

# THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

**JULY-AUGUST 2022**

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*"Specialists in Creative Journalism"*

*"Most of what we print is true most of the time"*

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## **PRESIDENT NORM'S COLUMN:**

God dag, God fjerde Juli, (Good day, Happy Fourth of July)

Independence Day, not just the Fourth of July will have a familiar feel this year. With the ebbing pandemic, the easing restrictions, there is a sense of long-awaited normalcy. While we enjoy family and friends and parades and fireworks, pause for a moment to consider the sacrifice of a small number of our population that ensures our freedom.

According to the VA and other sources, 0.4 % of the population is active duty. Adding 22 million veterans to the mix, it comes up that 7.3% of Americans living have served in the military at some point in their lives. Of that number 1.4 % are women. In the 244-year history of our nation, there have only been 15 years when we have not been at war with the world or ourselves.

Enjoy this hard-won freedom, hold your children close and have a great summer. With the emphasis on climate change the cliché "Is it hot enough for you?" is cause for social ostracization. Consider a weekend or longer in the cool of the mountains near a town called Alta. Norwegians can be found there. Hold deg frisk, Ser deg snart (Stay well, See you soon) Norm



ONLINE VERSION HAS 13 PAGES

POSTAL VERSION HAS 8 PAGESS

**THE MISSION OF SONS OF NORWAY is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.**

## REVIEW: SYTTENDE MAI AT THE LODGE

For the first time in a long time we actually celebrated the Norwegian Constitution Day on the actual day, May 17<sup>th</sup>. We had a nice turnout of about 30 members and guests. We were even able to celebrate outside on the patio at the lodge. The main menu for the day was pølse (hot dog) med lompe (small potato lefse), which is the traditional thing to serve in Norway for Syttende Mai.

Several members brought side dishes and desserts including pretty cup cakes with Norwegian flags. Some people wore their bunads or shirts with Norwegian designs. Thank you to everyone who came and participated in this special Norwegian day, which especially means a lot to me personally.

Hope to see everyone at our upcoming events.

Mange takk, hilsen your social director **Tove-Lise**

*Photos: The "Lompe Line," and various attendees. The phone call was a welcome from the King of Norway.*



## ROALD AMUNDSEN LODGE SUMMER PICNIC!

### When:

SUNDAY, JULY 17, 2022 beginning at 2 pm to 6 pm.

### Where:

HOME OF STEPHEN ROSENTHAL, 2051 Gunn Road, Carmichael. Ample parking in the driveway. (916/539-5614)

### Featuring:

Picnic in a large shaded area adjacent to private Redwood grove. Lodge will provide grilled hot dogs, hamburgers, plates, cups, napkins, plastic cutlery, ice, soft drinks, condiments, dessert, etc. Meat coming off grill starting at about 4 pm.

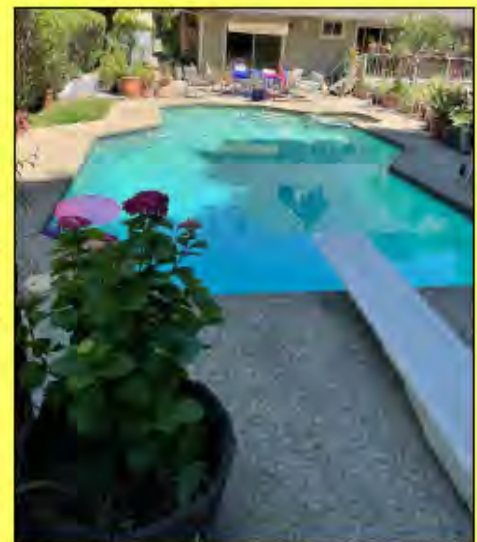
Please plan to bring family members, guests, etc.—the more the merrier! There will be no charge for this event. Small potluck side dishes welcome. Bring your own adult beverages and suitable chairs if you have some.

### Fun for the Young:

Swimming, heated spa and games—the lodge has a new “Cornhole” beanbag set! Glancy Oaks Park playground access.

### Coming?

Please send an email to [tovelise@aol.com](mailto:tovelise@aol.com) and let us know how many adults and how many children will be attending. If you cannot email, call 916/508-5555. This will help us plan. However, no one will be turned away “at the door.”



## Labor Day Weekend –September 3,4,5 2022

### NORTHERN CALIFORNIA KRETSSTEVNE (NCK) Velkommen Tilbake!! WELCOME BACK!!!!



Zones 1,2 and 3 invite YOU to our "Jewel in the Sierras" for the "Gathering of the Clan"!! Come for the entire weekend or play with us just part of the weekend!

Delicious Meals will all be served in the Heritage Hall.

Activities: Horseshoe Tournament, Kids' games, Swimming pool fun, hiking, Karaoke and more!!



**WINE TASTING:** Join in this Saturday event with appetizers before dinner!

Mail this form and a check for the meals, made out to District Six to: Zone 1 Director, Tove Lise Miller  
2656 Barbera Way, Rancho Cordova, CA 95670 (phone: 916-508-5555)

Name \_\_\_\_\_ Lodge Name & # \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Contact # ( ) \_\_\_\_\_ Email \_\_\_\_\_

Saturday Breakfast.....	Adult(s) _____	x \$7.00= \$ _____	Children (under12) _____	x \$3.50= \$ _____
Saturday Lunch.....	Adult(s) _____	x \$8.00= \$ _____	Children (under 12) _____	x \$4.00= \$ _____
Saturday Dinner.....	Adult(s) _____	x \$15.00=\$ _____	Children (under 12) _____	x \$7.50= \$ _____
Sunday Frokost.....	Adult(s) _____	x \$10.00 = \$ _____	Children (under 12) _____	x \$5.00= \$ _____
Sunday Dinner.....	Adult(s) _____	x \$15.00=\$ _____	Children (under 12) _____	x \$7.50= \$ _____
Monday Breakfast.....	Adult(s) _____	x \$5.00= \$ _____	Children (under 12) _____	x \$2.50=\$ _____



Or purchase the weekend package and save

Weekend Package.....Adult(s) \_\_\_\_\_ x \$50.00 \_\_\_\_\_ Children (under 12) \_\_\_\_\_ x \$20.00 = \$ \_\_\_\_\_

PRE-REGISTRATION of meals is imperative in order to purchase the correct amount of food.

The Meal Registration Deadline is August 26, 2022.

Make checks payable to District Six and mail to the Registrar—see above!!

Bring your tent or RV or call Susan to reserve a room (530) 389-2508.



**NOTE:** You also need to let her know if you are bringing an RV or plan to camp! There are limited spaces!



**Special Fall Afternoon Lodge Meeting:**

## **Enjoy a Summer's-End PIZZA PARTY!**

**Sunday, September 11th, 1:30—3:30**

**Come and enjoy PIZZA and camaraderie with fellow lodge members and guests followed by a short lodge meeting during which we will present loyalty pins and golden member pins to deserving members (Look elsewhere in this newsletter to see if you are on the list of awardees.)**

**Normally we have our youth who attended Camp Norge summer camps tell us about their camp experiences, but there were no summer camps this year. So, if any members are willing to talk about summer trips to Scandinavia, we would love to hear. Similarly, if any of our youth had interesting summer experiences, we would love to hear. Enjoy pizza with salad at no charge! (The lodge appreciates that you have to buy very expensive gas to even get to the event!)**

- When:** Sunday, September 11th, 1:30—3:30.
- Where:** Masonic Center, 5944 San Juan Ave., Citrus Hts.
- Meal plans:** Pizza and Salad.
- Reservations:** Requested, by Tuesday, Sept. 6th, please, so that we know how much pizza we need. To reserve, please call 916-364-8704 and if call goes to voice mail, leave your name, phone number, and the number of pizza eaters you are bringing. See you there!

**For those of you who don't drive at night, here is an afternoon event for you! Come and visit with lodge friends you have not seen in a while.**



# Save the date

# CAMP OLDFJELL

## September 17-20, 2022

Go to D6 website  
to register!

Half session Sat/Sun  
Full session Sat/Tue

Our own Tove-Lise Miller will be instructing in Norwegian and knitting!

Camp Oldfjell, Folkehøgskule for Voksne (Folk School for Adults), Camp Oldfjell will be held from Saturday, September 17<sup>th</sup> to Tuesday, September 20<sup>th</sup> at Camp Norge. Come for just the weekend, or stay till Tuesday for the full camp. We are currently working on developing classes and recruiting instructors. If you have a skill and would like to teach at Camp Oldfjell, please contact Judy Purington at [culturaldirector@sofn6.org](mailto:culturaldirector@sofn6.org).

Specific details on classes and pricing will be published in the June Cultural Newsletter and distributed to Lodge Officers. Keep up to date by checking the Camp Oldfjell page at Camp Norge's website by clicking [HERE](#).



**Come and learn a new Norwegian Folk Art,  
share your skills,  
meet new friends,  
eat some good food,**



**and have lots of  
FUN!**



## SIDEBARS WITH THE EDITOR...



### UPCOMING

### SCHEDULE

### ROALD AMUNDSEN LODGE

Get out your phones and make these calendar entries:

**Mon July 4.** American Independence Day

**Sun July 17 SUMMER PICNIC AT ROSENTHAL REDWOOD FOREST (see flyer) Bring kids and grandkids!**

**Aug.** No local events. International Convention from Minneapolis, 8/31—9/1. ("Virtual")

**Sept 3-5, Kretstevne, Camp Norge. See flyer.**

**Sun Sep 11. Lodge Pizza afternoon, 1:30 start.**

**Tue Oct 11.** Monthly Meeting 7 pm start

**Sat Oct 15. Scandinavian Festival** at Lutheran Church of the Resurrection, Granite Bay.

**Tue Nov 8.** Monthly Meeting 7 pm start

**Sat Nov 19. Vikingfest, day hours TBD**

**Thurs Nov 24. Thanksgiving**

**Sat Dec 10. Julebord**

The possibility of having a 2022 children's holiday party in December will be assessed later. All events are scheduled for the San Juan Masonic Lodge venue except for those noted as scheduled elsewhere.

### LOYALTY AWARDS AT SEPTEMBER PIZZA EVENT

We will be awarding the following Golden Membership pins and Loyalty Pins and corresponding certificates at this event. For any awardees who cannot attend, your pins will be mailed to you.

#### Golden Memberships 2022

Sharon Brooks

Donna Gordon

#### Loyalty pins 2022

##### 75 years

Ronald Waraas (Aug.) CONGRATULATIONS!

##### 45 years

Trond Aschehoug (Dec.)

Diane West (June)

##### 40 years

Gwen Lokke (Sept.)

##### 35 years

Vernon Armstrong (Feb.)

##### 30 years

Sharon Brooks (Aug.)

Donna Gordon (June)

Kristine Mattes (June)

##### 25 years

Edward Coughie (Sept.)

Randi Greene (Oct.)

##### 20 years

Michael Van Baaren (Dec.)

### LONGTIME MEMBER FLORENCE SMITH SUCCUMBS

We regret to have to report that Florence passed away on June 19th after an extended illness. Over the years she held many positions and contributed greatly to the lodge. We will have more information in the next Navigator.

## MUSINGS FROM THE RECENT CONVENTION

**Sweater Admired!** Lodge Member Tove-Lise Miller's beautiful knitted sweater was selected as the People's Choice at the convention, where many craft items were exhibited. She only finished it on the way to the convention!



**A session on genealogy:** one of the speakers was a genealogy officer from **Family Search** which is a nonprofit organization and website offering genealogical records, education, and software. It is operated by The Church of Jesus Christ of Latter-day Saints, and is closely connected with the church's Family History Department. Many non-Mormons avail themselves of these services. If you are establishing your family tree, he and his organization would be a good contact:

Jeff Svare, AG®  
 FamilySearch  
 Deputy Chief Genealogical Officer  
 Research Wiki Content Manager



<https://bit.ly/3N5rzED>

**Memorial Ceremony.** The traditional Memorial Roses Ceremony was held to honor the over 500 District 6 members who have passed away in the last five years (i.e., since the last convention.). Some of you might like to review the Roald Amundsen Lodge list, probably with some nostalgia: **Ruth E. Amen, Duane L. Anderson, Raye Louise Brown, Beverly Buel, William Buhler, Patricia Gedestad, Jerome Gilbertson, Roy A. Imbsen, Nick J. Jensen, Robert M. Karlstad, Beatrice M. Lien, Raymond E. Miller, Alexey Moskalyuk, Joyce Annette Nelson, Delores M. Nichols, William K. Nilsen, Carl Otto Ohmer, Grace L. Sandstad, Carol Lee Solheim, James G. Updegraff.**



The list was compiled by the Sons of Norway headquarters. If they missed anyone you might wish to call it to our attention.

**Postage Stamps.** The equivalent of 5 or 6 banker boxes of postage stamps were "found" in our storage shed at the Masonic Lodge. Frankly, we don't know how long they had been there. Since the cost to ship these stamps has become prohibitive, the





*(Continued from page 8) (Convention)*

contribution thereof to the Tubfrim project in Norway is no longer feasible. District 6 officers asked that saved stamps be brought to the convention for contribution to the **Postal History Foundation** located in Tucson. Some of our delegates carried the stamps in their vehicles to the convention to support this project. Quite a lot of stamps were contributed.

**Roald Amundsen Delegates** were Lodge President **Norm Hales**, **Donna Gordon**, **Steve Rosenthal**, **Arlene Kozub**, **Peggy Hyde**, and alternate **Judy Hales** who filled in for David Bailey who could not make it. In addition, lodge member **Tove-Lise Miller** was in attendance by virtue of being Zone One Director, and **Mike Gordon** was available as an alternate. The delegates thank the membership for allowing them to represent the membership.

There were 105 delegates from 46 of the lodges present. Bob Sather from the Victory Lodge was elected President, **Tove-Lise Miller** of our lodge was elected to continue as Zone One Director, and **Steve Rosenthal** of our lodge was elected Public Relations Officer.



**The business meeting** was called to order at 8:30 a.m. on Saturday morning, June 4 with the national anthems of Norway, United States, and Canada, followed by the Pledge of Allegiance, not unlike many of our local lodge meetings. Connie O'Brien, Director of Fraternal Development from the home office was present to give us an update on the re-organization of

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***(Continued from page 9) (Convention)***

the International Sons of Norway governance, which includes rewriting the bylaws and constitution. (International President Ron Stubbings was scheduled to attend but became ill with Covid.) After 2022, delegates to the international convention will no longer be elected at District conventions, but instead will be elected only by those holding Sons of Norway financial products, and the management approach will be changed to a “Board Governance” model that is now in use by many other non-profits. It is anticipated that the board will contain some members who possess professional skills that are contributive to running an insurance company, and some of these persons may not be members of Sons of Norway. When they are finalized, the new by-laws and constitution will be available on the sof.n.com website.

Also, we became aware that the company, in an effort to increase profitability, has retained additional brokers to sell Sons of Norway products.



***Tove-Lise Miller with outgoing D6 president, Luella Grangaard.***



Reportedly the various districts will continue to have conventions to support the many cultural and heritage interests of the members.

One of the reports presented was from the Recreation Center Board. They informed us that the pool needs to be resurfaced and they solicited the attendees to contribute for the repair. to the effort. Your lodge made a significant contribution to the effort.

These conventions are always enjoyable and more members should attend, even if they are not delegates.

***Lodge Delegate Arlene Kozub with leifse set our lodge contributed for the raffle. It was one of the most desired items in the raffle.***

## CONVENTION PHOTOS



Lodge member Tove-Lise with Bev Moe of Trollheim Lodge and Janie Kelly of Nordahl Grieg Lodge. Your seated delegates: Peggy Hyde, Donna

Gordon, Steve Rosenthal, Norm Hales, Judy Hales, and Arlene Kozub. All six joined the Century Club to support Camp Norge. Judy was an alternate who replaced primary delegate David Bailey who was unable to attend. Editor Steve Rosenthal losing his lunch money at



the Blackjack table while home office visitor Connie O'Brien parleys her per diem into a small fortune—probably enough to take an extended trip to Norway.



***Our Roald Amundsen Lodge was awarded Large Lodge of the Year for 2019 at the recent District 6 Convention. The award was accepted by our Lodge President, Norman Hales. The certificate is shown here about 1/2 size (smaller in the postal newsletter). The lodge also received several lesser awards. President Norm, second from right, accepting the awards. Tove-Lise Miller, on the right, is our Social Director and District 6 Zone 1 Director.***



## A HEARTFELT MESSAGE FROM OUR INSURANCE PROFESSIONAL

**(This email was received over a month ago when we didn't publish, but it obviously carries a still-current message)**

This is one of my hardest newsletters I have had to write! I received a call from my daughter-in-law Sunday morning telling me my son passed away in his sleep at the age of 47. My heart fell - how can this happen?

She also discovered that he had no life insurance. So now as an insurance agent, I am faced with what I tell my clients to avoid— not having insurance to pay for death expenses while living on a limited income.

So once again my advice is this: Please get your children insured no matter how old they are, or at least have that important talk with them. Ask them “do you have life insurance????”

It's hard enough to lose a child and then to face the expenses associated with such an event.

**Sons of Norway** has life insurance that will cover everyone, even those who have medical problems. **Adrienne Lincoln**



## ANOTHER NORWEGIAN FLICK!

Eskil Vogt is the Oscar-nominated co-writer of “The Worst Person in the World,” a long-time collaborator of Joachim Trier, and “The Innocents” is his second feature film, after 2014’s “Blind,” which stars Ellen Dorrit Petersen, who plays Ida and Anna’s mother in “The Innocents.” Like “Blind,” “The Innocents” examines the darkness that creeps

up in the cracks of domestic spaces. Ida’s quietly hostile jealousy toward her sister manifests in disdain and sometimes passive aggressive violence, but in Benjamin’s home, fractured irreparably by abuse and neglect, darkness takes hold, and spreads to Ida, Aisha and Anna with increasing danger, resulting in bloodshed and tragedy. Great fun? Well, maybe.



Your editor watched his film “The Worst Person in the World,” which was pretty good. This new film is in Norwegian with English subtitles available, and showing on Amazon Prime and probably other streaming services. Don’t get it mixed up with a series production with a similar title currently playing on Netflix.