

# THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48  
Sons of Norway, Sacramento, California  
January / February, 2019

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HERE COMES 2019, READY OR NOT!

## A NEW YEAR GREETING FROM PRESIDENT DONNA GORDON

Hilsener,

Happy New Year! 2018 was a very busy year that went by quickly. We ended the year with two very successful events. Thanks to **Carol Francis** and her crew for a lovely Jule-

bord. **Tove-Lise Miller** prepared a delicious traditional Norwegian Christmas dinner enjoyed by over eighty guests. **LaRena Hannon** organized the Santa Lucia ceremony which is always fun. The lodge now has a skilled musician within its midst in the person of **Lars Gjerde**, and he and his husband **Scott Perkins** provided beautiful music for us. They are both very talented and it was a wonderful addition to our dinner.

We also had a great turnout for the Family Christmas Party. **Kristy Updegraff** arranged for a perfect venue. **Miguel and Candace Morales** planned several fun activities for the children. **David Bailey** did a great job making sure Santa made an appearance. It is always nice to see so many children of the lodge with parents and grandparents. Also we enjoyed an abundance of delicious cookies at both events. Norwegian cookies always make Christmas special.

We began 2019 with the January 13th Installation of Officers, complimented with a potluck luncheon and lodge-provided ham. Take **note that this was our regular monthly meeting and there are no further meetings in January.** We also are planning some special events for 2019 including Roald Amundsen Sons of Norway 90<sup>th</sup> Anniversary celebration. Please watch the Navigator for more information on all events. Hope to see you at our next meeting on February 14th — **Donna**



***THE MISSION OF SONS OF NORWAY is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.***

## SIDEBARS WITH THE EDITOR...



## BOARD PLANNING 90th BIRTHDAY PARTY! SAVE THE DATE— APRIL 7th!



No, this party is not for your editor, regardless of how he looks. Rather, it is for our Roald Amundsen Lodge, which will be 90 years old next year. The date is Sunday afternoon April 7<sup>th</sup>, and the venue will be the Elks Lodge in Carmichael. Many folks from other lodges will be invited, and 2019 member anniversaries will be recognized. **See the flyer to sign up!**

## 2019 OFFICER INSTALLATION

At the November meeting the lodge elected officers for 2019, and they were duly installed on Sunday, January 13th. See photos and a complete list of 2019 officers elsewhere in this Navigator.

There are other positions that should be filled and if someone is interested in one of them, please contact **President Donna**. Some of the vacant positions include Librarian, Second Greeter, and Sports Director.



*Beautiful Installation cake prepared by President Donna, Donna, Installation Officer Tove-Lise. Marshals Pat Harriman and Ann Sandner, Auditor Susan Lemon.*

*(Continued on page 3)*

*(SIDEBARS, Continued from page 2)*  
**2019 OFFICER INSTALLATION (continued)**



*Foundation Director Mike Gordon and just elected Vice President Norm Hales.*

*Continuing Treasurer David*



*Bailey.*



**KNORWEGIAN KNITTERS**



Are you a knitter? Of Norwegian sweaters, perhaps? You ought to check out the web site of Arne & Carlos: Scandinavians **Arne Nerjordet** and **Carlos Zachrison** are highly regarded designers, textile artists and authors. They are best known for their original, colorful and visually striking designs as well as their craft books. Their work is highly influenced by their Scandinavian background and their everyday life in rural Norway. They work under their artist name **ARNE & CARLOS**, which they established in 2002. Go to <https://arnecarlos.com/about/>.

**NORWEGIAN ATHLETES SHINE**



Norwegian athletes are excelling. On December 3<sup>rd</sup> **Ada Hegerberg** of Sunndal, Norway was awarded the Ballon d'Or at the Grand Palais in Paris. As such, she was recognized as the best women's soccer player in the world during 2018!

And on December 15<sup>th</sup>, Norway's **Aleksander Aamodt Kilde**, by a large margin, won the World Cup downhill ski event at Selva di Val Gardena, Italy.



(Continued from page 3)

## ROALD AMUNDSEN LODGE MEETS 2018 RECRUITMENT GOAL!



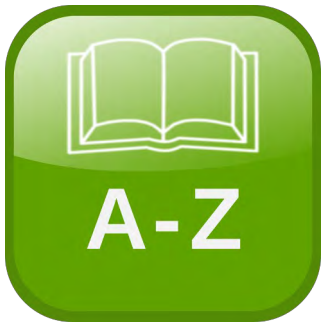
**Linda Pederson**, Fraternal Director of Sons of Norway, has recently reported to us that our lodge **exceeded its 2018 recruitment goal**. Our lodge target was 19 new members, and we actually added 28! The lodge will receive a \$100 cash card and a certificate of recognition. (Last year we also received a cash card which we donated to our aid to homeless high school students efforts.) Now, the lodge must redouble its efforts to provide meaningful activities and programs to make membership worthwhile for all!

## CAMP NORGE 60TH ANIVERSARY THIS YEAR!

To celebrate this anniversary, the camp officers and District 6 are planning a Grand Banquet on Saturday, August 31st, and so mark your calendars. This will be during the normal fall Kretstteve weekend.



## 2019 LODGE DIRECTORY



We are distributing the 2019 lodge directory to all lodge member *households* (not to all individual members) with a black and white copy of this newsletter. The directory is as current as we could make it as of January 19, 2019. We hope you like this new format.

We can't know about all errors—please inform us! We do not like to perpetuate past errors, and we know from your feedback that you don't like it, either.

By the way, in response to complaints varying from the casual comment to riots in the streets, we are presenting a different format this year.

## ADDITIONAL SCHOLARSHIP INFORMATION

Our District Six Headquarters offers at least one \$1,000 scholarship every year for a student between the ages of 16 and 23. This scholarship is available for students attending an accredited post-secondary school or training institution. The application deadline for this scholarship is **May 1, 2019**.

The District also offers a \$1000 scholarship to the Concordia Skogfjorden Language Camp. The deadline for this scholarship is **April 14, 2019**.

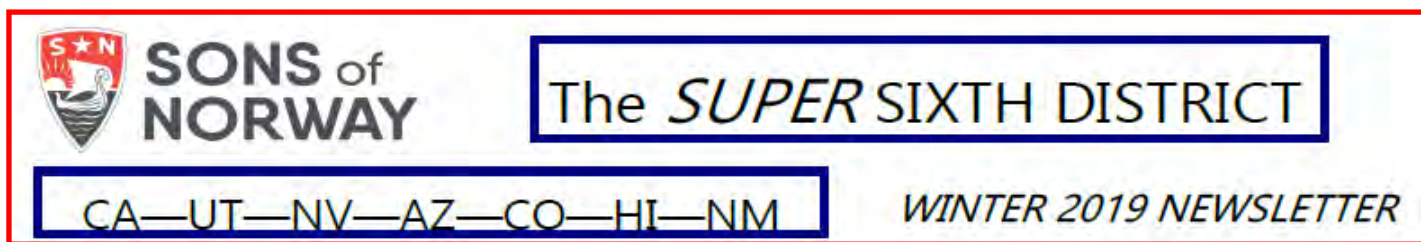
Applications are available on the District Six website at [www.sofn6.org](http://www.sofn6.org)



(Continued on page 5)

(*SIDEBARS, Continued from page 4*)

## DISTRICT SIX NEWSLETTER AVAILABLE ON LINE



As most members know, Roald Amundsen Lodge is governed within a Sons of Norway Regional District—District 6. And within that district we are a member of a zone - Zone One, consisting of other lodges in our immediate geographical area. The officers of District 6 have published their Winter, 2019 newsletter, which can be accessed at the District 6 website: <https://sofn6.org/wp-content/uploads/2019/01/sofn6-2019-01-newsletter.pdf>. It contains much good information and we recommend your reviewing it.

## MEMBERSHIP LONGEVITY PINS TO BE AWARDED IN 2019



What was happening in 1944, 75 years ago, when one of our members listed below joined Sons of Norway? Of course, the country was still at war. Norway was still occupied. “Rosie the Riveter” was still in the factory.

Each year the lodge recognizes those who have been members of Sons of Norway for 20 or more years, in 5-year increments. In other words, in 2019 we award pins for those who will have been members for 20 years, 25 years, 30 years, etc., and up through 75 years (!) at some point during the year. The pins will be awarded at our upcoming Anniversary Banquet on April 7<sup>th</sup>, for those awardees in attendance. Others will receive their pins at a suitable event during the

year.

The awardees:

**20 years – Linda Berge Stone; 25 years – JoAnn Fedje; 30 years – Jeanne Lemkuil and Robert Stedjee; 35 years – Loren Schilder and Linda Thon-Kiger; 50 years – Dr. Roy Imbsen, Raymond Miller, Tove-Lise Miller; 70 years – Knute Blodger (congratulations, Knute!); and 75 years – Grace Sandstad (and congratulations to you too, Grace!).**

**If there is any lodge member who feels we have overlooked him or her, please contact the editor so that we can verify (email contact preferred).**

*(Photo: Ike talking to the troops on D-Day, June 6, 1944.)*

## NOTE: PRINTED NAVIGATOR HAS FEWER PAGES

If you receive only the printed copy of this Navigator, please be aware that it has two fewer pages than the on-line version due to publishing constraints. One of the omitted pages is the sign-up for the Rosemaling Seminar.

# JULEBORD—BRAVO ZULO!

## A REPORT FROM THE CHAIRPERSON -

Roald Amundsen Lodge started the holiday season with a rousing Julebord on Saturday December 1st at the San Juan Masonic Lodge. We had over 80 members and guests enjoying the Norwegian Christmas foods and the spirited Christmas Carol singing. A special treat was the music by **Lars Gjerde and Scott Perkins**, including a beautiful Swedish and English solo of "O, Holy Night."

Helpers included **Tove-Lise, Terje, Kai, and Nicole Miller, Carol Lee Solheim, Donna and Mike Gordon, Joe and LaRena Hannon, Kirsten and Katrina Wyatt, Stephen Rosenthal, Ann Sandner, Eric and Koll Malme, Mary Yip, Stephanie Dahl, Lyla Hanson, and Linda Erickson Anderson, and Lars Gjerde.** Clean-up went quickly with additional help from **Norman and Judy Hales, Candyce and Miguel Morales, Ramona Swafford, Wynn, Karen, and Tyler Anderson, Dane, Nora, Lianna, and Melinda Anderson, Peter Nowell, Scott Wakesdal, and numerous members of Lois MacNeil's party,** in addition to the people previously mentioned. And apologies to any names missed. Our financial benefits counselor **Adrienne Lincoln** had a drawing for some lovely raffle items, and we picked numbers for some nice door prizes.

Of special significance for our future lodge were the large and active group of little ones enjoying being part of the Santa Lucia procession, running around playing with each other, and enjoyed the good food! One little guy particularly loved the green beans! This was our largest Julebord in a number of years, and as one Board member commented, the music really made the evening zing. Thanks to all, participants and helpers.

*Carol Francis, chairperson* →

## JULEBORD THANKS EXPRESSED

Dear Roald Amundsen Lodge members,

After a successful Julebord and Children's Christmas party it has been nice to have a couple of weeks off to recover from Sons of Norway activities, but now the New Year is here and our first activity, the Installation of Officers, is already past (on January 13th).

The Julebord was very well attended, and as a matter of fact we had to cut off at about 80 people. **Carol Francis** was the chairperson for the dinner, but as you know it takes a lot of people to complete a dinner like that. It starts with making a flier and taking reservations, making decorations, shopping, setting up the venue, cooking food, serving food, cleaning up the venue at the end of the evening.

Thank you to **Steve, Carol Lee, Linda, LaRena, Donna, Lyla, Carol, Terje, Eric, Stephanie, Ann, Lars, Scott, Tove-Lise, Kirsten, Katrina, Kai, Nicole, Mike** and everyone that cleaned off the tables, vacuumed and put the tables and chairs away. I don't know who they all were.

A special thank you to our president **Donna Gordon** for her leadership and concern for all our activities. She always picks up the slack if other people don't follow through. She has volunteered to be the president for another year. Please be kind and support her and Roald Amundsen Lodge.

*Your Secretary, Tove-Lise Miller*



## JULEBORD PHOTOS



*Lodge member and professional musician Lars Gjerde with FBC and Zone 1 Director Adrienne Lincoln and Carol Uff-Da, manager of the Julebord. Lars with Scott Perkins, Professor of Music at Sac State; together they provided beautiful holiday music for the event. Members Judy and Norm Hales. A couple of our Santa Lucia angels.*



# JULEBORD PHOTOS



← *A ubiquitous phone*



# FAMILY CHRISTMAS PARTY PHOTOS

(Held December 16th at the very accommodating Friends Meeting House.)







## Save the Date Language and Heritage Camps!



*Camp Folkehøgskule (ages 14-17)*

23 June-6 July 2019

*Camp Trollfjell (ages 8-13)*

7-20 July 2019



Registration opens January 2019!

Visit our website:

<https://arv.sofn6.org/>

Our Facebook page:

<https://www.facebook.com/groups/Trollfjell/>

## A WORD FROM OUR FINANCIAL BENEFITS COUNSELOR...

Happy New Year everyone and hope you had safe and fun holidays with your loved ones and your extended families. This year I am going to start off with a discussion of our financial products, as we have several that can address your needs. First, be aware that our annuity products have been improved in that now on the anniversary date your interest rate increases if the annuity fund interest rate has increased; few or no other companies offer this anniversary date adjustment. This is wonderful news!

Also, we now have life insurance that will help you if you have been turned down before and normally do not qualify for life coverage. The product is called Guaranteed Issued Life Insurance and you can get it in the minimum face amount of \$25,000.

Give me a call and I can go over some of the other products we have this year and/or attend our Membership Seminar at Snowshoe Thompson Lodge on the 2<sup>nd</sup> of February and you can hear about how Sons of Norway is growing and about the assistance that is available to help lodges grow.

Wishing Everyone a Happy New Year 2019.

Adrienne Lincoln

530-263-6565.

**Adrienne Lincoln Insurance Services**  
**Sons of Norway Financial Benefits Counselor**  
 10771 Pittsburg Rd., Nevada City, Ca. 95959  
 P: 530-272-1164; F: 530-272-1166  
 E: [alincoln2048@comcast.net](mailto:alincoln2048@comcast.net)  
 License # OF63907





**Member Seminar 2019**

**District Six, Zone 1**

**Saturday, February 2<sup>nd</sup>, 2019**

**10:00am Coffee/Social 10:30-3:00PM Workshop**

**Snowshoe Thompson Lodge**

**Faith Lutheran Church**

**1000 D Street**

**Marysville, Ca. 95901**

**President: Kathleen Leeder**

**RSVP: 530-741-9369 or [kjpynlee@gmail.com](mailto:kjpynlee@gmail.com)**

**Or**

**District Six Zone Director: Adrienne Lincoln**

**530-272-1164 or [alincoln2048@comcast.net](mailto:alincoln2048@comcast.net) All Lodge Members are invited to the workshop.**

**This Year's seminar is titled: Growing to 2020 Your Sons of Norway 2019".**

**This seminar will cover: Sons of Norway structure and resources, team building to be an effective lodge member and tools to become a successful lodge. How to Grow your Lodge, Information about Camp Norge and Sons of Norway new Financial Products they offer the members.**

**Lunch will be served**

**Please RSVP to Kathleen Leeder 530-741-9369**



**SONS of  
NORWAY**



# We Need You!

Join us at Camp Norge for the next Work Party Weekend.

**Saturday and Sunday, March 30/31, 2019.**

We are inviting hard working\* volunteers for a fun weekend of teamwork to help get our buildings and grounds ready for a busy summer season.

Projects include: landscaping, light painting, window washing, light repair work, kitchen cleanup, dusting, raking and sweeping, etc.

Even better, meals and lodging are **FREE!**

Lunch & Dinner on Saturday and Breakfast on Sunday are provided for all volunteers.

Please contact Susan Winje today to reserve your room:  
(530) 389-2508 or [susan.winje@campnorge.org](mailto:susan.winje@campnorge.org).



## WORK PARTY WEEKEND

\* We realize everyone works at a different pace and energy level. We have projects for every age and work capacity. Join us!



I'm just saying... If you didn't paint the lights, then maybe you would not have to repair them— *Dick Tracy*

Sixty-eighth Rosemaling Seminar at Camp Norge  
April 27-28, 2019

It is time to make reservations for the Spring Rosemaling Seminar at Camp Norge! (For Adults, 18 and older)

**TEACHERS & PROJECT:** Our teachers are Karen Nelson and Carl Larson. We will be painting a 10" shallow bowl. Karen is teaching a Rogaland style on an olive branch background. Carl is teaching a Gulbrandsdal style on a blackberry background.



Karen's Rogaland style; original design by  
Original design by JoSonja



Carl's Gulbrandsdal style

**SEMINAR COST:** The cost of the seminar is \$87, which includes instructions, the base-coated wood piece, hall rent, and meals. Classes fill up quickly and there is often a waiting list. If, after you have registered, you are unable to attend, please let me know as soon as you can so we can offer your spot to someone on the waiting list. Refunds will be made, minus a \$25 cancellation fee, for cancellations received before April 7. No refunds will be made after that date.

**MEALS:** All participants pay for meals, which include Saturday breakfast, lunch and dinner; Sunday breakfast and lunch; and coffee/tea breaks. Melanie Souza will again do our cooking. Family members who are not painting can pay \$35 for meals.

**COOKIES:** During the coffee/tea breaks, cookies are offered. We ask that each participant in the specified class (to be noted on your confirmation) bring one dozen cookies to share. You have all been so very generous and cooperative with the cookies and it is greatly appreciated!

**ROOMS:** Lodging is not included in the registration fee. Please make your bed reservation with me at the time you register. You will pay for your bed when you arrive at Camp. Bring your current Sons of Norway membership card. Members pay \$16.20 per night and non-members pay \$27.00 per night, both include an 8% Placer County Occupancy Tax. For people wanting to room together, I need to receive the list of names with the first registration. Since there is a limited number of beds available, RVs and tents are encouraged. For RVs, members pay \$25 per night, non-members pay \$35 per night (limited to four people per RV). RV spots have electrical and water, but no sewer hookups. For tents, members pay \$15 per night, non-members pay \$20 per night (limited to four people per tent). There is no occupancy tax on RVs or tents. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area, or sleeping rooms at any time.

**STROKE CLASS:** Karen will be offering one stroke class at 6:30 p.m. on Friday. The cost of the class is \$5. You will pay her directly if you are attending.

Sixty-eighth Rosemaling Seminar at Camp Norge  
 April 27-28, 2019

**REGISTRATION: ABSOLUTELY NO TELEPHONE or E-MAIL RESERVATIONS ARE ACCEPTED.** Please complete the registration form below – one for each person you are paying for. Confirmation, class info, and supply list will be sent, via email, once registration closes. NOTE: If you do not have an email address, send a self-addressed stamped envelope (SASE) when you send your registration and check in. I will only send class confirmation, supply list, and other information via postal mail if you include a SASE. If you have questions regarding registration, please call me at 916-921-6266 or send an email to [laarch@surewest.net](mailto:laarch@surewest.net).

Make your check payable to Linda Johnson and mail to 3180 Cloudview Drive, Sacramento, CA 95833. Registrations are logged in as they are received, so do send as soon as possible to secure your seat!

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ e-mail \_\_\_\_\_  
 City/State \_\_\_\_\_ Zip \_\_\_\_\_  
 Lodge Name/Number \_\_\_\_\_ SoN Membership # \_\_\_\_\_

**Seminar registration:** **\$87**

My class preference: (mark 1<sup>st</sup> choice/2<sup>nd</sup> choice): Karen \_\_\_\_\_ Carl \_\_\_\_\_

**Extra meals:**

I need extra meal plans for my spouse and/or family – how many? \_\_\_\_\_ x \$35 = \_\_\_\_\_  
**TOTAL** \_\_\_\_\_

**Stroke class:**

I am attending the stroke class at 6:30 p.m. on Friday:    yes            no  
 (\$5 payable to Karen)

**Lodging information:**

I need a bed reservation (circle one):                    yes            no

If yes, I want to room with: \_\_\_\_\_  
 \_\_\_\_\_

I need an RV site (circle one):                    yes            no

I need a tent site (circle one):                    yes            no

**Comments:**

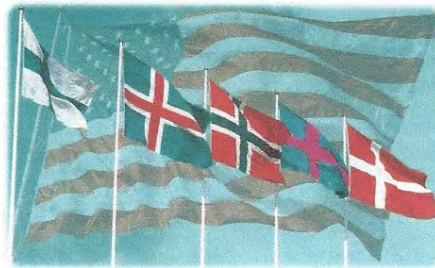
**SAVE THE DATE**

**SEPTEMBER 10 - 15 2019**

**CAMP OLDFJELL  
FOLKEHØGSKULE FOR VOKSNE  
(Folk School for Adults)**



**CAMP NORGE**



**36<sup>th</sup> Annual  
Sacramento Scandinavian Festival  
Saturday, March 30, 2019  
10:00 am - 4:00 pm**

**Scandinavian Food, Baked Goods, and Merchandise for Sale  
Information about the Nordic Countries  
Music, Entertainment and Door Prizes  
Scandinavian Folk Dance  
Children's Area with Arts & Crafts  
Outside - Viking Camp and Ship**

**Scottish Rite Masonic Center  
6151 H Street  
Sacramento, CA 95819  
(near Sac. State)**  
**Adults \$5  
Children under 12 FREE**

For more information call:  
• Finland (916) 294-7411  
• Iceland (408) 509-3209  
• Norway (916) 451-3853  
• Sweden (916) 481-0373

[www.facebook.com/SacramentoScandinavianFestival](http://www.facebook.com/SacramentoScandinavianFestival)

*Please note: Some food items may sell out early*



Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.

## Founders' Day – January 16th



*Sons of Norway Founders' Day was just celebrated. Here is one of our District officer's take on the importance of the day:*

On this date back in 1895, 18 Norwegian immigrants in Minneapolis, MN came together and formed a new group whose goals were to protect its members and their

families from the financial hardships experienced during times of sickness or death in the family. A noble purpose, to be sure, but over time the mission grew to also include the preservation of Norwegian heritage and culture. It was clear that our founders and earliest members were great leaders and, I believe, also men of great vision. (From a 2012 Sons of Norway blog)

In 2020, Sons of Norway will be celebrating **125 years** of sharing the Norwegian culture and heritage; helping families with insurance and financial products; and assisting communities with scholarships and grants, financial donations and volunteerism. This is the Sons of Norway three F's: Fraternal, Financial, and Foundation. Show your ethnic pride on January 16 and wear red, white, and blue, your lodge name badge, or your Norwegian sweater. Tell a neighbor, a friend, or a stranger (person you meet in your daily activities) about Sons of Norway.—*Nancy Madson, D6 Secretary.*

## 2019 Lodge Officers

### Elected Officer Positions

President	Donna Gordon
Vice Pres. / Membership Sec.	Norman Hales
Secretary	Tove Lise Miller
Treasurer	David Bailey
Social Director	Larena Hannon
Cultural Director	Stephen Rosenthal

### Appointed Officer Positions

Auditor	Susan Lemmon
Counselor	Stephen Rosenthal
Foundation Director	Mike Gordon
Greeter	Joe Hannon
Lodge Editor and Membership Directory	
Publisher	Stephen Rosenthal
Musician	OPEN
Marshals	Ann Sandner
	Pat Harriman
Publicity Director	DeAnn Smeltzer
Website Manager	Terje Miller
Co-Youth Directors	Candyce and Miguel Morales
Trustees	3 years
	2 years
	1 year
	OPEN
	Norman Hales
	Mike Gordon

### Hall and Park Elected Officer Positions

Director (Lodge Pres., Automatic):	Donna Gordon
Director, 3-yr.	Tove-Lise Miller
Director, 2-yr.	David Bailey
Director, 2-yr.	Mike Gordon
Director, 1-yr.	Joe Hannon
Director, 1-yr.	Jim Smith
Director, 1-yr.	Stephen Rosenthal
President	*
Vice President	*
Secretary	*
Treasurer	*

\* To be elected by the Directors from the Directors.



*Lodge member Ann Sandner after delivering check from the lodge for their homeless student program to Rebecca Budge and other officials of the Cordova School District.*

**2019 CALENDAR EVENTS**  
**ROALD AMUNDSEN LODGE**

(As of 12/28/2018)



- Sunday, 13 January                   INSTALLATION POTLUCK-See Report in this Navigator
- Tuesday, 12 February               Monthly Meeting with Cultural Program—An Amusing History Lesson. 7 pm
- Tuesday, 12 March                   Monthly Meeting with Cultural Program. 7 pm
- Saturday, 30 March                   Sacramento Scandinavian Festival (see flyer)
- Saturday, 7 April                      Roald Amundsen Lodge 80th Anniversary Luncheon (see flyer)
- Tuesday, 9 April                      Monthly Meeting with Cultural Program. 7 pm
- Tuesday 14 May                       Monthly Meeting with Cultural Program. 7 pm
- June/July/August                     NO MEETINGS
- July, Date TBD                        Summer Picnic
- Sunday, 8 September                 BBQ Afternoon. Youth Camper Demonstrations, etc.  
(No other September meeting.)
- Tuesday, 8 October                  Monthly meeting with Cultural Program 7 pm
- Saturday 12 October                 Lutefisk Dinner
- Tuesday 12 November               Monthly meeting with Cultural Program 7 pm
- Saturday 16 November               Vikingfest
- Saturday 14 December               Julebord
- December, Date TBD                 Family Christmas Party

All events at the Harding San Juan Masonic Lodge, Citrus Heights, unless otherwise indicated.  
 Schedule always subject to change. Changes will be announced in **The Navigator**.



**SAVE THE DATE**

**District Six 2020 Convention**

June 2020						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



**The Sheraton  
 Mesa Hotel**  
 Mesa, ARIZONA

**Celebrating Our Roots**