	Multi-Lodge Event CANCELLED
May Sat, 17th	5:00 pm	"Syttende Mai"	Constitution Day Cele- bration. Lompe, etc.
June		None	
July		None	
August Sat. 9th	3:30 pm	Summer Picnic	See Flyer this issue
September Sun, 7th	1:00 pm	BBQ	Camper Recognition (Note corrected date)
October Tue, 14th	7:00 pm	Business, Cultural	Scintillating Cultural Presentation hoped for.
November Sat, 1st	10:00 am	Viking Festival	Food and Vender Festival
December Sat, 6th	5:00 pm	Julebord	Holiday Dinner; 2026 Officer Install



Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

SIDEBARS FROM YOUR EDITOR ...

NORWAY: A “SPOOK” AROUND EVERY CORNER?

From the July 11 **Wall Street Journal**:

“Paranoia pervades the placid border town of Kirkenes in Norway’s far north. Residents are routinely trailed by unknown men. The Wall Street Journal’s camera crew was photographed and followed around town by a suspicious vehicle with no license plate. Most locals warn you to keep your wits about you because, as one said in a hushed tone, “the Russians are watching.””

Johan Roaldsnes, the local regional chief of the PST (Norway’s domestic intelligence agency) who operates in the town was quoted as saying, “It’s the feeling that something is wrong but you can’t pinpoint it,” he said. “When you get the sneaky kind of off-feeling that somebody is doing this on purpose, this is not natural, you get a bad taste in your mouth.”

For a copy of the article, contact the editor by email. Or, for an interesting 12-minute exposé of the current situation in Kirkenes, focus your phone camera on the QR code.



NORWEGIAN BJØRN KJOS AND LONG HAUL AIR TRAVEL



According to its own PR, **Norwegian Air Shuttle** is one of Europe’s leading low-cost airlines, offering affordable flights and “budget-friendly” fares. We went on line and checked round-trip fares

for Oslo to Los Angeles and the prices quoted for booking a soon to be taken flight were a little over \$800.

The CEO since 2002 of Norwegian is (of course) a Norwegian named **Bjørn Kjos**, who is often described as Norway’s answer to William Branson. His career has included time serving as a fighter pilot in the Norwegian Royal Air Force during the Cold War flying Lockheed Starfighters intercepting Russian jets, then becoming a lawyer and judge for 20 years, and he has also aspired to be a writer, penning a Cold War crime thriller *The Murmansk Affair*, published in 2006.

Part of his approach to the no-frills business is to use fuel-efficient aircraft, including the Boeing Dreamliner 787.

In short, an interesting Norwegian guy you probably never have heard of.



SIDEBARS (Continued)

“Water, water everywhere, and not a drop to drink...”*

REVERSE OSMOSIS, NORWEGIAN STYLE

Typical on-land desalination plant.

Mongstad is an industrial site in Vestland County, Norway. Within it is the Mongstad Industrial Park; at almost 20,000 acres it is the largest in Norway. The site features an oil refinery for Equinor and other oil companies, including Shell. Also at Mongstad, Equinor has a crude oil terminal with a capacity of 9.5 million barrels (1,510,000 m³). The port at Mongstad is the largest in Norway, measured in tonnage. The refinery at Mongstad is modern, and has been extensively upgraded, and with a capacity of 12 million tons of crude oil per year (230,000 barrels per day) it is the largest in Norway.

An Oslo-based company called **Flocean** is building a humongous deep-sea desalination plant submerged to 400 meters offshore from Mongstad that is expected to produce 264,000 gallons of water a day! Why, offshore, you ask? Why submerged, you also ask?

The plant makes use of the principle you learned in school of using pressure to create



“reverse osmosis” through a membrane.

However, instead of expending a huge amount of energy to pump water onto land and then pressurizing it in a plant, this new process uses the extreme pressure that exists under 400 meters of water. At this depth water readily crosses a desalination membrane as long as the fresh water on the other side is pumped to the surface. This reportedly results in a net energy savings of 40%! Also, the plant is out of sight and is not in competition for beachfront property.

To see a really interesting website on this subject, go to <https://www.flocean.green/subsea-desalination>.

Sources include the Wall Street Journal, Wikipedia and **Flocean** website.

*Rime of the Ancient Mariner.



What's new at Camp Norge

We have a new day use policy for camp. Details can be found here: campnorge.org/site/reservations-rates/

Stay tuned for online booking, coming this spring!

Stay up to date and follow Camp Norge on social Media

- [facebook.com/campnorgeofficial](https://www.facebook.com/campnorgeofficial)
- [instagram: @campnorge](https://www.instagram.com/campnorge)

Submitted by: Lynn Skrukud, District Six Recreation Center Vice President

Note: URLs not active here. You will have to type them in.



Northern California KRETSSTEVNE August 30 to September 1, 2025

You're Invited to the Gathering of the Clans!

Zones 1, 2, and 3 warmly welcome you to our beloved “Jewel in the Sierras” for a weekend of fun, friendship, and fresh mountain air! Whether you come for the whole weekend or just drop in for the day, there’s something for everyone to enjoy.

We’ll have a variety of activities for all ages—join in on pickleball, karaoke, hiking, a lively horseshoe tournament, and more! Kids can look forward to games, the play-set, and poolside fun.

Delicious meals, prepared by our local lodges, will be served in Heritage Hall. Click [HERE](#) for meal details and registration options.

Ready to stay the night? Reserve a room, RV spot, or tent site through the Reservations page on Camp Norge’s website by clicking [HERE](#).

	Adult	Child		Adult	Child		Adult	Child
Saturday Breakfast	\$8.00	\$4.00	Lunch	\$9.00	\$4.50	Dinner	\$16.00	\$8.00
Sunday Frokost	\$11.00	\$5.50	(Served at 10:00 A.M.)			Dinner	\$16.00	\$8.00
Monday Breakfast	\$6.00	\$3.00	Child price is for 12 & under, 5 & under eat for free.					
Weekend Package	\$66.00	\$33.00	Kretsstevne pin \$2.00 (free with weekend package)					

Meal registration closes August 23rd.



District Six Recreation Center
250 Canyon Mine Rd.



Help support Camp Norge, bring an item for our silent auction!

NOTE: SEE NEXT PAGE FOR ADDITIONAL INFORMATION.

KRETSTTEVNE—SEE FLYER, PREVIOUS PAGE

NOTE: The hyperlinks on the previous page are not active. For meal reservations, use this URL:

<https://www.campnorge.org/site/kretsstevne-meal-registration/>

For lodging reservations, use this URL:

<https://www.campnorge.org/site/reservations/>

Or google the Camp Norge website and see if you can figure it out for yourself (Your editor is a bit exasperated.).

Also, our lodge will be responsible for preparing and serving one meal during the weekend; call Tove-Lise if you can help: 916-364-8704.



RECENT CAMP OLDFJELL INFORMATION

Sept 20—23, 2025

Full information at <https://sofn6.org/camp-oldfjell/>

Note: Many courses fully subscribed. All indoor housing has been booked. Only RV and tent site reservations available.

SEPTEMBER 7th LODGE BBQ: CAMPERS' SHOW AND TELL DAY.

1:00 PM START. CATERED BBQ
LUNCHEON

*Camp photo: Hannah and Forrest
hoisting the colors.*

200th ANNIVERSARY OF SLOOPERS ARRIVING IN AMERICA

Anyone who has been in Sons of Norway for a while has heard of the Sloopers, who sailed on the ship Restauration from Stavanger to America 200 years ago. Although there were a few Norwegians in the country beforehand, this arrival is believed to be the first full ship-load of Norwegian settlers to arrive here. Many were fleeing from religious persecution, not unlike the pilgrims before them. What follows is our Sons of Norway International Board Chair's account of her visit to Norway to witness the sendoff of a replica of the ship Restauration to begin a reenactment of this past trip to America.



The Restauration Sails Away

By Luella Grangaard, International Board Chair

I was invited by District 8 Sons of Norway to participate in events commemorating 200 years since the initial launch of the Restauration in Stavanger, Norway July 3 & 4. Many people in Norway participated in these events, including three generations of the Royal Family, dignitaries, politicians, Sons of Norway members and members of the public, who gathered to commemorate 200 years of organized migration to North America and to wish a safe passage to the crew of the Restauration. We also celebrated the strong ties between Norway and North America.

In Stavanger I was warmly received and hosted by members from District 8, Ryfylke Lodge and Eilert Lunde the lodge president and coordinator of Crossings 200 representing Sons of Norway in the Stavanger area. I sincerely appreciate everything they did to help plan my trip and guide me to each event. Fraternal Manager Jana Velo was also able to attend

(Continued on page 10)

(Continued from page 9)

and photograph the events, as a representative of Viking magazine.

While in Stavanger, I had a chance to visit Sverd i Fjell (the three swords in the rock), the Maritime Museum where they had a display of the Restauration and Ledaal, the Kings residence. I enjoyed a visit and dinner with Eilert Lunde's family and board members of Ryfylke Lodge. I met over 60 members of Sons of Norway from various lodges in the area and enjoyed lunch with them. From there we went to Fiskepiren, the pier where the Restauration was docked to receive gifts from various organizations, including Sons of Norway Foundation. I presented a check on behalf of the Foundation and was able to say a few words on behalf of Sons of Norway and the Sons of Norway Foundation on the ship. That evening there was a celebration of the migration with a program and meal. At this event they tried to recreate the foods of 1825 including bread made on the ship with Madeira wine from a cask found floating in the Atlantic by the crew of the original Restauration. The big day—the 4th of July—I was able to attend a service at the Domkirke (Stavanger Cathedral) with Eilert Lunde. There I was able to see the King, Queen, Crown Prince and Princess and the Princess and Prince. It was a lovely service. We then proceeded to the harbor to see the Restauration waiting to start its journey. Jana, Eilert and I boarded a ferry to Randaberg. From the ferry we again saw the whole Royal Family board small boats to take them to the Royal yacht, Norge. The ferry along with the Royal yacht and many, many boats escorted the Restauration out of the harbor. Even Eilert's son and grandchildren followed in their boat waving Norwegian flags. It was an amazing sight.

At Randaberg we docked and were met by the mayor, walked a red carpet and were part of the group including US consuls for Norway. We watched the Restauration once again dock, and ministers of Norway disembarked from the ship and I met the Minister of the Environment and the Stavanger Tourism representative. There was a beautiful locally sourced lunch. Then we were off to the concert hall for exhibits including Sons of Norway, music and later a musical program on the migration.

What an honor it was to represent Sons of Norway and to participate in all these events. It was an amazing opportunity. I can't wait to see the United States welcome the Restauration on October 9th in New York. This event is so important to all of us who have a connection to Norway on both sides of the Atlantic. I hope each of you have an opportunity to attend an event whether at your lodge, online or—better yet—for those in the U.S., attend one of the welcoming events for the Restauration and be a part of history.