

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
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“Specialists in
Creative Journalism”

“Most of what we print is true most of the time”

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PRESIDENT NORM'S COLUMN:

Dear Lodge Members,

Time to step outside and smell the roses and be thankful we can. With the opening of local businesses, we see the beginning of the new normal. Masking and social distancing will remain with us through the summer. Think of safety as avoiding lightening, do not stand under a tree (avoid crowds), stay out the water (mask when close to non-family), and know the odds of avoiding contagion are very much in your favor.

This month brings a special day to us. Norwegian Constitution Day is May 17th. Syttende Mai is a time of celebration, a national holiday, and is celebrated on a Sunday closest to the 17th. This is also the month when half our US adult population is vaccinated. Parks are opening, the zoo has new cheetahs, and entertainment venues are opening. So, continue doing what you have been doing to stay safe, it's working. Venture out with us and reconnect with the lodge and the world. Looking forward to seeing you out and about. Norm



One might remember, **MEMORIAL DAY IS MAY 31st.** Originally called Decoration Day because women and later Boy Scouts would decorate the graves of those who had served in the military, especially during wartime. Today, it is also a day to remember all of those who have gone before us. We have a beautiful National Cemetery nearby, in Dixon. The photo was taken on a past Decoration Day / Memorial Day at that cemetery (Copyright, The Reporter, Vacaville.)





ANNOUNCING,

A “REAL” MEETING!

Yes! We are resuming our monthly meetings in the open, sheltered patio area of the Harding Masonic Lodge Hall. (I.e., our usual meeting place but outdoors, 5944 San Juan Ave., Citrus Heights, 95610.) Our first meeting will be Tuesday, May 11, beginning at 5:00 PM with a no-cost Pizza Party! Soft drinks and bottled water also will be provided. There will be a no-meat pizza option. Meeting will finish well before dusk. See next page for meeting Covid protocol.

If we have any business to conduct, it will be accomplished during the meal. We plan a Syttende Mai (17th of May, Norway’s Constitution Day) program after the meal, consisting of member “show and tell” about their Norwegian artifacts, experiences, etc. We urge any member who is able to bring a Norwegian-related item to show and explain to the gathering.

Please let Tove-Lise Miller know by Sunday prior if you think you may be coming so we know how much pizza to order. (tovelise@aol.com; 916/364-8704).



MAY MEETING COVID PROTOCOL:

In accordance with current recommendations we will practice “social distancing” at the tables. However, you are welcome to bring your own chairs if you prefer even further distancing.



Mask-wearing will be required except while eating.

You may bring your own food if you do not care to partake of the pizza. The pizza will be commercially prepared—not prepared by lodge members.

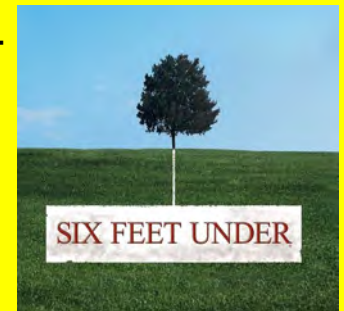
Forehead temperatures will be taken. And please do not attend if you have tested positive for Covid, or been exposed to it, over the previous two weeks.

The building will be open for restroom access, etc. Also, the event will be cancelled in the event of inclement weather.

For information on the meeting itself, see the previous page.



(Measured horizontally, not vertically.)



From our Social Director / Zone 1 Director...

A little bit of news from Norway in case you are planning a trip.

According to the Norwegian Prime Minister, **Erna Solberg**, Norway’s borders are closed with very few exceptions. Despite falling infection numbers across the country, stricter measures are necessary, according to Ms. Solberg. Aside from Norwegian residents returning to the country, only socially critical personnel are exempt.



I talked to my brother in Norway this morning and he stated the permission situations vary somewhat depending on the county, sort of like the situation here. They just took a two hour car ride to get to another county where stores were open so my sister-in-law could buy a pair of shoes. Local grocery stores are open so at least they are not going hungry.

I was so looking forward to a trip to Norway to see my brother and sister, but I guess I have to be patient a little while longer. And talking about patience. I would like to thank all our members who have been keeping up their membership in Sons of Norway during the passed year. I am so looking forward to see you at our upcoming activities, although somewhat restricted, it will be fun to see some familiar faces.

Tove-Lise

(You can also read Tove-Lise Miller’s letter to all of our Zone 1 on the D6 website.-Ed.)

SIDEBARS WITH THE EDITOR...



YOUTH SUMMER CAMPS AND CAMP NORGE NEWS

Memorial Day at Camp Norge 5/29/21 to 5/31/21.

Open! See the flyer elsewhere in this Navigator.

Trollfjell Folkehøgskule 6/27/21 to 7/10/21 \$900 per student

District Six Language and Heritage Program for youth ages 14 to 17 years old who want to learn about their Norwegian heritage, the language, culture, and daily living. Folkehøgskule will run from June 27 through July 10, 2021. Registration fee is \$900 per student. The Folkehøgskule will be limited to 18 students, and there will be several areas of instruction:

- Culinary Arts - students will learn to cook and bake Norwegian style foods.
- Carpentry - the Camp Norge Board of Directors will designate a particular project in which the students will engage as a benefit for the camp in general.
- Håndverk - activities in this area will be Norwegian in nature including rosemaling and nålbinding.
- Norwegian language and cultural instruction. Participation in the Dutch Flat's 4th of July Parade (don't forget to bring your super-soaker). For more information, visit <https://sofn6.org/arv/trollfjellfolkehogskule>.

Camp Trollfjell 7/11/21 to 7/24/21 \$900 per camper

District Six Language and Heritage Camp for youth ages 8 to 13 years old who want to learn about their Norwegian Heritage, the language, culture, and daily living. Camp will run from July 11 through July 24, 2021. The camp focuses on providing campers with a rich social experience that includes camping, hiking, swimming, and Norwegian language skills in a safe, respectful environment. A special feature this year will include a Viking village on the final three days of camp where campers will learn how people lived in the Viking era and participate in some typical crafts of the period, including cooking, natural dyeing, and coin making. It is the intent of the camp director to accept all who apply if adequate staff is available, up to a maximum of 50 campers. For more information, visit <https://sofn6.org/arv/camp-trollfjell>.

Camp Oldfjell 9/18/21 to 9/21/21 \$200 per session; \$100 per ½ session

Camp Oldfjell is Folkehøgskule for Voksne (Folk School for Adults). Camp Oldfjell will be held at our beautiful Camp Norge. Cultural Skills classes will be offered in topics such as: music, literature, hardanger, Vikings, cooking, tablet weaving, folk dancing, rosemaling, and more! Mark your calendar, submit your vacation request, and join us at

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**(SIDEBARS, Continued from page 4)
CAMPS, CONTINUED**

Camp Oldfjell! This price includes classes, lodging, and meals. There will be additional prices for individual class materials which will be payable to the teacher at the time of the class. Camp catalog and registration information will be available no later than June 1, 2021. For updates, visit <https://www.campnorge.org/site/camp-oldfjell>.



**YOUTH SUMMER CAMP
SCHOLARSHIPS**



Roald Amundsen Lodge is once again this year offering **1/2 tuition scholarships** to any youth whose parents, grandparents, great-grandparents, etc, are affiliated with the lodge. See the application form that can be found in last month's Navigator that one can access on the lodge website. At least four have already been applied for.

D6 NOMINATING COMMITTEE

The District 6 Nominating Committee is in place for 2022. Start thinking about who would be a great District Officer for the two-year period beginning in 2022.

The committee is here to help seek out candidates and they will need your help. More information to come. **Our Zone 1 contact for**

this is Donna Gordon of our own Roald Amundsen Lodge, 916-972-8041, donna.gordon@sofn6.org.



*Donna always gets her man,
or woman!*

SYTTENDE MAI!

We are going to meet! In person! See the flyer elsewhere in this Navigator.



FILMS TO STREAM
All have English Subtitles

Hjem til Jul / Home for Christmas – In Netflix's first Norwegian original series, Johanna goes home for Christmas and pretends to have a boyfriend. 2 seasons available.

Unge Lovende / Young and Promising – Three young women in Oslo fumble through life in the city as they navigate adulthood. (Amazon Prime)

Battle – Young dancer Amalie has to ditch her rich girl ways when her father goes bankrupt. She stumbles into a new rhythm when she meets hip hop dancer Mikael. (Netflix)

Atlantic Crossing – Princess Märtha undergoes a personal and political awakening dur-

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SIDEBARS (Continued from page 5)

ing WWII while exiled in the US. (Now showing; 8 episodes total)

Out Stealing Horses – Widower Trond takes a trip down memory lane after a chance encounter. (Amazon Prime)

Hope — Norwegian film featured at the **Toronto Film Festival** and was **Norway's Oscar entry**. Anja (Andrea Bræin Hovig) and Tomas (Stellan Skarsgård), the principals in Maria Sødahl's moving **Hope**, adore their careers in dance and theatre. Their blended family structure is complicated, with two young sons and an adolescent daughter from their own union and two adult children from Tomas' marriage. The acting is reported as “stellar.” Should be available soon, probably on Amazon.



2022 INTERNATIONAL CONVENTION

International President **Ron Stubbings** has announced that the International Board has approved the dates and location for the 2022 Sons of Norway International Convention.



The convention will be held **August 31 - September 1, 2022**. First-time delegates arrive for training on August 30. Delegates will depart September 2.

Here is the information about the venue—be sure and check out their web page.

Omni Viking Lakes Hotel

2611 Nordic Way
Eagan, MN 55121

GIRL IN RED

Marie Ulven, Norwegian

The April 29th *Wall Street Journal* devoted an entire one-half page to a review of this 22 year-old Norwegian “alternative” musician whose debut album is just now coming out. It is said that she appeals to the “Gen Z” population.

(What is Gen Z? Your editor researched it: Members of Gen Z were born between 1995 and 2010, and they are “racially and ethnically diverse, progressive and pro-government” according to data from the Pew Research Center.)

Ms. Ulven was raised in Oslo, started releasing songs in 2015 in Norwegian, but later switched to English. She saw a girl dressed in red in a crowd and was so smitten with her appearance that she has started calling herself that. She sports an attractive nose ring that no doubt is all the rage in Norway, unless of course one has sinus problems. So, now you can impress your children, or more likely your grandchildren, when you tell them you know all about the Girl in Red. You are welcome.



RSVP to Luella Grangaard at
morongo2@verizon.net or call 760-363-
7704. Original is fuzzy sorry.



Camp Norge is Re-Opening This Memorial Weekend! May 29 - 31st, 2021

Come join us at **Camp** for a fun and relaxing holiday weekend and help us celebrate as we re-open for the first time since 2019!

♥ Join us for lunch on Saturday, May 29th from 12:30-2:00pm

Hamburger or Hot Dog, Chips, Potato Salad, Cookie and a Drink for \$5 per person.

Please RSVP (your lunch order) to Luella Grangaard at morongo2@verizon.net
or call 760-363-7704 and leave a message.



The usual amenities
will be available: dorms, camping,
swimming pool, fire pit,
horseshoe pits, hiking trails!



- COVID Precautions will be followed
- RSVP by May 27 will be required
- Please wear a mask and social distance
- Tables will be spaced so family groups can enjoy camp in safety
- Surfaces and rest rooms will be monitored and sanitized for your safety



Call Susan at Camp to reserve a spot
by May 27th: (530)389-2508

Want to learn more about Camp Norge?
Click on ⇒ www.campnorge.org



HIGHLIGHTS OF LODGE BOARD MEETING, APRIL 22, 2021

- We have approval from the Masonic Lodge to have our May General Meeting in the patio on May 11.
- Plans and ideas for the syttende mai celebration were discussed. We are excited to see everyone again but will be practicing Covid safety guidelines and protocols.
- The board approved two more scholarship applications for the summer youth camps at Camp Norge. We are excited that there are young people interested in Norwegian culture!
- District 6 will be meeting May 7. We hope to learn more about Camp Norge's summer events.
- Amundsen Book Club is meeting tomorrow via Zoom to discuss their latest book, "Norske Fields" by Anne Schroeder, a story of a southern California Norwegian colony.
- Our next board meeting will be May 20, 2021.

Respectfully submitted, **Arlene Kozub**, Secretary

(Editor's note: There were no Lowlights to report...)



FROM OUR INSURANCE PROFESSIONAL:

Ønsker Norway a Glad Syttende Mai, May 17th! We have 400 hundred lodges throughout the USA. What an accomplishment. Sons of Norway was organized in the USA by our ancestors who wanted to protect themselves if they were to die. *(Editor's note – as far as we know, they all did.)* They couldn't get insurance here when first came over, and hence SON was formed 126 years ago.



Sons of Norway staff over the last five years have been working hard to provide members with additional life insurance products. Our annuities are extremely competitive with others in the industry. You will never lose your investment which as we get older is extremely important because you can't go out and work again. You also have access to your money if you need it.

Like everyone during this Coronavirus pandemic I am working from home and with technology we are now doing over the phone applications. For a lot of our products you don't have to have a paramedic come to your home. You can reach me on my cell number 530-263-6565. I would love to show you how our new products can benefit you. If you previously have been turned down for Life Insurance, we now have a product to insure you as well. Give me a call I would love to help you. . **Adrienne Lincoln**, LN#0F63907, 10790 Pittsburgh Road, Nevada City, CA 95959, alincoln2048@comcast.net.