THE NAVIGATOR

OCTOBER 2023

A Publication of Roald Amundsen Lodge 6-48 Sons of Norway, Sacramento, California

Editor: Stephen Rosenthal rosen@winfirst.com

With Reporter: Dick Tracysen, a "Specialist in Creative Journalism"

"Most of what we print is true most of the time"

Website: sonsofnorwaysacramento.com

Facebook: facebook.com/sonsofnorwaysacramento





FROM PRESIDENT TOVE-LISE:

Dear members,

We really need your HELP. We have almost 200 members and the same small group of people do all the work. We lost several core people the last few months, including our Vice President and our Treasurer. Please volunteer to be a part of our board. Several of you enjoy our social activities, but that is the only time we see you. Granted we are happy to see you then, but it would be really exciting if we saw you more often. Our board meetings are usually by zoom, so you can participate from almost anywhere.



New officers need to be elected for the coming year. I am willing to be the President again if you want, but we need a Vice President, Treasurer and several other officers. Please call me and let me know you are willing to serve your lodge.

Our big event of the year, **Viking Festival** is coming up on November 18th. Lots of work, but also a lot of fun. We need a lot of volunteers.

Don't forget Sons of Norway Foundation when you decide to make a charitable contribution at the end of the year. You can contribute online at sonsofnorway.com.

Hope to see you at our next meeting on October 10th, as it looks to be very interesting.

Hilsen Tove-Lise

OUR LODGE OCT. 10 EVENING MEETING TO INCLUDE A SPECIAL VESTERHEIM PRESENTATION: THE NORWEGIAN 'MAYFLOWER': THE VOYAGE OF THE RESTAURATION



In the period beginning in 1825 and for about 100 years following, nearly 40% of the population of Norway – more than 800,000 Norwegians – immigrated to the United States. Most of those immigrants came for "economic opportunity," but the first immigrants – known as the Sloopers of 1825 – came for religious freedom. The voyage was three years in the planning by an alliance of Quakers and Haugean Lutherans. Beginning on July 4th, 1825, a

54-foot sloop named **Restaurasjonen** (The Restauration) took 52 passengers on a 98-day journey from Stavanger, Norway to New York City. This presentation follows the story from its roots (in the Napoleonic Wars), through the voyage itself, the reception in New York City, and finally to the first Norwegian settlement in the United States in Kendall, New York.

The program will begin at 6:00 PM at the usual Masonic Lodge venue. The presentation will be via "Zoom" utilizing the Masonic Lodge's new state of the art audio-visual equipment. The presenter is **Dale Goodman**, a former Vesterheim trustee and a descendant of one of the Sloopers.

After the approximately one-hour presentation coffee and refreshments will be served, a 2024 slate of officers will be determined, and a short review of the lodge's finances will be presented.

For those of you who cannot attend the meeting but nevertheless would like to view the Restauration presentation at home, go to

https://sofn6.org/vesterheim-the-norwegian-mayflower/ to register.

TUESDAY, OCTOBER 10th, 6 PM!

ROALD AMUNDSEN LODGE, SONS OF NORWAY

Invites you to attend its annual

VIKING FESTIVAL

Saturday, November 18th, 2023, 10:00 am to 3:00 pm Admission is Free!



Masonic Center 5944 San Juan Avenue, Citrus Heights (Between Madison and Greenback)



Craft items, demonstrations, clothing, bakery goods, Scandinavian merchandise, Norwegian calendars, gift items...

Just in time for holiday shopping!

Lunch will be available:
Open-face sandwiches, Fish soup, Waffles,
VIKINGS-ON-A-STICK, Bakery goods... and more.

Additional information: Call 916-364-8704
And also the lodge website: sonsofnorwaysacramento.com.
And also Facebook: facebook.com/sonsofnorwaysacramento

All are welcome—you will have a good time!







THIS AND THAT FROM THE EDITOR

REMAINING 2023 SCHEDULE ROALD AMUNDSEN LODGE

Get out your phones and make these calendar entries:

2023 Schedule:

Oct 10 Regular Meeting. See program flyer!

Nov 18 Vikingfest. See flyer!

Dec 9 Julebord. 2024 Officer Installation.

See the planned schedule for 2024 elsewhere in this newsletter.

2024 OFFICER NOMINATIONS

From the Sons of Norway Bylaws:

"The elected officers of a local lodge shall be president, vice president, secretary, treasurer, and/or such additional officers as the local lodge may deem necessary. Additional officers shall either be elected or appointed as specified in the bylaws of the local lodge. The offices of president, secretary, financial secretary or membership secretary, treasurer and trustees shall be held by separate individuals."

See more information on Nominations elsewhere in this newsletter.



LODGE BUILDING IMPROVEMENTS

Our meeting venue, the Harding Masonic Lodge, has added state of the art Audio-Visual equipment in the back dining area that we hope to use at future meetings.

NORWAY—RUSSIA TENSIONS INCREASE ON SVALBARD.

For an interesting presentation on the current state of Norwegian—Russian relations on the Svalbard Archipelago produced by DW News (German news outlet, broadcasting in English, often carried on local broadcast channel 6.3 and some cable services) go to

https://www.youtube.com/watch?v=eY4ZmNmnqxI.

Or, you can probably just type the subject matter into the URL line to find it.



Mark the Date for the District Six Lodge Meeting and Convention!

June 20-24, 2024

Tuscany Suites and Casino, Las Vegas, NV

PLANNED SCHEDULE 2024

JANUARY

No meeting

FEBRUARY

Tuesday Feb 13th, meeting

MARCH

Saturday March 23rd, meeting and Supper. (Program being planned.)

APRIL

Tuesday, April 9th meeting

Saturday, April 20th Scandinavian Festival,

Scottish Rite Masonic Center, 6151 H St.,

Sacramento

MAY

Friday, May 17th, Syttende Mai Celebration

JUNE

No local meeting

District 6 Convention, June 21-23, Las Vegas

JULY

Lodge Picnic, to be scheduled, outside venue

AUGUST

No meeting

SEPTEMBER

Sunday, September 8th, Camper Recognition

BBQ

OCTOBER

Tuesday, October 8th, meeting

NOVEMBER

Saturday, November 9th, Viking Festival

DECEMBER

December 7th, Julebord with officer installa-

tion.

All meetings and events at the San Juan Masonic Center, Citrus Heights, unless other-

wise indicated.

OTHER POSSIBLE EVENTS

Memorial Day Weekend Events at Camp Nor-

ge, May.

Youth Camps at Camp Norge, June-July.

Kretsttevne at Camp Norge, Labor Day Week-

end.

Oldfjell Camp at Camp Norge, October

Rosmaling Class—check District Six website.



JULEBORD 2023

Yes, Christmas is only 3 months off!

The Julebord is only 2+ months off:

Saturday, December 9th, 2023

Save the date on your calendar now!

The Reservation Form will appear next month (November Navigator).



NOMINATIONS OF 2024 OFFICERS

At our September meeting we hope to nominate a 2024 slate of officers. Any member may nominate someone or themselves for a position. Also, we can consider volunteers for understudy positions if they feel they need some exposure to a job before totally taking it on. Like all organizations these days, we could really use some younger folks volunteering. The various positions and current officer holders are shown in the table below.

POSITION	2023 OFFICEHOLDER	COMMENTS
President	Tove-Lise Miller	Must be elected. Tove-Lise willing to continue.
Vice President and Membership Chairman	Vacant	Must be elected. Membership matters, awards, fills in for President.
Secretary	Arlene Kozub	Must be elected. Typical secretarial matters: meeting minutes, etc. Sometimes is Secretary for H&P concurrently.
Treasurer	Stephen Rosenthal	Must be elected.
Social Committee	Peggy Hyde, Norm Hales, Judy Hales	
Cultural Director (Tsar)	Stephen Rosenthal	Requires a modicum of culture.
Scandinavian Festival Committee	Peggy Hyde, Norm Hales	Represents lodge for planning this event.
Auditor	Susan Lemmon	Annually reviews financial state- ments and D-17 forms. Should have more than one.
Counselor	Norm Hales	Requires long beard and should carry a shepherd's staff.
Foundation Director	Vacant	
Musician	Lars Gjerde	
Editor	Stephen Rosenthal	
Public Relations	DeAnn Smeltzer	
Trustee(s)	Betty Williamson	
Youth Director	Eric Malme	
Facebook Manager	Arlene Kozub	Arlene will stay
Website Manager, Zoom contractor	Terje Miller	Requires certain computer knowledge. Terje will stay.
Book Club Shepherd	Noelle Buer	Noelle will stay.

OCTOBER 2023 THE NAVIGATOR PAGE 7



Sons of Norway District Six Convention 2024

Tuscany Suites & Casino: Las Vegas, Nevada June 21 - 23, 2024

The Norwegian Folk Art, Handicraft, & Digital Program Exhibition

We want to showcase what you are creating in the expanded Norwegian Folk Art Exhibition. Whether you are an expert or a beginner, allow us the opportunity to admire your work! The items must be completed in the two years since the last convention. The following are traditional Folk Art categories that have been showcased for many years at our conventions:

- Rosemaling
- 2. Weaving w/Norwegian design
- Hardanger embroidery
- 4. Klostersom, diamantsom, other traditional needlework w/ Norwegian theme
- Hand knitting w/Norwegian design
- 6. Crocheting and tatting
- 7. Figure carving w/Norwegian motif
- 8. Relief carving w/Norwegian motif
- 9. Chip carving
- 10. Bentwood/tine box or other woodworking w/Norwegian motif
- Other media w/Norwegian theme: photography, painting, felting, or kolrosing

Viking

Included this year is a new category of anything Viking. Use your vision to create a fun entry. This category could be a combination of 'Viking' and one of the above categories – knit a Viking silhouette into a Norwegian sweater, carve a Viking ship, stitch Odin onto a quilt, etc.

Digital/Virtual Cultural Program

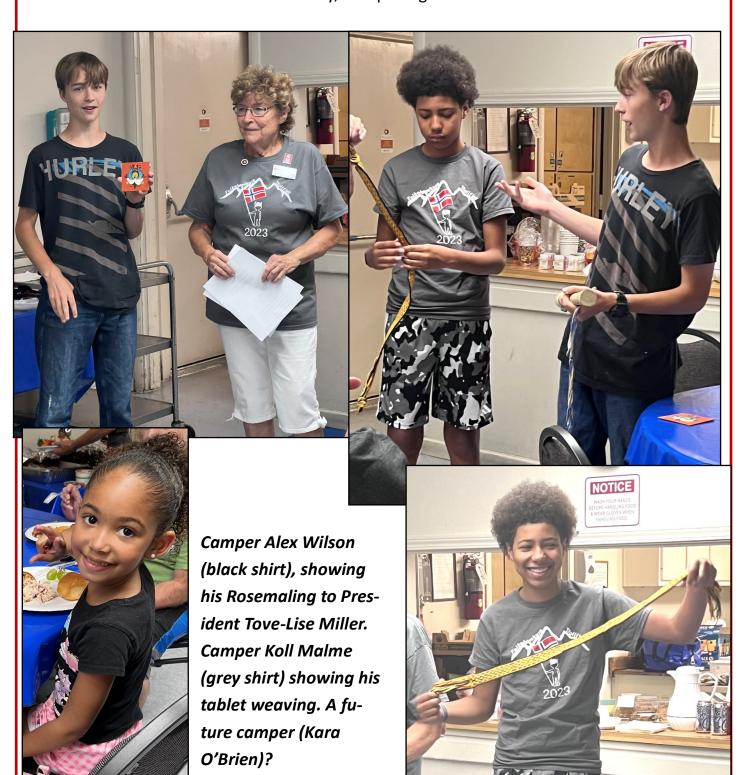
We will again have a Virtual Cultural Program category following a successful initial program at the 2022 Convention. This could be a PowerPoint or video program of Norwegian, Scandinavian, or Viking interest. This category favorite will receive the coveted 'Olaf' award.

And let's not forget about our youth! Youth up to age 18 are invited to display their work as well. Many youths are learning about and creating Folk Art at Camp Trollfjell and Trollfjell Folkehøgskule. If you have youth in your lodge, please volunteer to bring their entries for all to see and appreciate. We will have separate People's Choice awards for the youth.

The traditional Norwegian Folk Art Exhibit is a **very important** part of our Conventions. We celebrate the People's Choice winners, applaud all entrants, and encourage and appreciate all beginners. Entry information and forms will be available the first of next year, but . . . the time to get started . . . is NOW! We are looking forward to seeing your entries in Las Vegas.

CAMPERS RECOGNIZED AT BBQ SUPPER

Several of our Camp Norge youth campers were recognized at the lodges's September 10th BBQ supper. The meat from Daddio's BBQ was especially savory. Our campers showed some of the Scandinavian craft items they had made at camp and reported on their experiences at our wonderful District Six Sierra facility, Camp Norge.



October is Foundation Month.

"TOGETHER WE ARE THE FUTURE"

Thank you for the opportunity to visit with you about the Sons of Norway Foundation. "The mission of the Sons of Norway Foundation is to celebrate Nordic culture and heritage through scholarships and grants to our members and communities."



In 2023 the Foundation provided 37 scholarships for \$190,500 and 32 grants for \$54,156. In our District Six, in 2023 our members received 4,000 scholarships totaling \$7,000 and three grants totaling \$3,920. Also in past years our Roald Amundsen Lodge has received several grants for its Adopt a School program. Over the past 5 years (2019 - 2023), the Foundation has provided our members and lodges \$884,436 in scholarships and 32 grants for \$54,156.

October is "Foundation Month". And from October 1 through January 15, 2024 we will be engaged in the "Together We Are the Future" campaign to financially strengthen the Foundation. The 2023 goal of the campaign is to raise \$185,000 through our lodges and members to strengthen the Foundation to provide more scholarships and grants. In other words, to fulfill the Foundation's mission. Since the inception of the campaign in 2020, our lodges and members have grown the Foundation by \$496,600. The current assets of the Foundation are over \$11.3 million. (Every year-end our Roald Amundsen Lodge makes a contribution to the Foundation.)

Here are options for donating personally: Those who have donated in the past will receive a letter with a return envelope to send in a new donation. However, if you have not made a donation in the past, consider writing a check to the Foundation and add you Sons of Norway membership number in the "MEMO" space. You can mail it or give it to the lodge Treasurer for forwarding.

However, if you prefer to make a donation online (we recommend this), go to the Sons of Norway website and under Foundation, you will have the online donation information. All

donations are tax deductible.

Thank you for your consideration. Remember: the Foundation is "Celebrating Norwegian Heritage - Empowering Lives" through scholarships and grants. (Foundation information provided by James Adams, District Six Foundation Director.)



The Foundation is there for members in times of disaster.

OCTOBER 2023 THE NAVIGATOR PAGE 10

SCHOLARSHIPS! 2024 IS JUST AROUND THE CORNER!



Hello, as in <u>HELLO! - ATTENTION!</u> To high school seniors and current college students. It's time to start thinking about 2024! If you are a member of Sons of Norway or have a parent or grandparent who is a member, you can apply for a **scholarship** from the **Sons of Norway Foundation**. There are a variety of scholarships available for <u>college, trade schools</u>, and study abroad, from \$1,500 to \$20,000+.

Go to the Sons of Norway website at www.sofn.com and click on Foundation. Then click on Scholarships and read about each one and who is eligible to apply. When you find one or more for which you qualify, read the Overview, Who Can Apply, and View Guidelines. Now, think about what you have to do to apply . . . and here are a few suggestions:

- 1. Treat the application as if it is a job application. Be thorough in completing all requirements of the application. Make a list of all the application requirements and check them off when completed. Then, double check before submitting. If any requirement is not completed, your application will automatically be rejected.
- 2. Read and study the Criteria section of the application. In your essay, you are asked to address six (6) key points. Use specific, experiential examples when answering these key points, especially your connection to Sons of Norway.
- 3. How did you find out about the Sons of Norway Foundation scholarship and/or what do you know about the Sons of Norway Foundation? Show you did more research than just a Google search.
- 4. Emphasize your community or school volunteer work.

We are excited to bring these opportunities to you! We believe you have the potential to be an excellent candidate. The applications are due in several months and we hope – indeed **RECOMMEND**, you start now to create a compelling application.

Remember, the Sons of Norway Foundation is "Here for You . . . Here for Good." -James Adams, District Six Foundation Director. (Slightly edited)

