

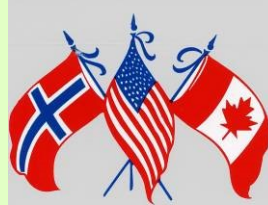
THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
July/August, 2019 (Summer Edition)

Editor: Stephen Rosenthal

rosen@winfirst.com

Occasional Contributor: Dick Tracysen

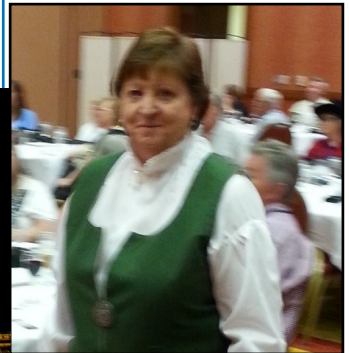


INSIDE: SIGN UP FOR SUMMER PICNIC NOW!

CELEBRATE OUR INDEPENDENCE DAY!



**PRESIDENT DONNA'S
COLUMN WILL RE-
SUME NEXT ISSUE.**



CEO EIVIND HEIBERG SUPPORTS "VIKING" WWII MEMORIAL



Sons of Norway CEO Eivind Heiberg, acting in his dual capacity as Honorary Consulate General for the Kingdom of Norway, made an appearance at Fort Snelling in Minneapolis on May 21, 2019, in support of an effort to memorialize the 99th Infantry Battalion, an elite unit of Norwegian-speaking soldiers who fought for the U.S. Army in World War II.

Nicknamed "The Viking Battalion," 99th Infantry Battalion consisted of 1,001 original members, roughly half of whom were Minnesotans—and all of whom were of Norwegian descent. Along with Norwegian ancestry and language skills, skiing abilities were required for inclusion in the special unit, which was tasked with infiltrating occupied Norway to execute sabotage missions and weaken German hold.

The 99th Infantry was activated at Fort Ripley, Minnesota, in 1942, and many members later trained at Fort Snelling. To date, 76 members of the 99th Infantry have been buried at Fort Snelling National Cemetery.

THE MISSION OF SONS OF NORWAY is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

LODGE SUMMER PICNIC!



When: SUNDAY, JULY 21st, beginning at about 2:00 pm, until about 6:00 pm (?).

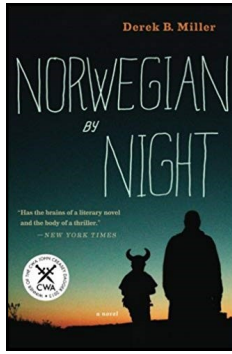
Where: HOME OF STEPHEN (LODGE MEMBER) AND CELIA ROSENTHAL AND ADJACENT GLANCY OAKS PARK, 2051 Gunn Road, Carmichael.

For the young and young at heart: Swimming (largest splash contest?) troll hunting, croquet, playground equipment in park adjacent to backyard. Teenagers—there are basketball hoops—bring own ball!

Featuring: Picnic, visiting adjacent to Redwood grove. Lodge will provide grilled hot dogs, hamburgers, plates, cups, napkins, plastic cutlery, ice, soft drinks, condiments, dessert, adult beverage starter kit, etc. Meat coming off grill at about 4 pm ±. Please plan to bring family members, guests, etc. The more the merrier! There will be no cost for this event. Potluck side dishes will be welcome. Bring your own adult beverages.

Coming? So that we know about how many are coming, please send an email to tovelise@aol.com in this approximate format: “Picnic. Tracysen. 4” (meaning 4 persons over age of 3, last name of Tracysen) If you cannot email, call 916/364-8704.

WE HOPE TO SEE YOU!



INAUGURAL MEETING: **ROALD AMUNDSEN LODGE** **BOOK CLUB!**

WHEN/WHERE: Monday, September 9, from 1:30 PM to 2:30 PM, Arden-Dimick Library Conference Room, 891 Watt Avenue, Sacramento. (SWC Watt and Northrup, about 4 blocks north of Fair Oaks Blvd.)

OBJECTIVE: The book club would be focused on Norwegian literature, consistent with the requirements of the Sons of Norway Cultural Skills Program, Unit 2, Literature. The idea would be to select books from the categories recommended in the Program so that participants could earn their Level 1, 2, and 3 pins as they participate in the reading, group discussions, and activities specified in the Program guide.

MORE INFO: Member Noelle Buer is organizing the club. Those who are interested should let Noelle know by email at speedynoelle@gmail.com. To get things started she has reviewed possible books for the first selection, taking into account availability and cost of the books, subject matter interest, and level of difficulty. The list would of course be revised and updated to reflect the interests of the group members. Here is the proposed initial selection of titles:

- 1) **Norwegian by Night, by Derek Miller**
- 2) **Snowman, by Jo Nesbo:**
- 3) **Kristin Lavransdatter I Vol.I: The Wreath, by Sigrid Undset**
- 4) **Ordeal: A William Wisting Mystery, by Jorn Lier Horst**
- 5) **Popular Tales from the Norse, by Sir George Webbe Dasent**

Noelle suggests that those interested read the first book on the list, **Norwegian by Night**, prior the first meeting, so that we can discuss it. She reports: "I very much enjoyed reading this book though it defies characterization. It is a thriller, an adventure story, a philosophical treatise on war, a road trip novel, and a respectful, if humorous tip of the hat to the senior generation. The book will spark a good discussion, and hopefully fire up our book club." The book is available from Amazon for \$8.50± (Amazon book prices seem to vary almost daily) and is also available in the Sacramento County Public Library.

JOIN US AT THE BOOK CLUB MEETING!



NORWEGIAN COLLEGE STUDENT BREAKS NICKLAUS' SCORING RECORD FOR AN AMATEUR IN THE US OPEN!

Viktor Hovland, who won the 2018 U.S. Amateur Championship at Pebble Beach (Calif.) Golf Links, once again made history at Pebble Beach, breaking **Jack Nicklaus'** scoring record for an amateur in the U.S. Open over the June 15th weekend. A 4-under-par 67 in the final round of the 2019 U.S. Open put Hovland at 280 over 72 holes, breaking Nicklaus' 1960 mark by two strokes.

Hovland plays college golf for Oklahoma State, and began his U.S. college career in September 2016 after a glittering junior career. The Oslo native nearly began college life as European Amateur champion. Hovland compiled a 16-under-par 272 total, including a third round, course record 63 at Estonian Golf & Country Club to tie for the lead with Italy's Luca Cianchetti. It took seven holes to separate the pair, with Hovland coming up just short. He then represented Norway in the World Amateur Team Championship, where he placed seventh. In 2015 he won the Norwegian International Trophy.



Reportedly he is now turning pro.

SYTTENDE MAI RECENTLY CELEBRATED AT THE LODGE

Thanks to everyone that attended our Syttende Mai celebration at the lodge this past May 14th. At least 22 members and guests enjoyed a nice evening with *Norwegian Pea Soup a la Tove-Lise* and *Karrot Kake de Donna* for dessert.



The tables looked lovely decorated in red white and blue. A little culture was shared with a film from the internet showing how Norwegians celebrate the constitution day, and how the Norwegian high school graduates have fun ("Russ") at the end of the school year. Thank you to Donna Gordon, Mike Gordon, LaRena Hannon, Steve Rosenthal and Tove-Lise Miller for putting it all together.

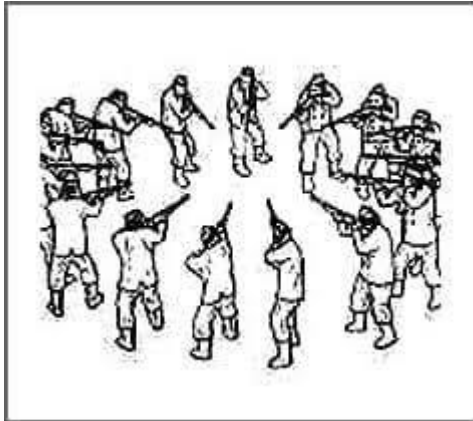
Lodge member Carol Francis celebrating Syttende Mai in Norway.



"Potager" Tove-Lise Miller with the soup, and wearing her high school "Russ" cap.

SIDEBARS WITH THE EDITOR...

NEW MEMBER INITIATIONS



We regret that in our last issue we omitted the names of **Linda Anderson and Judy Hales** as members recently initiated.

Both of these members have been very participatory in our lodge events.

Illustration of initiation ceremonies from Procedures Manual.



“Please join! I need the money.”

LODGE FACEBOOK PAGE



Please join our Facebook page. Open your Facebook account and put “Sons of Norway Sacramento” in the search bar. When you open our page, click on the “like” button and be a follower! Also, encourage your family and friends to join! Many exciting features of Norway and our lodge are posted on this site for you to enjoy. We have hundreds of visits to our page every month. Call Arlene if you need help. 916-771-0183—**Arlene Kozub**. (*Editor’s Note—Arlene is doing a terrific job with our FB page!*)

(Continued on page 6)

IN MEMORIAM



Long time lodge member **Ruth Amen** passed away on Oct. 9th, 2018 in Woodland, surrounded by family and friends, just a few weeks before her 82nd birthday. She was born on Oct. 26, 1936 in North Dakota, but spent most of her life in Yolo County. She also was a member of the American Lutheran Church.

She worked as the Assistant to the Yolo County Administrator for over 20 years. She was most known for her tireless and dedicated volunteer work at The Wayfarer (Forth and Hope) and especially at the American Lutheran Church. She was preceded in death by her husband of 47 years, Hugh Amen, and her parents, Steve and Ella Karlstad. She is survived by her daughters, Stephanie Amen (Bob Ehrke) and Brenda (Tom) Moreland; grandchildren, great grandchildren, Celeste and Peyton Medina, and Ella Moreland; two sisters, a brother, and many others. Wayne Karlstad of Elk Grove; many cousins, nieces and nephews. A memorial was held last November at the American Lutheran Church, 1114 College St., Woodland.

The lodge membership offers its tardy condolences to the family. – *Information mostly from funeral home website.*

(**SIDEBARS**, Continued from page 5)

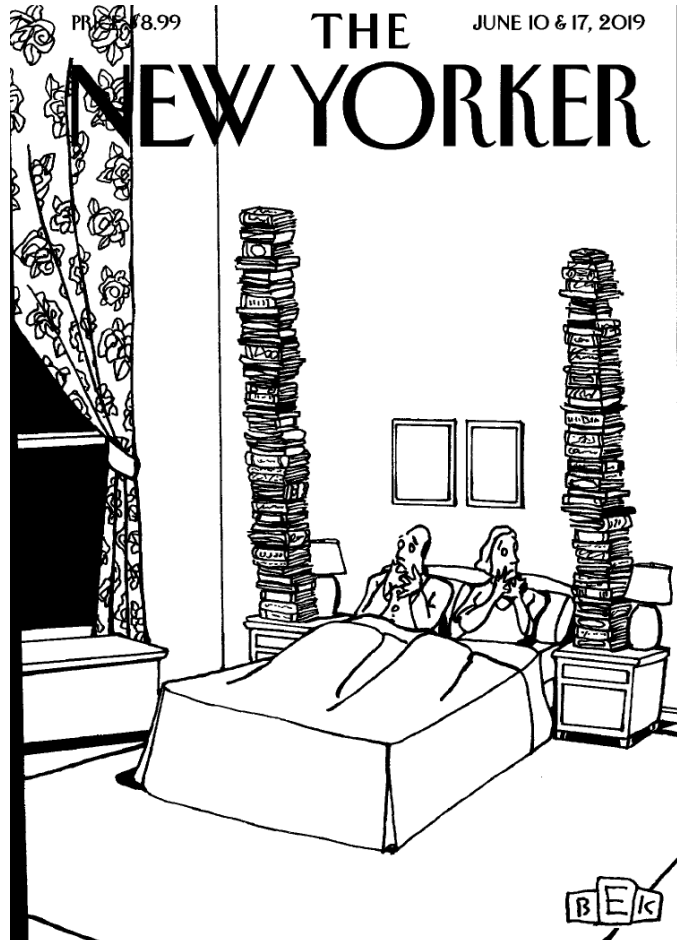
LODGE WILL LAUNCH A SCANDINAVIAN—ORIENTED BOOK CLUB!

Please review the flyer in this Navigator for this exciting new project! Member Noelle Beur is organizing it, and she has picked some interesting books to kick it off. Your editor has purchased the first one, Norwegian by Night, and it appears to be an intriguing story. Last year, while still a Bay area resident she joined the Snorre Lodge Book Club and received the Literature Part 1 Pin. See photo. And see you at the inaugural meeting!



Noelle being awarded her previous pin.

“Maybe we should have joined the Roald Amundsen Club instead — they have only four books on their list.”



NOTE: NO AUGUST NAVIGATOR, AND PRINTED COPY MAYBE HAS FEWER PAGES

It is unlikely that we will print an August Navigator, but hopefully the September issue will be published early. If you receive only the printed copy of this Navigator, please be aware that it may have fewer pages than the on-line version due to publishing constraints.

WELCOME NEW MEMBER

We welcome new member **Alex R. Hamilton** of Roseville, who joined in May. Perhaps you can make it to the summer picnic, Alex?

(Continued on page 7)

(SIDEBARS. Continued from page 6)

CAMP NORGE 60TH ANNIVERSARY!



Join the celebration of Camp Norge's 60th Anniversary!

Help us celebrate Camp Norge's sixty years in the Sierras during Kretstevne Weekend—August 31, through September 2, 2019. The celebration will be highlighted by a banquet on Saturday, Aug. 31st. Rooms will go fast. So be sure to reserve your room or RV site early. Call the camp to reserve accommodations at (530) 389-2508. The Camp Board will transform Heritage Hall for the special banquet, which will include a delicious menu, fun entertainment and other surprises. Seating is limited. More details and ticket sales will be announced soon. There is a rumor that part of the entertainment will include a dunk tank featuring Fred Hymans as the "dunkee." Dunk tickets will not be cheap, but should sell well nevertheless. Direct your questions to fred.hymans@campnorge.org.

EDITOR GOES TO ANTIQUE ROADSHOW

Back in May your editor managed to get a ticket to an Antique Roadshow and filming held here in Sacramento. There were several thousand eager displayers of really valuable antiques to unqualified junk there.

The event was held on the grounds and buildings of the Crocker Museum. Many of the experts that you see on the TV program were there.

Your editor took a poster from the 1920s or earlier that advertised his grandfather's company, the Rosenthal Cornhusker Company of West Allis, Wisconsin. The always wildly dressed poster appraiser **Nick Lawry** valued it—at \$800 to \$1200! (It goes back up on the wall.) Great fun—especially if you are a fan of the Roadshow!



MEMBER EMAIL LIST UPDATED

Our list of member emails was recently audited and updated. Every member email address that have (i.e., members over the age of 18 sometime this year) should receive CHIMP system notifications with a copy of the Navigator, each time it is published. With a very few requested exceptions, those households will not receive black and white mailed copies of the Navigator. The mailed copy is sometimes abbreviated.



Save the Date Language and Heritage Camps!



Camp Folkehøgskule (ages 14-17)

23 June-6 July 2019

Camp Trollfjell (ages 8-13)

7-20 July 2019



Registration opens January 2019!

Visit our website:

<https://arv.sofn6.org/>

Our Facebook page:

<https://www.facebook.com/groups/Trollfjell/>

A WORD FROM OUR FINANCIAL BENEFITS COUNSELOR...

The Financial Consequences of Dying...

The expenses and loss of income associated with premature death are the main reason for buying life insurance as well as the major factor in determining the overall need for life insurance.

Premature death can be defined as the death of a working person with outstanding or unfulfilled financial obligations, such as family members to support, children to educate, and a mortgage to pay off. The cost of premature death includes the loss of income to the family, additional family expenses, possible decline in the family's standard of living, and non-economic costs, such as grief and the loss of a role model for the children.

The ownership of life insurance is economically justified for a family member who earns an income that others are dependent on for part or all of their financial support. The financial impact of premature death is not uniform for all families and varies depending on the family structure. When premature death occurs, the family's share of the deceased person's future earnings is lost forever. I would be happy to give you a financial review; give me a call 530-263-6565 or 530-470-6070.

Thank you,
Adrienne Lincoln

Adrienne Lincoln Insurance Services
Sons of Norway Financial Benefits Counselor
 10771 Pittsburg Rd., Nevada City, Ca. 95959
 E: alincn2048@comcast.net
 License # OF63907



ALL YOU NEED TO KNOW ABOUT ... 2019 CAMP OLDFJELL

WHO? "CAMP" FOR THE "OLD FOLKS" IN DISTRICT SIX
WHAT? FUN ... FOOD ... FELLOWSHIP ... CLASSES
 EARN NORWEGIAN CULTURAL PINS
WHEN? THURSDAY/FRIDAY/SATURDAY/SUNDAY,
 SEPTEMBER 10-15, 2019
WHERE? CAMP NORGE, ALTA, CA
WHY? WHY NOT? CAMP NORGE IS FOR EVERYONE!
 NOT JUST FOR KIDS!
HOW? REGISTRATION FORMS AND CLASS INFORMATION
 CAN BE FOUND ON THE DISTRICT WEBSITE
www.sonf6.org PLEASE CHECK THE WEBSITE OF-
 TEN, AS MORE SPECIFIC INFORMATION WILL BE ADDED AS WE GET CLOSER
 TO THE ACTUAL CAMP DATES.



CLASSES (with teachers, as of April 1, 2019):
 TABLET WEAVING (morning class - 4 spaces remaining)
 ROSEMALING (morning class - 6 spaces remaining)
 HARDANGER (afternoon class - 6 spaces remaining)
 VIKING APRON (Thursday and Friday all day, only, - 6 spaces remaining)
 DANCE (after dinner - 15 spaces remaining)
 COOKING (2 instructors will lead cooking Norwegian food for camp meals)
 MUSIC (afternoon class)
 LITERATURE (afternoon class - see December's Cultural Newsletter for book selections)
CLASSES (still needing teachers, as of April 1, 2019)
 WOODCARVING
 VIKING WIRE KNITTING

As you can see, there will be 10 classes offered. Each class will have a limit of 8 students. If there are more than 8 people signed up for any one class, then I will try to schedule a second session.

▶ Viking Apron students will need to bring their own sewing machine and a basic sewing kit. There will be a \$50.00 material fee which will cover the fabric and pattern for the apron. Color selections for the fabric will be posted on the District Six website soon. Please make your color choice when you send in your reservation along with your material fee. Please pay for the material fee separately, (from the registration fee).

I look forward to meeting all of you, and having a great time at Camp Oldfjell!
 Judy Immel, Cultural Director



Camp Oldfjell

Folkehøgskule for Voksne

New in 2019, Camp Oldfjell, Folkehøgskule for Voksne (Folk School for Adults),

Camp Oldfjell will be held at our beautiful Camp Norge starting Tuesday, September 10th through Sunday, September 15th. Cultural Skills classes will be offered in topics such as:

- Music
 - Literature
 - Hardanger
 - Vikings
 - Cooking
 - Tablet Weaving
 - Folk Dancing
 - Rosemaling
- and more! Mark your calendar, submit your vacation request & join us for our first ever Camp Oldfjell!



Save the dates:
September
10 ~ 15
2019



CAMP OLDFJELL

FOLKEHØGSKULE FOR VOKSNE
REGISTRATION FORM
September 10 - 15, 2019

Sept. 10 -15, 2019 full program: Price: \$300.00
Sept. 10 -12, 2019 half program: Price \$150.00
Sept. 12 -15, 2019 half program: Price \$150.00

Lodging: \$16.20 per bed per night for Sons of Norway members
\$27.00 per bed per night for non Sons of Norway members

Tent Camping: \$17.00 per night for 4 persons for Sons of Norway members
\$22.00 per night for 4 persons for non Sons of Norway members

RV Camping: \$27.00 per night for 4 persons for Sons of Norway members
\$37.00 per night for 4 persons for non Sons of Norway members

Name: _____
Address: _____
Phone #: _____

Sons of Norway Lodge: _____

Classes: (class size limited to 10 per class except for music, dancing & cooking)

Rosemaling _____ Hardanger _____
Tablet/Card Weaving _____ Carving _____
Viking Apron _____ Viking Knitting _____
Literature _____ Cooking _____
Music _____ Dancing _____

Class material fees will be paid directly to the teacher and will depend upon material costs.

Mail form to: Judy Immel, Cultural Director
9331 Shannon Ave.
Garden Grove, CA 92841

Registration and 1/2 half of registration fee is due no later than March 1, 2019
One registration form per individual please. Questions? culturaldirector@sofn6.org



NORTHERN CALIFORNIA KRETSSTEVNE (NCK)

Labor Day Weekend—

Saturday, August 31- Monday, September 2, 2019

Join us for the weekend to celebrate our 60th Anniversary as Camp Norge. Come for the entire weekend or just for part of the weekend. The Saturday Night Dinner/60th Anniversary Celebration will be one not to be missed!

- ⇒ **Enjoy cooking classes, kids' games, Saturday night Karaoke, horseshoe tournament, Wine Tasting and fellowship**
- ⇒ **Norwegian Frokost, Pølse med Lompe, Tri-tip dinner and much more good food in the Heritage Hall**
- ⇒ **Take a hike, visit Dutch Flat, go for a swim, play some bocce ball or Kubbb**



Support your Camp and have a lot of fun doing it!!!

Mail this form and a check for the meals, made out to D6 Sons of Norway to:
Bruce Fihe, NCK Registrar, 2485 Felt Street, #57, Santa Cruz, CA 95062

Name(s) _____ Lodge Name &# _____

Children _____ Ages _____

Phone (____) _____ Email _____

Saturday Breakfast	Adult(s)@ \$5.00 each	\$ _____	Children under 12 @\$2.50	\$ _____
Saturday Lunch	Adult(s)@ \$6.00 each	\$ _____	Children under 12 @\$3.00	\$ _____
Saturday Dinner	Adult(s) @\$30.00 each	\$ _____	Children under 12 @\$10.00	\$ _____
Sunday Frokost	Adult(s) @\$8.00 each	\$ _____	Children under 12@\$4.00	\$ _____
Sunday Dinner	Adult(s) @\$8.00each	\$ _____	Children under 12@\$4.00	\$ _____
Monday Breakfast	Adult(s) @\$3.00each	\$ _____	Children under 12@\$1.50	\$ _____
	Kretsstevne Piin.....# of pins@2.00	\$ _____		

You can buy individual meals, if you wish or.....

Total Weekend Package.....Adult(s) _____ \$60.00 -\$ _____ Children _____ X\$25.00-\$ _____
(includes the pin) **Total Enclosed \$ _____**



PRE-REGISTRATION of meals is imperative in order to purchase and prepare the correct amount of food!
The Meal Registration Deadline is August 24, 2019!

To reserve a room call Susan at (530) 389-2508— Check out all Camp accommodations : www.campnorge.org



2019 CALENDAR EVENTS **ROALD AMUNDSEN LODGE**

(As of 6/20/2019)



June/July/August	NO MEETINGS
Sunday, 21 July	SUMMER PICNIC (See flyer.)
Sunday, 8 September	BBQ Afternoon. Youth Camper Demonstrations, etc. (No other September meeting.)
Tuesday, 8 October	Monthly meeting with Cultural Program 7 pm
Saturday 12 October	Lutefisk Dinner
Tuesday 12 November	Monthly meeting with Cultural Program 7 pm
Saturday 16 November	Vikingsfest
Saturday 14 December	Julebord
December, Date TBD	Family Christmas Party (Date and Venue to be announced.)

All events at the Harding San Juan Masonic Lodge, Citrus Heights, unless otherwise indicated.
Schedule always subject to change. Changes will be announced in **The Navigator**.

NORWAY WOMEN'S NATIONAL FOOTBALL TEAM **IN WORLD CUP QUARTER-FINALS!**

This past Saturday the Norway (population 5M) Women's Football (Soccer) Team beat Australia (population 25M) in a thrilling shoot-out to advance to a quarter-final matchup with England to take place June 27th. The World Cup matches are being played in France.

The US team is also still in it, and will play France on Friday, June 28th.

