

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
November—December 2018

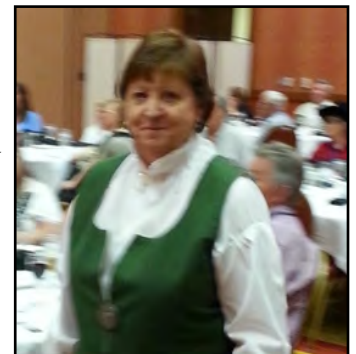
Editor: Stephen Rosenthal
rosen@winfirst.com
www.sonsofnorwaysacramento.com.
Intrepid Reporter: Dick Tracysen



A MESSAGE FROM PRESIDENT DONNA GORDON

Hilsener,

It's hard to believe that it is November already. Thank you to all who helped with a very successful Lutefisk/Meatball Dinner. Larena and Joe Hannon chaired. David Bailey did most of the shopping. Linda Anderson, Pat Harriman, Larena Hannon and Ann Sandner met at my house one day to make some great meatballs. Kirsten Wyatt and her crew prepared and served a delicious dinner. Tove-Lise and I baked some traditional Norwegian cookies for dessert. More thank you's are in the article elsewhere in this newsletter. It's always nice to see so many people jump in and help with the clean up. It took a lot of hands to make this such a special evening. It was really nice to see old friends and make some new ones.



We did have to cancel the Vikingfest this month. We are busy making plans for the Julebord in December. This is always a great event with Norwegian holiday delicacies and fun holiday traditions. 2019 will be here before we know it. Please consider running for an office in the Lodge. You will learn a lot about Sons of Norway and have an input into making our lodge even more rewarding and successful. If you would like to run for something and have not been approached please call Steve Rosenthal or Tove-Lise Miller. Hope to see you at our next regular meeting on Tuesday, November 13th. Happy Thanksgiving.
Donna

THE MISSION OF SONS OF NORWAY is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

A "FISHY" REPORT - LODGE LUTEFISK DINNER

(WITH APPOLOGIES FROM THE EDITOR)

On a balmy fall evening, October 13th, 55 Norwegians gathered at the San Juan Masonic Center for a dinner of Lutefisk/Meatballs and all the trimmings. This dinner was prepared by cook, **Kirsten Wyatt**, with help from daughter, **Katrina**, niece and nephew, **Erin and Matthew Bradley**.

David Bailey arranged for the Lutefisk and shopped for everything. **Carol Lee Solheim** handled reservations and pre-dinner appetizers.

The crew at **Donna Gordon's** kitchen



made 400 meatballs in two hours! This speedy group included **Donna, Linda Anderson, Pat Harriman, LaRena Hannon and Ann Sandner**.

Delicious cookies: Rosettes, Krumkake, Mor Monson and Cherry Drops were made by **Tove Lise Miller and Donna Gordon**. Kringle by Trader Joe's. **Carlton Peterson** rolled all the Lefse.

PHOTOS: There were probably more Lutefisk eaters in this room than there are in all of Norway. The serving line. The young fellow on the left is **Matthew Bradley**, one of our camper members. The two young ladies are **Katrina Wyatt and Erin Bradley**. And the gent in the middle is new lodge member **Lars Gjerde**. To the left is trip presenter **Lesley Gales**.

A special thanks to **Steve Rosenthal** for researching Lutefisk and **Tove Lise Miller** for bringing the Lutefisk story to the dinner for everyone to take home.

(Continued on page 3)

“FISHY REPORT,” ADDITIONAL PHOTOS

(Continued from page 2)

The moving & set up of all the tables and chairs was supervised by **Joe Hannon** with friends of his grandson doing the heavy lifting.

Our guest speaker, **Lesley Gales assisted by her husband Mark**, showed pictures of their trip to Norway taking her father to meet relatives for the first time. The Norwegians were so happy to meet them they had parties, family reunions and meetings to get the know them. The relatives are now coming here to visit. Thank you, Lesley, for sharing your family with us.

Thanks to all who came to the dinner and a big thank you to all who helped with clean up and returned tables & chairs to original rooms. **Wyatt Mattes vacuumed with grandpa, Mike Gordon** finishing.

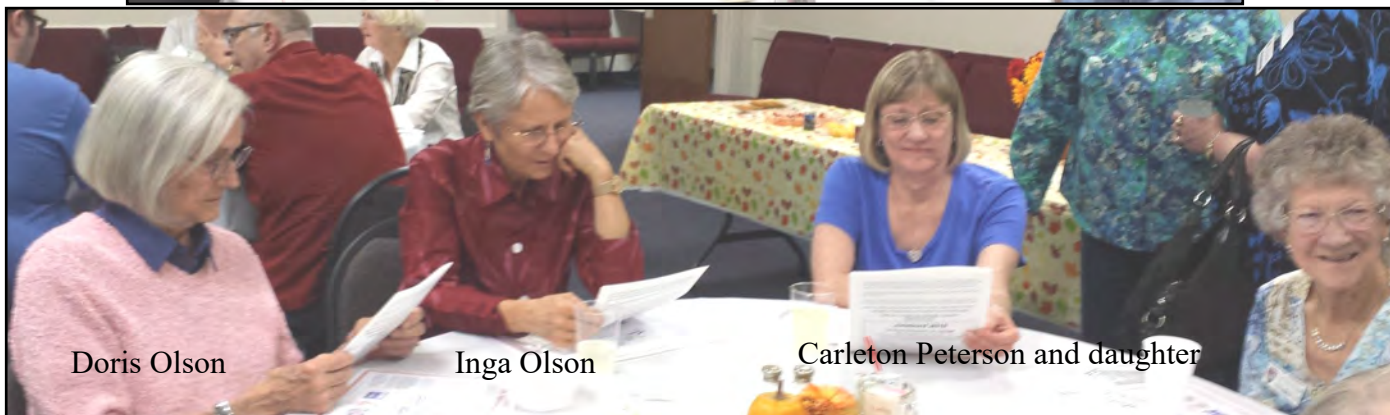
Listing everyone who worked on this dinner shows how many it takes to provide these events and to recognize those who contributed their time & energy. Thank you all, **LaRena & Joe Hannon**



*Duane and Betty Malme with Elaine Troseth .
Guests Gary and Turid Larson from Bjornson Lodge. It has been said that Gary can smell a Lutefisk Dinner happening as far away as Iowa. New members Thomas, Troy, and Wanda Hart.*



“FISHY REPORT,” EVEN MORE PHOTOS OF ATTENDEES



Doris Olson

Inga Olson

Carleton Peterson and daughter

SIDEBARS WITH THE EDITOR...

JULEBORD IS DECEMBER 1ST!



The dinner will include Roast Pork, Surkål, Fish Aspic, Herring, Smoked Salmon, and traditional

Norwegian desserts. A Santa Lucia pageant is planned, and all young folks are invited to participate. This is a great opportunity to dress up a little for the holiday season and visit with lodge members and other friends – bring some guests! Everyone must have a reservation – see the reservation form elsewhere in this Navigator! Reservation deadline with full payment is MONDAY, NOVEMBER 26TH!

Due to scheduling conflicts our annual **Julebord** is early this year – December 1st! As usual, the event will be held at the **Masonic Center, 5944 San Juan Avenue, in Citrus Heights** (Between Madison and Greenback and closer to Greenback. Advent Lutheran Church is caty-corner across the street.). **The Social Hour starts at 5 pm and the dinner will be served at about 6 pm.**

(Continued on page 5)

SIDEBARS (Continued from page 4)**NO VIKING FESTIVAL THIS YEAR**

Due to venue scheduling conflict problems, we are unable to hold the Viking Festival this year.

NOVEMBER TUESDAY NIGHT CULTURAL PROGRAM

Since part of the Sons of Norway mission is to “celebrate our relationship with other Nordic countries,” our cultural presentation at the November meeting will feature a video presentation by **Bjorn Lomborg**, a Danish author and President of his own think tank, Copenhagen Consensus Center. He is former director of the Danish government's Environmental Assessment Institute (EAI) in Copenhagen.

He became internationally known for his best-selling and controversial book, *The Skeptical Environmentalist* (2001), in which he argues that many of the costly measures and actions adopted by scientists and policy makers to meet the challenges of global warming will ultimately have minimal impact on the world's rising temperature.

The meeting is **November 13th** beginning at 7:00 pm. We will have some important end of the year business to conduct at the meeting.

NEXT NAVIGATOR PUBLICATION DATE – MAYBE

This is the November—December issue. This means that we will not have another issue until about January 1st. However, if we have important information to impart, we may publish a small December issue after all.

For the January issue, please submit any material to be published by Christmas Day.

BILL NILSEN'S LIFE STORY

A two-page synopsis of Bill's life history, written by him and handed out at his memorial service, is available. It is very interesting. If you would like a copy, contact the editor by email (rosen@winfirst.com) and he will send you one, by email. Sorry, not available by regular postal mail.

NORDIC ARTICLES AND CHRISTMAS SHOPPING

Since the lodge is not having its Viking Festival, you may be looking elsewhere for Nordic items. You might want to check out **Ingebretsen's Nordic Marketplace**, which has been in business for many years in Minneapolis. Go to ingebretsons.com to access. If you don't have a computer, call **800.279.9333** to order a mailed catalog.

CORRECTION

In our previous issue, we misidentified **Betty Malme**, wife of **Duane Malme**. We apologize for the error.

FROM OUR DISTRICT PRESIDENT...

This fall we had three very successful District Kretsstevnes. What happens at a Kretsstevne? Members of Sons of Norway get together to celebrate our heritage, eat, drink, sing, dance, play horseshoes, Viking games, taste wine, food demonstrations and enjoy time with all our fraternal sisters and brothers. In addition our Kretsstevnes also raise money for Camp Norge. Three Kretsstevnes were held this year: the Northern was held at Camp Norge, the Cen-

(Continued on page 6)



Julebord 2018

Saturday December 1st, 5:00 PM

Make checks payable to "Sons of Norway"

Mail to: Carol Lee Solheim, 3570 Vista Grande,
Shingle Springs, CA 95682

Questions: 530-677-2006, Solheim2636@att.net or ToveLise@aol.com

Social Hour at 5 pm, with dinner served at about 6 pm.

Please reserve the following admissions, which will be checked off at the event:

Member's name(s) _____

Non-member's name(s) _____

Contact number & e-mail _____

of members ____ @ \$20.00 each Total \$ _____

of non-members ____ @ \$25.00 each Total \$ _____

of children 6 thru 12 ____ @ \$8.00 ea Total \$ _____

of children 5 and under _____ \$ (No charge) _____

Grand Total \$ _____

(SIDE BARS, Continued from page 5)
(Grangaard, continued)

tral held in Buellton, CA and the southern in Banning, CA. Approximately 20 different lodges participated in the three events. I was fortunate to attend all three. This year the three Kretsstevne raised over \$4000 for Camp Norge.

Thank you to all the volunteers and members who donate their time, food, items for auctions and drawings. Your efforts are appreciated by the members of District Six.

I encourage everyone in our district to take the opportunity to visit and use Camp Norge. Also watch next spring for postings for the 2019 Krestsstevnes and mark your calendars. I would like to meet you at one of

these fraternal events.

Fraternally, **Luella Grangaard**, President, District Six, Sons of Norway .

STOUGHTON (WIS.) HS DANCERS
IN VEGAS IN 2019

These famous Norwegian dancers will be performing in the Las Vegas area the last week of March. To date, we know nothing of the rest of their West coast schedule or if they even have one. Some members will recall we



(Continued on page 9)

2019 SON SCHOLARSHIP INFO NOW AVAILABLE ON WEBSITE

There are various 2019 Sons of Norway educational scholarships that can be applied for, **starting now**. And “now” would be a good time to start the process, as it often takes time to secure the necessary transcripts and letters of recommendation that may be required. Some of the scholarships are available to older members as well as more youthful members – check them out! About 25 scholarships are awarded each year.



King Olav V Norwegian-American Heritage Scholarship. The purpose is to fund activities in which the American and Norwegian heritages are explored, studied and shared by qualified scholarship recipients. Endowment money has been raised by selling medallions and securing gifts from Sons of Norway members. Eligibility: Any American, age 17 or older, who has demonstrated a keen and sincere interest in Norwegian heritage and/or any Norwegian, age 17 or older, who has demonstrated an interest in American heritage. Final submission by January 15th, 2019!

Oslo International School Scholarship. A scholarship to Oslo International Summer School annually for \$1,500. Final submission by January 15th, 2019!

Helen Tronvold Norwegian Folk High School Scholarship. Supports the Sons of Norway Foundation’s objective of providing cross-cultural experiences for youth. If your editor were 60 years younger, he would jump on this! Final submission by January 15th, 2019! Hint: Google Norwegian Folk High Schools – some amazing opportunities!



Even old people can go back to school.

Helen Tronvold Adult Learner Scholarship. This scholarship was established in 2017 to support the Sons of Norway Foundation’s objective of providing cross-cultural experiences for adult (40 and over) insurance members. Isn’t it nice to know that someone thinks that those of us over 39 can still learn something? Final submission by January 15th, 2019!

And, there are **about seven more scholarships** (some may have multiple awardees) that, in the interest of brevity, we are not going to detail here. All are described in detail on the Sons of Norway website. **If anything we have reported here is at variance with the website information, the website obviously prevails.**

Also, if you want to give your kids a language immersion experience this coming summer check out the **Concordia (College) Language Villages** (<http://www.concordialanguagevillages.org/youth-languages>) programs for the summer of 2019. These camps are located near Brainerd in beautiful north central Minnesota. In addition to Norwegian, they have camps for 14 other languages.

Roald Amundsen Lodge 2019 camper scholarships, and the criteria therefore, will be reported as soon as they have been established. In the meantime, take a look at the camp flyer located elsewhere in this Navigator.



Raising the flags marks the start of the day at Skogfjorden, Concordia Norwegian Language Camp.



Save the Date Language and Heritage Camps!



Camp Folkehøgskule (ages 14-17)

23 June-6 July 2019

Camp Trollfjell (ages 8-13)

7-20 July 2019



Registration opens January 2019!

Visit our website:

<https://arv.sofn6.org/>

Our Facebook page:

<https://www.facebook.com/groups/Trollfjell/>

A WORD FROM OUR FINANCIAL BENEFITS COUNSELOR...

The year is winding down and it is time to start thinking about that Lazy Money you have in either Savings Accounts or CD's that isn't making very much interest. We have excellent products with Sons of Norway that will benefit you. Want to do something for your grandchildren? We have special products just for them. Give me a call as I would love to show you what we have. 530-263-6565.

Adrienne Lincoln Insurance Services
Sons of Norway Financial Benefits Counselor
 10771 Pittsburg Rd.
 Nevada City, Ca. 95959
 P: 530-272-1164
 F: 530-272-1166
 E: alincoln2048@comcast.net
 License # OF63907



(SIDEBARS, Continued from page 6)

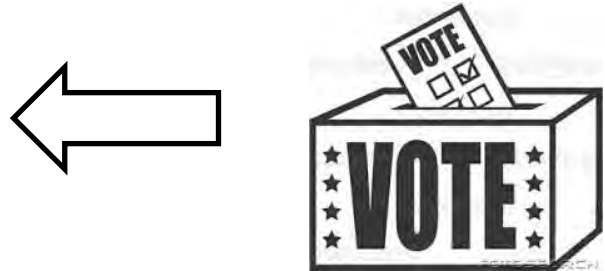
sponsored them here in Sacramento a number of years ago. If they get lucky at the tables in Vegas they may extend their tour.

2019 OFFICER ELECTION

<u>2019 Nominations</u>	
<u>Elected Officer Positions</u>	
President	Donna Gordon
Vice Pres. / Membership Sec.	OPEN
Secretary	Tove Lise Miller
Treasurer	David Bailey
Social Director	Larena Hannon
Cultural Director	Stephen Rosenthal
<u>Appointed Officer Positions</u>	
Auditor	Susan Lemmon
Counselor	Stephen Rosenthal
Foundation Director	Mike Gordon
Greeter	Joe Hannon
Lodge Editor and Membership Directory	
Publisher	Stephen Rosenthal
Musician	OPEN
Marshals	Ann Sandner
	Pat Harriman
	DeAnn Smeltzer
Publicity Director	Terje Miller
Website Manager	Candyce and Miguel Morales
Co-Youth Directors	
Trustees	3 years
	2 years
	1 year
	OPEN
	Norman Hales
	Mike Gordon
<u>Hall and Park Elected Officer Positions</u>	
Director (Lodge Pres., Automatic):	Donna Gordon
Director, 3-yr.	Tove-Lise Miller
Director, 2-yr.	David Bailey
Director, 2-yr.	Mike Gordon
Director, 1-yr.	Joe Hannon
Director, 1-yr.	Jim Smith
Director, 1-yr.	Stephen Rosenthal
President	*
Vice President	*
Secretary	*
Treasurer	*
* To be elected by the Directors from the Directors.	

Committee and subject to changes and additions, is as shown in the column at left.

There are other positions that could be filled but we are not actively trying to fill them now. However, if someone wants to fill one of these positions, please contact a member of the Nominating Committee: Librarian, Second Greeter, Sports Director.



2019 LODGE DIRECTORY



Ok, maybe it isn't as exciting as a little black book, but perhaps it will be just as useful!

Just after the first of the year we will start assembling the 2019 lodge directory. **Now** would be a good time to make sure that the Minneapolis office has your latest information, such as address, phone number, email address, etc. Our methodology includes **starting with December 31st information from the Minneapolis office**, and then correcting anything that we know is incorrect. But it would be better if you corrected all that needs to be correct with Minneapolis!

But, we can't know about all errors—please inform us! We do not like to perpetuate past errors, and we know from your feedback that you don't like it, either.

Here are the names of persons we believe we do not have phone numbers for: **Erna and Ronald Alfstad; Noelle, Rebecca and Stein Buer; Daniel Fitzgerald; Jerome Gilbertson; Norman and Jill Larsen;**

At the November meeting we will be voting on officers for 2019. The slate, developed by the Nominating

SIDEBARS, (Continued from page 9)

Diana Martyn; Kai Miller; Joyce Nelson; Grete Skjellerud; and Lillie Tonkin.

Also, if you are receiving The Navigator by US mail, that almost always means we do not have an email address for you. The **best way** to remedy this situation in order to get your email address into the annual directory is to go on line, email or call the Minneapolis office (**Address Changes:** call (612) 821-4614 or email: address@sofn.com). The second best way is to give it to us locally (rosen@winfirst.com). As mentioned previously, we start with the data base from Minneapolis when composing the directory, and then make local corrections and additions as best we can.

By the way, in response to complaints varying from the casual comment to riots in the streets, we plan a different format for the 2019 directory.



ADDITIONAL SCHOLARSHIP INFORMATION

Our District Six Headquarters offers at least one \$1,000 scholarship every year for a student between the ages of 16 and 23. This scholarship is available for students attending an accredited post-secondary school or training institution. The application deadline for this scholarship is May 1, 2019.

The District also offers a \$1000 scholarship to the Concordia Skogfjorden Language Camp. The deadline for this scholarship is April 14, 2019.

Applications are available on the District Six website at www.sofn6.org.

FLASH! BOARD PLANNING 90th BIRTHDAY PARTY!



No, this party is not for your editor. Rather, it is for the Roald Amundsen Lodge, which will be 90 years old next year. Probably in May. More later!

SAVE THE DATE

SEPTEMBER 10 - 15 2019

CAMP OLDFJELL
FOLKEHØGSKULE FOR VOKSNE
 (Folk School for Adults)




CAMP NORGE

VIKING SISTERS' OFFICERS FOR 2019


Our Roald Amundsen Sons of Norway Women's Group, the Viking Sisters, recently elected their 2019 officers. They are: **President Ann Sanders, Vice President Pat Harriman, Treasurer Larena Hannon, and Secretary Kimberly Rowland.** They have active plans for 2019!

HONORING ALL WHO SERVED




WWI
100
YEARS

VETERANS DAY
 NOVEMBER 11, 2018



va.gov



The last of an era...

JOACHIM HOLMBOE RØNNEBERG

(Aug 30 1919 – Oct 21, 2018)



Joachim Rønneberg's death at almost 100 years of age, the last surviving Norwegian Army officer to participate in the famous Operation Gunnerside, definitely marks the end of an era. He was a Norwegian Army officer and broadcaster, known throughout Norway, and indeed among all the allies of WWII for his resistance work during the war, and

especially for commanding Operation Gunnerside.

He was born in Alesund Møre og Romsdal. WWII broke out when Rønneberg was a young man and Norway was occupied by Nazi Germany. He joined the Norwegian Independent Company One in 1942, having escaped Norway to Scotland. He was trained in England and put in charge of Operation Gunnerside, a covert action against the Norsk Hydro heavy water production plant in Vemork in 1943. Rønneberg led the demolition team that on the evening of Feb 27th they planted and set off explosives to the Hydro plant. Rønneberg subsequently commanded other raids against the Germans. His service ended with the liberation of Norway in 1945. He was awarded Norway's highest decoration for military gallantry, the War Cross with Sword.

His exploits were immortalized in many books and the 1965 movie, **The Heroes of Telemark**, with Kirk Douglas and Richard Harris. *(Editor's notes: This article was reprinted, with some editing, from Gulltalen Lodge's newsletter, Avis. If there is ever sufficient demand, we could arrange to show this film at a meeting. Also, it is interesting to note that the star of the movie, Kirk Douglas, was just a little older than was Rønneberg, and is still alive at the age of 101+!)*

Late News (8 November 2018)...

NORWEGIAN WARSHIP COLLIDES WITH TANKER

Norway as evacuated all 137 crew from one of its warships after it collided with a Maltese oil tanker in the Hjeltefjord near Bergen. Eight persons were slightly injured. The **KNM Helge Ingstad** frigate has been listing dangerously and there are fears it will sink. Damage to the tanker was moderate. Reportedly little or no oil has been spilled.



The KNM Helge Ingstad appears to be in grave danger of sinking.



36th Annual Sacramento Scandinavian Festival

Saturday, March 30, 2019

10:00 am - 4:00 pm

Scandinavian Food, Baked Goods, and Merchandise for Sale
Information about the Nordic Countries
Music, Entertainment and Door Prizes
Scandinavian Folk Dance
Children's Area with Arts & Crafts
Outside - Viking Camp and Ship

Scottish Rite Masonic Center
6151 H Street
Sacramento, CA 95819
(near Sac. State)

Adults \$5
Children under 12 FREE

For more information call:
• Finland (916) 294-7411
• Iceland (408) 509-3209
• Norway (916) 451-3853
• Sweden (916) 481-0373

www.facebook.com/SacramentoScandinavianFestival

Please note: Some food items may sell out early

**Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights CA 95611-3734**

RETURN SERVICE REQUESTED

Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.



2018-19 CALENDAR EVENTS
ROALD AMUNDSEN LODGE
(As of 11/9/2018)

November...	VIKINGFEST—CANCELLED
Tuesday, 13 November	Regular meeting. Cultural Presentation
December	NO REGULAR LODGE MEETING
Saturday, 1 December	JULEBORD
Sunday, 16 December	CHILDREN AND FAMILY PARTY
	Tentative date. More information in next issue
Sunday, 13 January	INSTALLATION POTLUCK. Tentative date. More information next issue.

All events at the Harding San Juan Masonic Lodge, Citrus Heights, unless otherwise indicated.
Schedule always subject to change. Changes will be announced in **The Navigator**.