

THE NAVIGATOR

FEBRUARY 2023

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Specialists in Creative Journalism"

"Most of what we print is true most of the time"

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FROM PRESIDENT TOVE-LISE:

New Years Greetings!

First, thank you to Norm for guiding us through 3 years as the president of our lodge under the most difficult of circumstances. It certainly makes it complicated when an organization like ours cannot meet face to face due to outside restrictions. Well Norm, we did it and are still as strong as ever.

Now it is my turn "again". The first time I was elected president was in 1991, before some of our younger members were born, and yes, we need some more of those younger members—younger members with new ideas to continue to preserve our Norwegian Heritage! I know several of you have grandchildren that might enjoy our events. The more kids we have participating, the more events geared towards children we will be able to arrange. Camp Trollfjell and Trollfjell Folkehøgskule at Camp Norge is back again this year. Make sure you check out the District 6 website for detailed information. Again, Roald Amundsen Lodge will have half scholarships for children or grandchildren who are members of Roald Amundsen Lodge. They will have to apply, including sending us a letter indicating why they would like to attend camp.

I am sure we have members with great talents; are you willing to share them with our members? Some of you might be great at genealogy, woodcarving or something else. We are always looking for programs for our meetings or festivals. Please step forward and let us know, so we can learn something new.

Hope to see you all at our next meeting on Valentines Day, February 14th, 7:00 pm.

Hilsen Tove-Lise



Torsk, Lutefisk & Meatball Dinner

Saturday, March 25, 2023

Social Hour 5:30 pm / Dinner at 6:00 pm

Roald Amundsen Lodge 6-48

Sons of Norway

San Juan Masonic Center

5944 San Juan Avenue

Citrus Heights



Prepaid reservations only: Adults \$25; Children 6 - 10 \$5; Children 5 and under free.

SEATING LIMITED—RESERVE SOON—NO AT-THE-DOOR SALES.

For reservations mail below form and payment (check to Sons of Norway) to Tove-Lise Miller, 2656 Barbera Way, Rancho Cordova, CA 95670-3742. If you need further information call 916/364-8704 or email to tovelise@aol.com.

MAKE RESERVATIONS BY MAR. 15th, PLEASE!

T-L-M Dinner. Please reserve for the following.

(No tickets—Reservations will be checked at the door.)

Names: _____

Phone # and e-mail of submitter: _____

Adults _____ @ \$25 each Total \$ _____

Children 6—10 _____ @ \$5 each Total \$ _____

Children 5 and under _____ (NO CHARGE)

TOTAL ATTENDEES _____ TOTAL CHARGE \$ _____

DETACH AND MAIL WITH CHECK WITH YEAR DATE 2023!



**REGISTER
STARTING
FEB. 1ST**

SONS OF NORWAY CAMP TROLLFJELL & FOLKHØGSKULE AT CAMP NORGE



**FOLKHØGSKULE
JUNE 25-JULY 8
AGES 14-17**

Family Transition Weekend
July 7 - 9
Come with your family!

**TROLLFJELL
JULY 9 - 21
AGES 8-13**



CAMP NORGE | ALTA, CA

Norwegian Language | Folk Dancing | Rosemaling
Cooking | Hiking | Games & Sports | And a Lot More...

For more info:
Website: sofn6.org/arv/
Facebook: Trollfjell
Instagram: trollfjellsofn



OUR FEBRUARY MEETING IS ON FEBRUARY 14

VALENTINES DAY 2023!

(Tuesday, Feb. 14, 7pm at the Masonic Lodge,)

Bring your "Valentines."

Program will include reviews of Lodge and Hall and Park 2022 Reports.

Dessert and coffee will be served after reports.



(Note: Due to flu and Covid, kissing booth has been cancelled this year.)



(Here is a useable version of the QR code contained in the Camper flyer.)

SIDEBARS WITH THE EDITOR...

UPCOMING SCHEDULE

ROALD AMUNDSEN LODGE

Get out your phones and make these calendar entries:

2023 Schedule:

- Feb 14 Regular Meeting. Lodge and Hall & Park 2022 Financial Reports (planned)
- March 25 Torsk/Lutefisk Dinner
- April 11 Regular Meeting. Scintillating Cultural Program hoped for.
- April 23 Scandinavian Festival*
- May 9 Regular Meeting
- June Dark
- July Picnic*
- Aug Dark
- Sept 9 Camper Show and Tell
- Oct 10 Regular Meeting
- Nov 18 Vikingfest
- Dec 9 Julebord

* Not at usual Harding Masonic Lodge venue

LODGE MEMBERSHIP

If you are interested in joining ROALD AMUNDSEN LODGE, our officers have membership forms at most of our events. Forms are also available on the International Lodge website (sofn.com).

By the way, guests are welcome at our meetings and events.

OFFICERS FOR 2023

The chart below shows officers who were voted in at the last lodge meeting of the year and were installed on January 8th.



POSITION	2023
President	Tove-Lise Miller
VP and Membership	Donna Gordon
Secretary	Arlene Kozub
Treasurer	David Bailey
Social Directors	Peggy Hyde, Norm Hales, Judy Hales
Cultural Director	Stephen Rosenthal
Auditor	Susan Lemmon
Counselor	Norm Hales
Foundation Dir.	Mike Gordon
Greeter	None
Musician	Lars Gjerde
Ass't. Musician	None
Marshals	None
Editor	Stephen Rosenthal
Publicity Dir.	DeAnn Smeltzer
Trustees	Donna Gordon, Betty Williamson, Mike Gordon
Youth Director(s)	Eric Malme
Website Manager	Terje Miller
Facebook Manager	Arlene Kozub
Book Club	Noelle Buer

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INSTALLATION MEETING

The Installation of 2023 officers occurred at the January 8th general meeting, with **Stephen Rosenthal**, District Six Public Relations Officer, member of the lodge, and semi-competent editor of the Navigator officiating as the installing officer. The officers are listed on the previous page. New President **Tove-Lise Miller** thanked the outgoing officers and presented a Viking ship model to outgoing President **Norm Hales** as a token of his loyal service as President.



Prior to the installation those present enjoyed an excellent potluck supper including a ham entrée. Future events were discussed (See schedule elsewhere in this Navigator.).

The meeting was adjourned; the next general meeting is scheduled for April 14th.

NOTARIES PUBLIC?

Do we have any members who are California Notaries who are willing to provide their services to lodge members? We are willing to list you in this newsletter and/or print your business card as an ad. Sometimes we need such services at the lodge officer level. We are not suggesting that you reduce your fees for services to members.

NORWAY ALSO SENDING TANKS TO UKRAINE

The Norwegian government recently confirmed that Nor-



way also is sending tanks to Ukraine – 36 Leopard 2A4 battle tanks made by Germany.

And in a somewhat related matter, Norwegian military officials and police are asking the public’s help in tracking Russian ships that sail into Norwegian waters. Russian research vessels have been known to sail close to the Norwegian coast, setting off concerns over possible surveillance or mapping of the sea floor and underwater infrastructure. Other Norwegian vessels are also being asked to report any sightings of vessels sailing in zig-zag patterns.

DISTRICT SIX PRESIDENT
ROBERT (BOB) SATHER

A number of people in our lodge knew or at least have met Bob during the many years he has been involved in District Six activities. Others have taken Rosemaling courses or participated in other events at Camp Norge with his wife, Lotte. Sadly, Bob passed away on January 3rd at the age of 80. If you missed the more complete report on Bob that was contained in the Winter District Six newsletter, you can access it at <https://sofn6.org/wp-content/uploads/2023/01/sofn6-2023-01-newsletter.pdf>.

RECENT NORWEGIAN FLICKS

Sick of Myself (Syk Pike)

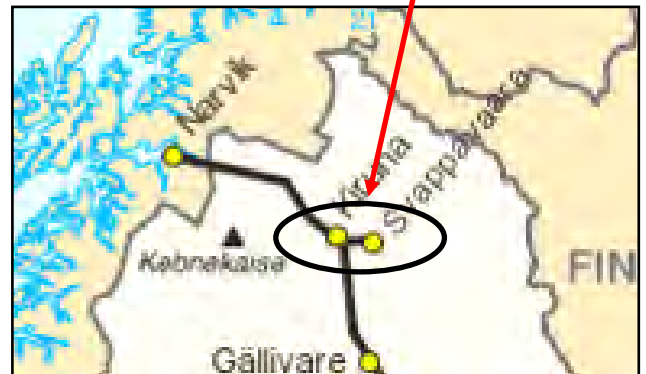
One amateur reviewer described it as “Hilarious Norwegian feel-good gem about terrible people.” This is a film about two narcissists who are married to each other. Released last year. Looks like fun, but your editor has not watched yet – apparently it is still showing exclusively at film festivals and is not available on conventional USA streaming services yet. If you find it streaming your editor would appreciate knowing: rosen@winfirst.com Thanks!



(one mining area)

Narvik

This very recent Norwegian film is available on Netflix. It is an historical drama depicting the Battles of Narvik during 1940. At that time Narvik was a small port town on a fjord in northern Norway, and 85% of the iron ore used by the Nazi war machine, mined primarily in Sweden, was shipped from the port. After two months of fierce winter fighting the Nazis suffered their first major defeat of WW2. Although your editor is not especially a fan of WW2 films, he feels this one has much to recommend it, including a good personal story woven into the facts about actual events. In English, Norwegian and German, with subtitles for the non-English conversations.



There were several other Norwegian releases in 2022 but they do not appear especially appealing. Also, however:

A Man Called Otto (American)

This current film with Tom Hanks is actually a copycat version of **A Man Called Ove**, a Swedish film from 2015. “Otto” is only getting modest reviews. “Ove” is available from multiple streaming services and was well received when it came out. The film, in turn, is based on a best seller novel of some years ago by Fredrik Backman, also named A Man Called Ove.

Also, Norwegian TV Series - **Borderliner.**

Nordic Noir / Crime TV / Thriller / Drama. Good for binge watching.



Snowbirds go south in winter, but Carol always overshoots...

MY FAVORITE ANTARCTIC TRIP 2022

The third trip of this season started literally with a big bang! We left the wharf in Ushuaia (Argentina) about 6 pm on November 29th, 2022, and hit the Drake Passage about 10:30 pm. The ship started rocking and rolling to the predicted Drake Shake, the roughest of the season. I did the sensible thing and went to bed early, but made the mistake of looking at the huge waves the next morning, and lost my breakfast. Decided to spend the day in bed.

I was sitting at breakfast on the second day of a still shaking Drake Passage, when crash, a huge wave hit the ship. The Christmas tree in the crew dining room went flying, along with chairs on tables, glasses and bowls, drawers in Reception, a pretty good mess all over the ship, but no one injured. It may have been the same Rogue Wave that sent two ships back to Ushuaia with broken guest cabin windows and one fatality when a woman got hit with flying glass. The **M/S Fritjof Nansen**, my “home,” is a new solidly built hybrid ship and she suffered no structural damage.



Orne Harbor, cruise ship, with chinstrap penguin in foreground.

The wind continued to blow so much that we tried for two landings in the South Shetland Islands, to no avail. Fifty knot winds (25 mph) are not conducive to launching tender boats, somewhat larger than rubber zodiac boats. We even let another ship go first for Half Moon Bay, but they gave up! Not today.

So instead of our usual easy first landing, we decided to go for broke as the toughest landing on the peninsula, Orne Harbour, was sheltered from the wind. We had only 270 guests, so could do it in three landings and give them more time to climb a VERY steep hill. They got to see chinstrap penguins at the top of the hill! And a mother humpback whale was feeding peacefully in the bay with her calf, a beautiful experience for the kayakers.

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(Antarctic trip, continued from page 8)

This trip turned out to be awesome! It was literally a “whale” of a trip, with the humpback whales finally back to feed and a few minke whales also. As we went through the beautiful Lemaire Channel, we saw a pod of orcas or killer sharks (they are the largest dolphins) with two males and several babies.

We tried for the Yalour Islands, but had to turn back due to too much ice in the water. This meant that we were heading for my favorite spot on the Antarctic Peninsula, Petermann Island* which I hadn't seen since 2013. I asked my boss three times if I could go up to the top and see the iceberg graveyard, so she asked me “Can you make it?” “Watch me” I replied and flew up the hill. There was a gorgeous grounded iceberg with a lagoon in it, light blue water, and a beautiful sun behind light haze. It is my favorite view in Antarctica, as the light changes with the clouds.



I also got to show the Damoy Hut for the first time of the season, after running out a snowy sheathbill (white bird) who was looking for a nest. This was a resupply hut for British scientists from 1973 to 1992, in that planes would refuel there and fly further down the peninsula when the weather cleared up. This area is where we did the camping, and I got permission to use the swimming pool that night. Yes it was somewhat cold so I ran for the hot tub right away. This was the day when the weather finally changed to ten days of sun after two trips with half an afternoon of sun apiece.

We did a great continental landing at Admiralte Brown Station, where the weather was so warm we all stripped off outer clothing. And we had crystal clear weather and perfect reflections of mountains in the water of the Neumayer Channel. I like it even better than the Lemaire Channel, as I call it peacefully gorgeous.

Our last landing was at Deception Island, where i got assigned to the beach area out of the wind. And it turned out to be the one good Polar Plunge I did for the season, as the first one had been so bitterly cold that my hands nearly froze. I sat out two other plunges with light bugs and a healthy respect for Antarctic winds. It is nice when the wind occasionally stops, and bitterly cold when it comes off the glaciers. This was the trip I liked best of the four I worked this season. Am hoping to go later in the season next year. **By Carol Francis, Hurtigruten historian. (And long-time member of Roald Amundsen Lodge, as many of you know.)**

* *Named after Mr. Peterman, Elaine's boss on Seinfeld.*

