

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Specialists in Creative Journalism"

"Most of what we print is true most of the time"

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PRESIDENT NORM'S COLUMN:

Dear Lodge Members,

Unprecedented. A word getting a lot of use in the current news cycles. It has unfortunately come to our lodge as well. Due to the

heavy smoke from the uncontained fires burning throughout the state, the Labor Day Kretsstevne has been cancelled. This is a sensible precaution as we have been subjected to several days of un-

healthy air quality both in the valley and the Sierras with predictions of more to come. We

can remain optimistic about having our remaining events of the year without interruption, indoor events being permitted. We have weathered the inconveniences and restrictions of the past year proving our resilience. Hardy folk, those Norwegians.

Keep your spirits up, while it seems like it's two steps forward and one back that's a steady move in the right direction. Find some activity to take in in place of the Kretsstevne. Don't let your summer slip away without getting out and enjoying yourself. Reasonable caution will allow you to make pleasant summer memories.

The summer camps at Camp Norge were a success. A good time was had by all at the summer picnic held in Steve Rosenthal's back yard venue. Thanks Steve. Note that there is a summer's end barbeque Sunday September 12th from 12:30-3:30 at the Masonic Lodge. See you there.

Note: Lodge officers need to be elected for 2022. Do consider nominating a member or volunteering for a lodge officer position. The lodge is you and you can determine its future.

Norm



CAROL LEE SOLHEIM

“A great Norwegian by marriage”

By Carol Francis

Being Norwegian isn't always genetic by birth. Some of the best members of Roald Amundsen Lodge gained the status either by marriage or being an exchange student like me. We just lost one of our best - Carol Lee Solheim who died July 23, 2021, after suffering a stroke in June.

She started out as Carol Lee Hill in 1936 in Glasgow, Montana, with one younger sister Jo Ann now in Spokane. When she was seventeen, her life changed forever: a 27 year old Norwegian skier on scholarship for engineering rented an upstairs room from her parents.

Øystein Solheim was the youngest of eleven siblings from Nesbyen in Hallingdal, and he swept her off her feet. As soon as she turned eighteen they got married in 1954, living in Montana, Washington, and Colorado before building a replica of their beloved Denver home in Shingle Springs.

Together they raised a family that eventually included Debbie and David Reynolds, Brian and Kellen in Spokane, Washington; Beth Solheim and Ron Mainer in Carmichael; and Erik and Helen Solheim, Timothy and Kristin in Greenwith, Australia. They celebrated their 60th wedding anniversary in 2014 and were thrilled when most of their family came home.

From the start their lives centered around Norwegian activities, and almost yearly trips to Norway where Øystein visited his ten siblings. What they called a family “cabin” in Mykingstølen, Hallingdal, was more of a small hunting lodge where they entertained many Sons of Norway friends, including this writer. It was above the tree line, in a village with sheep on the roads and a very cold lake, and they loved it there. This picture from ca. 1975 shows them meeting King Olav.

They were also involved in Sons of Norway activities and were both Life/Golden Members. When Øystein rose to the level of International Director, Carol Lee was the orga-



(Continued on page 3)

(Carol Lee, continued from page 2)

nized one keeping him on track. She served as lodge president, zone director, and District 6 secretary for many years, returning to the position of lodge secretary in later years. When I became lodge president many years after her, I felt a bit intimidated by her. However, I soon found a firm friend who said exactly what she could do to help me, and she always followed through on her promises. We worked on the lodge anniversary dinners together, and made a



lot of meatballs in her kitchen.

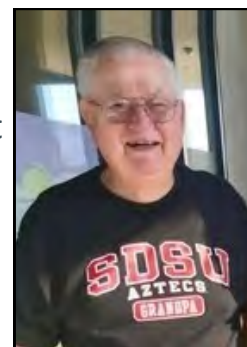
Carol Lee and Øystein loved to dance in their Hallingdal bunads and taught dance lessons for years (picture from 1985 at the old lodge). They loved going to Camp Norge at Alta, where Carol Lee served as cook at Language Heritage Camp. She also had her own activities, including the Mercy Hospital Guild, her sorority Beta Sigma Phi, and Eastern Star. As her daughter Beth said, Carol Lee is now reunited with Øystein, who called her his sweetheart to the end.

JEROME (JERRY) GILBERTSON, June 7, 1939 - April 18, 2021

Apparently we missed reporting that lodge member Jerry Gilbertson, 81, passed away suddenly on April 18. Jerry was born in Chetek, Wisconsin but in 1951 he moved to Sacramento and attended McClatchy High School where in his senior year he pitched the baseball team to the Metro League Baseball Championship.

Jerry joined the US Army after high school and was able to play baseball all over Europe from 1957 to 1960. Jerry returned to the Sacramento area where he played semi pro baseball and worked in the grocery business for more 35 years as a manager for Vans Market and Fleming Foods. He also managed the warehouse for Sacramento Loaves and Fishes just before retiring.

Jerry was a lifetime member of the Carmichael Elks, Sons of Norway, and Knights Landing Sportsmens' Club. He was an avid hunter, fisherman, gardener and enjoyed many cruise ship vacations all over the world with his wife of 57 years Eilene. He is also survived by son Andrew (Tonie), brothers Vern, Curt and Larry, granddaughter Rachel, niece Shelley and many loved ones across the US. Private inurnment was to be held at a later date.





Special Fall Afternoon Lodge Meeting:

Enjoy a Summer's-End BBQ Afternoon!

Learn what some of our youth did at camp!

Sunday, September 12th, 12:30—3:30

Come and enjoy a meal and camaraderie with fellow lodge members and guests after a short lodge meeting and youth presentations on their summer activities at our District 6 Camp Norge youth camps. Enjoy a full BBQ dinner prepared in part by a catering service and provided by the lodge at a very modest charge! (Our summer youth campers are invited to demonstrate craft projects and tell about their camp experiences! This is always entertaining and showcases our members of tomorrow.)

When: Sunday, September 12th, 12:30—3:30.
Where: Masonic Center, 5944 San Juan Ave., Citrus Hts.
Meal plans: BBQ entrée, salads, desserts and all the related "fixin's" provided by the lodge.
Reservations: Required, with payment, by Tuesday, Sept. 7th, please, so that we know how much food is needed. See form below, and see you there!

✂ **BBQ Reservation principal name or names, phone #, and e-mail:
 (Only one name necessary)**

Number of members over age 13 _____ @ \$5 = \$ _____

Number of guests over age 13 _____ @ \$9= \$ _____

Number of persons 13 or under _____ @ \$4 = \$ _____ Total \$ _____

(Age 5 and under, no charge)

(Camper youth demonstrators, no charge)

Mail to David Bailey (Treasurer), 5201 Laguna Oaks Dr, #77, Elk Grove, CA 95758. 916/239-9576 davidsbailey@yahoo.com



**SONS of
NORWAY**

SAVE THE DATE

District Six 2022 Convention

June 2022 						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Celebrating Our Roots



Sheraton Mesa Hotel
Mesa, Arizona

The **INTERNATIONAL CONVENTION** will be held in August, 2022 in Minneapolis.

NOMINATIONS FOR DISTRICT 6 BOARD

Nominations are open for District Six Officers and Board Directors. Positions open are: President, Vice President, Secretary, Treasurer, Public Relations Officer, Cultural Director and Directors for all Zones. In addition the Alternate International Director position is open. Please consider running for a position or making a recommendation to a member of the District Six Nominating Committee. All of these positions require that the member own a Sons of Norway Financial Product.

Skill sets include: Accounting, Investment, Corporate Governance, Marketing, Communications, Strategic Planning, Technology Skills (Internet/Social Media), Fraternal Benefit System and Cultural Skills. Members of the District Six Nominating Committee include Chair and Zone 8—Mike Johaneson, mjohaneson@gmail.com, and **Zone 1—Donna Gordon**, justfordonna@surewest.net .

SUMMER PICNIC REPORT

Our lodge summer picnic at Stephen Rosenthal's backyard on August 14th had a true Norwegian air to it – somewhat staid and stoic. No one got thrown into the pool. No lady got up on the patio table and danced provocatively while singing *La Cucaracha*. No one got as inebriated as your typical Norwegian bachelor uncle at a wedding and had to be sent home via Uber. Any insults uttered were so subtle that the recipient didn't know that he (or she) was being insulted. There were no alcohol-fueled political discussions that ended with black eyes and bruised knuckles.

Several folks did a lot to prepare. So was it a success? Well, we had about 30 folks – a nice turnout. The weather was “delightful.” The visiting was pleasant and so welcome after our Covid quarantines. The hamburgers and 'dogs were good. There was beer. We had one delightful little girl who enjoyed the pool. So, yes, it was a success.

However, next year, we are going to invite a token brusque Hungarian, a token hot-blooded Italian, and a Mexican mariachi band. After all, we Norwegians need to be assimilating into the California culture as best we can.



Betty Williamson, Arlene Kozub, Larena Hannon and Joe Hannon. David Bailey and Carl Ohmer. Noelle Buer and Martha Dickson.

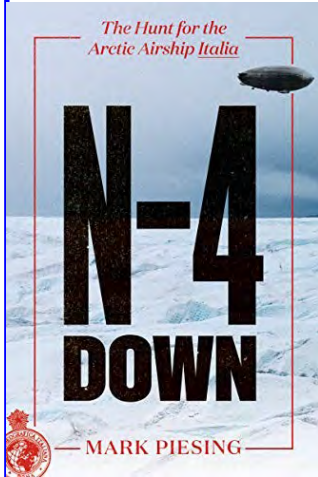


MORE PICNIC PHOTOS

The group, above. Ann Sandner with her son Steve. Tim Midboe, below center. Brian Rosenthal, below right. Someone took this kid's candy away, below left.

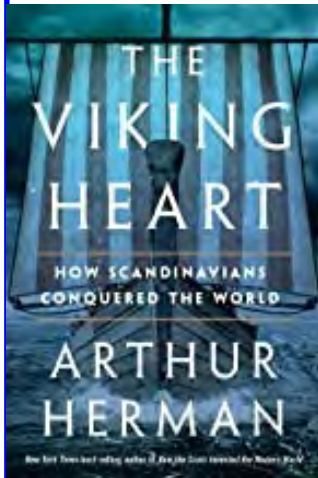


NEW NORDIC BOOKS TO CHECK OUT



N-4 DOWN, by Mark Piesing. Released 8/31/2021. Kindle, about \$15, Hardcover about \$22.

On May 24, 1928, Gen. Umberto Nobile and his crew aboard the airship Italia—code-named N-4—dropped Italian flags and a small wooden cross given them by Pope Pius XI onto the North Pole from 450 feet in the sky. Airships were a technological marvel of the early 20th century, and the Italia’s goal was to land men at the North Pole, something that had never been done before. But bad weather thwarted the mission; returning to its base on Norway’s Svalbard archipelago, the Italia, which was actually owned by Norway, crashed into the ice, triggering one of the greatest polar rescue efforts ever mounted, a saga that journalist Mark Piesing retells in “N-4 Down: The Hunt for the Arctic Airship Italia.” Nobile and Roald Amundsen were bitter rivals, as the book details.



THE VIKING HEART, How Scandinavians Conquered the World, by Arthur Herman. 484 pages. Available now, about \$25 hardcover, about \$17, Kindle.

There is a great and extensive review of this new book in the August 28-29 Wall Street Journal by Tunku Vardarajan,, a fellow at the American Enterprise Institute and at NYU Law School’s Classical Liberal Institute.. Two of Mr. Herman’s grandparents were Norwegian immigrants to the US, arriving poor and making their way. Based on the review we learn that Mr. Herman also covers the adventures of past Vikings in Europe. Your editor looks forward to reading it.



SHARK DRUNK: The Art of Catching a Large Shark from a Tiny Rubber Dinghy in a Big Ocean, by Morten Strosnes. About 300 pages. At Amazon: Kindle or Paperback, about \$14.

This book is not new but is new to the editor. Book clubs in other lodges are reading it. From Amazon: “[Two guys] tackle existential questions and encounter the world’s most powerful maelstrom as they attempt to understand the ocean from every possible angle, drawing on poetry, science, history, ecology, mythology, and their own—sometimes intoxicated—observations, meanwhile pursuing the elusive Greenland shark. By turns thrilling, wise, and hilarious, *Shark Drunk* is a celebration of adventure, marine life, and, above all, friendship.” About Greenland sharks in the Lofoten archipelago.

MS ROALD AMUNDSEN TO AMERICA!



Will there be members of the Roald Amundsen Lodge boarding the MS Roald Amundsen when it pays a visit to San Diego next year? The Hurtigruten Line's newest ship (launched 2019) is scheduled to make a port call in San Diego May 1st, 2022! Boarding passengers will embark on a northerly cruise with port calls and shore trips in Santa Barbara, Eureka, Washington State (with shore trips to

Olympic National Park and the San Juan Islands), and concluding in Vancouver, Canada. The current advertised cost is from 2327€.

The vessel will be arriving San Diego to debark passengers who will be completing a cruise from Costa Rica along the Central American and Mexico Pacific coast. From Vancouver we believe it will be starting a cruise to Alaska (from 6292€) followed by another through the Northwest Passage. Also, they are offering a "bucket list" west coast cruise from the South Pole to the North Pole with a price starting from \$64,581. (Your editor will be asking the Board for authorization to take this cruise at lodge expense in order to document this unique Norwegian adventure.)

The MS Roald Amundsen is a 21-ton ship capable of carrying in excess of 500 passengers and generally travels at a speed of 15 knots. "MS Roald Amundsen is the first of two hybrid ships Hurtigruten will add to its fleet over the next few years. Emissions are cut by sailing with electrical propulsion. Innovative sustainable technology reduces fuel consumption and CO2-emissions on the ships by 20 percent."



SIDEBARS WITH THE EDITOR...



FALL BBQ!

It's upon us, in less than two weeks! (Sunday, September 12th, starting at 12:30. **See sign-up flyer in this Navigator.**) Come and see some of our summer camper youth make presentations about their experiences at camp. Enjoy a barbeque dinner. Visit with lodge members that you probably haven't seen for quite a while.

Note the slight start time adjustment from what we previously advertised. Also, the meal will not be served immediately, so come even if you have to be a little late.



You will not have to deal with this at the lodge BBQ!

SONS OF NORWAY SCHOLARSHIPS

It really is not too soon to look into this if you plan to apply for any. See Sons of Norway website. Some applications are due Jan. 15 and they take time and effort to complete.

NORTHERN CALIFORNIA KRETSTTEVNE CANCELED

The event has been canceled, in part because of possible health concerns from the ongoing fires. Those who have registered will have their fees returned.

SOLHEIM ESTATE SALE

The Solheim family is having an estate sale at their late parents' home, 3570 Vista Grande, Shingle Springs (Zip 95682), on September 24, 25 and 26. The Friday/Saturday hours are 10 am to 3 pm and the Sunday hours are 11 am to 2 pm.

NORWEGIAN RUNES INFO



If you are interested in such things check out a website for **Kari Tauring** is a Norse cultural educator, folk musician, spiritual leader, and healer living in Minneapolis, Minnesota.

She is a *völva*, staff carrying woman and the originator of *Völva Stav* mind/body/spirit philosophy and practice. Growing up in a

(SIDEBARS, Continued from page 10)

(Runes, continued)

Norwegian American ethnic enclave, Tauring began digging below the surface of her immigrant culture in 1988 when a linguistics professor introduced her to the runes. *-just another in a long history of cultural leads provided by your lodge Cultural Czar...*

NATIONAL NORDIC MUSEUM

Interested Norway enthusiasts also should check this out: <https://www.nordicmuseum.org/>. This facility is in Seattle. They have a most interesting virtual film coming up on September 10th about a famous Norwegian architect, **Alvar Aalto**.

2021 MEMBER RECOGNITION PINS

Every year the lodge tries at appropriate events to honor those who have or will have earned member service awards during the year. It has been the custom in our lodge to give these pins beginning at the 20-year mark, and then for each 5-year increment thereafter (20 years, 25 years, 30 years, etc.).

We have had few opportunities to award these pins in person this year and the year is flying by. Accordingly, we have instead mailed these pins to the recipients listed below. We congratulate all of them, and especially **Bettybe Wright (70 years!), Donald Lewison (65 years!).** The late **Carol Lee Solheim** also qualified for the 65-year pin, and we have sent it to her family.

Congratulate these folks if you see them!

70 years!

Bettybe Wright

65 years!

Donald Lewison

Carol Lee Solheim

55 years!

Kirsten Wyatt

50 years!

Hester Gehling

45 years

Kristine Hamilton

L. Pierce Loberg

40 years

Grete Skjellerud

Ruth Halley

35 years

John Roe

30 years

Lois Sando

25 years

Eloise Holdahl

Kent Øren

Marilyn Cram

20 years

Debra Johansen

Gary Johansen



(Not all of the pins are of this style.)

If you think there are errors or omissions to this list, kindly let the editor know, and we will check it out.

(Sidebars, continued from page 11)

UPCOMING SCHEDULE ROALD AMUNDSEN LODGE



Get out your phones and make these calendar entries:

Sunday, September 12, 12:30 pm -3:30 pm – Lodge Barbeque and Presentations by Youth Summer Campers. See flyer in this Navigator.

Tuesday, October 12, 7:00 pm – 9:00 pm – Monthly Lodge Social and Business Meeting.

Tuesday, November 9, 7:00 pm – 9:00 pm – Monthly Lodge Social and Business Meeting.

Saturday, November 20, VIKING FESTIVAL
CANCELED (In part due to Covid matters)

Saturday, December 18, 5:00 pm – 7:30 pm,
Holiday Julebord Dinner.

Sunday, January 9, 2022, 1:00 pm – 3:00 pm
– 2022 Officer Installation.

Of course, this schedule could change if certain Covid protocols are reinstated, or other complications develop. As you can see, we have had to cancel the planned Viking Festival due to difficulties trying to comply with Covid requirements for crowds.

BOARD MEETING MINUTES

8/10/2021

Zoom meeting called to order at 11:00 am. Members in attendance: Norm Hales, Steve Rosenthal, Donna Gordon, Tove-Lise Miller, David Bailey, LaRena Hannon, and Arlene Kozub.

Treasurer Report: David received the new checks from the credit union and has updated our auto deposit with Sons of Norway. We are expecting a refund for one child that was not able to attend the summer camp.

Discussed picnic. We are a little concerned about the heat. Steve is responsible for water and soda and ice. Tove Lise will bring the meat and buns and condiments.

Our annual barbeque is set for September 12 at the lodge 12:30 to 3:30 as advertised. We are supposed to RSVP to David Bailey by September 7.

We still need a Nominating Committee. Shall we ask our current board to go for another year due to the still on-going pandemic? Perhaps we can involve new members in the two openings we currently have: Vice President and Membership Secretary. Our next board meeting will be Tuesday, August 31, at 11:00 so that we can talk about our September events. (Summary in next Navigator.)

Meeting adjourned at 12:10 PM. Respectfully submitted, Arlene Kozub, Secretary

(Continued on page 13)

*(Continued from page 12)
(Modified and abridged by Editor. Matters that became moot due to cancelations were omitted.)*

D6 CULTURAL NEWSLETTER HAS INTERESTING ACTIVITIES

This newsletter is always interesting. Go to <https://sofn6.org>.

The Vesterheim Folk Art School is offering many interesting online classes of the next three months. Examples: Beginning Hardanger Embroidery, Tapestry Weaving.

Also, you can attend Friday Night Lecture Series from Nordic Northwest. Example: Influence of Nordic Architecture.

The newsletter contains an interesting article on Leif Erikson.

CAMP OLDFELL

Registration reportedly concludes September 1st, but maybe one can still get in. Go the District 6 website for more information.

NOTE TO "HARD-COPY" READERS

The on-line version contains additional flyers and material that we could not include in the print version. Also, we may be experimenting with different print edition formats

so as to include more of the newsletter while not having to produce so many physical pages. We imagine you will let us know if you get a format that you do not like. If you have access to a computer go to

Sonsofnorwaysacramento.com for the complete newsletter.

NORWEGIAN FILMS

Currently there are quite a few Norwegian flicks streaming on Netflix and other streaming services.

One that might be fun and not too deep is **Happy, Happy**, released in 2010. Set in a remote Norwegian town, this black comedy centers on cheerful housewife Kaja (Agnes Kittlesen), who is contentedly wedded to her loveless high school sweetheart but lands in hot water when a risqué encounter with her urbane new neighbor, Sigve (Henrik Rafaelsen), goes too far. With a full-blown affair on her hands and Christmas just around the corner, Kaja falls back on blinding optimism to get her through the snowballing scandal.

