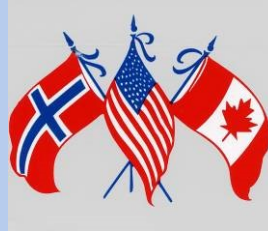


# THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48  
Sons of Norway, Sacramento, California  
May 2018 (and early summer)

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*Intrepid Reporter: Dick Tracysen*



SYTTENDE MAI—17 MAI—CONSTITUTION DAY—A DAY OF PARADES

## A MESSAGE FROM PRESIDENT DONNA GORDON

Hilsener,

April was a very eventful month for Roald Amundsen Lodge. We had a great attendance at the pea soup dinner at our monthly meeting. Many thanks to **Tove-Lise Miller** who cooked the delicious soup, something we all look forward to every year. Also thanks to the members that helped set up and clean up. It takes a lot of hands to put on these events.

Our Lodge was also one of 12 in District 6 that met the membership challenge for last year. Not only will we be recognized for this at the Convention in June but we received a banner, gift card and other gifts from District 6.

Thanks to **Ann Sandner** we received \$500 matching funds for our Helping Hands project benefiting homeless youth in the Folsom Cordova School District.

We ended the month with the Scandinavian Festival. Again many hands made this a very successful event. Thanks to all the members who made cookies, worked on the Vikings on a Stick, manned the information tables, sold the baked goods, Vikings and drinks, demonstrated Lefse and Krumkake and a variety of other jobs.

Although the Viking Ship did not make an appearance I hope you all got to see the newly painted shields. **Chris Wilson** did a great job and we look forward to seeing them on the ship.

Although May will be our last meeting for a few months we do have some fun events planned. Several members will be attending District 6 Convention in June. Please let **Ann Sandner** know that you can send some Norwegian cookies with our delegates.

There will also be a Lodge picnic in July. More details are included in this newsletter. Looking forward to seeing you all at future activities and thanks again for all the hard work and successful events in April.

Tusen takk  
Donna



**NORWEGIAN YELLOW PEA SOUP A HIT AT APRIL MEETING!**

The Pea Soup Supper was part of our regular April meeting and was attended by 31 members and guests. Everyone seemed to enjoy the soup and the wonderful dessert carrot cake made by our president, **Donna Gordon**. Donna also presented some awards for recruiting, and displayed our lodge certificate for being one of the top recruiting lodges in District 6 during 2017.

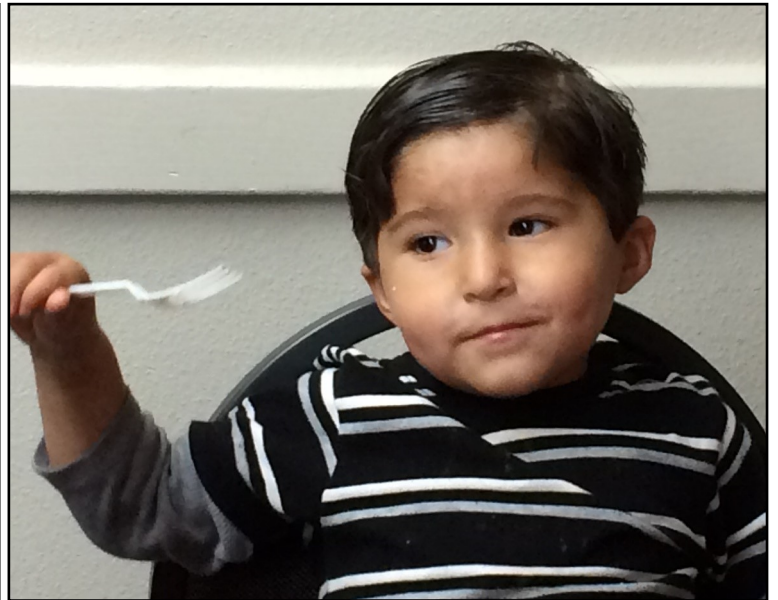
**Jim Lincoln**, husband of **Adrienne**, our Financial Benefits Counselor, helped get the tables ready. **Wyatt Mattes**, one of our youngest members, as usual was ready to set the tables and help serve. **Mike Gordon** pitching in by helping in the kitchen and doing whatever else needed to be done.

We thank all of you who pitched in on the cleanup, and especially **Judith and Norman Hales**. It sure makes things easier when one has good helpers.

Mange tusen takk, from **Tove-Lise**, the soup maker.  
*(Photos: Jim and Adrienne Lincoln, Tove-Lise Miller, President Donna Gordon, the Morales family [Miguel, Christopher, Candyce and Melanie] Pat Harriman and Ann Sandner.)*



## MORE PEA SOUP SUPPER PHOTOS



*Melanie and Christopher Morales, the precious children of members Miguel and Candyce Morales, and the great, great grandchildren of member Ann Sanders. Lyla Hanson (right) with her guests Loretta and Alex Schenk.*

### NORWAY IS "REGIONALIZING"

The Storting (Norway's parliament) recently passed the most comprehensive administrative reform since 1662. Norway's 19 *fylker* (counties) are planned to be replaced by 11 *regioner* (regions) by January 2020. Four existing counties (Nordland, Rogaland, Oslo and Møre og Romsdal) will continue using the same names and borders as they had in 2017. The rest of the country will have two- and three-county groupings rolled out as *regioner* with new names. This move aims to strengthen each region and improve coordination between municipalities, regions and state.

We guess Norway knows the true meaning of local control: The entire country has a population of 5.3 million split among the 11 regioners. In the US, Los Angeles County alone has a population of 10.2 million.

**SIDEBARS WITH THE EDITOR...**

**SCANDINAVIAN FESTIVAL REPORT**



This year's festival at the Scottish Right Temple on April 21st might have been the best attended ever! Many of our lodge helpers are recognized in photos found elsewhere in this Navigator.

Others who contributed include newer member **Linda Anderson** who helped at the information table, **Mike Gordon** who helped everywhere, **Judy Hales** who helped with beverages and junior member **Matthew Wyatt** who help sell Vikings on a Stick. Some other junior young members from the **Malme family** helped as well. **Donna Gordon** also helped out in various areas and also took the photos. Numerous lady members baked cookies for the bake table. All deserve sincere Roald Amundsen Lodge kudos!

**CALENDAR OUR LODGE SUMMER ACTIVIES NOW!**

At our **lodge meeting on May 8th** we hope to have an interesting program on 17th of May (**Syttende Mai**) celebrations. Come and celebrate Norwegian Independence Day, albeit a little bit early in the month.

And mark **Sunday, July 8th** for our **summer lodge picnic**. The weather should be great and the camaraderie relaxed. We usually see a few members at this picnic that we do not see at any other time of the year. Please review the flyer found elsewhere in this

Navigator. And OBTW, the photo in the flyer is actually of a peasant picnic at a mountain farm near Askvoll, Norway, circa 1910. Last year's picnic was so successful that a movie was made about it. See below.



There probably will not be another *Navigator* published until sometime in August, so please note on your calendars now. And also note that there is **no June monthly meeting.**

**COOKIES STILL NEEDED FOR CONVENTION!**

If you can provide any, please contact Ann Sandner at 916//366-8071. Conventioneers eat cookies!



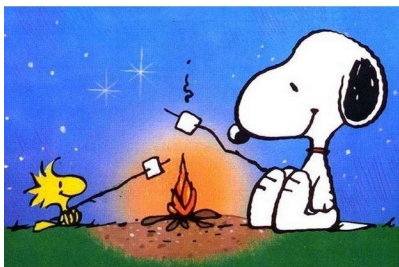
*Norwegians at a District Convention.*

(Continued on page 5)

**SIDEBARS (Continued from page 4)**

**SIGN UP FOR SUMMER CAMPS NOW!**

**Trollfjell Folkehøgskule** will run from June 24 through July 7, 2018 for students 14 to 17 years old. **Camp Trollfjell** will run from July 8 through July 21, 2018 for campers 8 to 13 years old, plus this year only, 14-year olds can attend. All the pertinent information was contained in last month's Navigator, which you can access on the lodge website if you do not have it.



**LODGE'S ADOPT A SCHOOL PROGRAM RECEIVES GRANT OF \$500**

Thanks to the good work of Ann Sandner, the lodge has received the grant for its helping homeless student program with the Rancho Cordova School District. The lodge will be contributing additional funds. We expect a speaker from the District at our May meeting.

**LODGE WINS RECRUITMENT CHALLENGE AWARD**

See the award certificate below. Persons who success-  
*(Continued on page 6)*

**Sons of Norway Growing to 2020**



Sons of Norway is pleased to name

**Roald Amundsen Lodge 6-048**

as a winner of the

**2017 Recruitment Challenge**

Sons of Norway salutes this lodge for their outstanding member recruitment efforts for 2017.

  
Eivind J. Heiberg, Chief Executive Officer

SON District Six Convention 2018  
 Graton Resort & Casino: Rohnert Park, California  
 June 10-14, 2018

April 26, 2018

Hello Lodge Presidents and Members,

District Six Convention is fast approaching (June 10 – 14). We are asking for volunteers from area lodges and from visitors, who may be coming with delegates, to help at the registration table, at the folk art exhibit, and to take tickets at meals.

Please share this request with your lodge members and contact me with the names and contact information of anyone who will volunteer, so we can arrange times and schedules for their help. Please contact me with any questions.

Mange tusen takk,  
*Lotte*

Lotte Sather, Volunteer Coordinator, Zone 2 Director, District Six, Sons of Norway, 520 Twin Pines Drive, Rio Vista, CA 94571. 707 374-1384 [zone2@sofn6.org](mailto:zone2@sofn6.org)

***(SIDEBARS, Continued from page 5)***

fully recruited new members include **Ann Sandner, Dawn Bayer, Laura Jensen Siddique, Norman Hales, Stephen Rosenthal, Sunshine Trundy, and Tove-Lise Miller.**

**NEXT NAVIGATOR PUBLICATION DATE – AUGUST**

Please have any matters for the next Navigator (April) submitted to the editor by August 10th.

**CONVENTION RAFFLE ITEMS NEEDED**



“The upcoming convention will be having a raffle to help defray the costs of the convention as well as a contribution to the Foundation or Camp Norge. We need the support of our District Six Lodges. We are asking for one quality item to be donated by each lodge for this fundraiser...” **Benny Jo Hinchey, Zone 7 Director.**

If anyone has an idea as to a quality item to donate, please contact President Donna.

**FOLK ART EXHIBITION AND COMPETITION AT THE CONVENTION**

For any who are interested in participating, the complete submission packet can be found on the District 6 website.

**HEAVY WATER WAR 75 YEARS ON**



A full page article on the sabotage of the Ver-mok Heavy Water Plant in Norway during WWII appears in the spring edition of *Cross-roads of the Corps*, The

Magazine of the Marines’ Memorial Association, San Francisco. The article is entitled “The Heavy Water War 75 Years On.”

The Marines’ Memorial Club and Hotel is an elegant place to visit, dine, and stay in San Francisco. Membership is open to most veterans of any military service.

APRIL 21ST, 2018

# SCANDINAVIAN FESTIVAL PHOTO MONTAJE

(PHOTOS OF MANY WHO HELPED, TAKEN BY DONNA GORDON)



*Tove-Lise Miller and LaRena Hannon chatting with customers. Mike Jones going up some perfectly good meat before its sale—he made over 200 Vikings on Sticks!. Kristy Updegraff leading the lefse cheer. Ann Sandner and Pat Harriman convey the truth about Norway—no fake news!*

# SCANDINAVIAN FESTIVAL PHOTO MONTAJE (continued)



*Our proud flag-bearer, Candyce Morales, Dave Sliper “sticking it” to a customer. Tove-Lise again. Festival honcho Joe Hannon. Chris Wilson and Norm Hales—what kind of drinks were they selling?*





# **IN THE GOOD OLD SUMMERTIME!**

## **LODGE SUMMER GATHERING and PICNIC**



*A scene from last year's picnic...*

**When: SUNDAY, JULY 8th, beginning at about 2:00 pm, until about 7:00 pm. (Burgers and dogs will start coming off the grill at about 4:00 pm.)**

**Where: HOME OF STEPHEN (LODGE MEMBER) AND CELIA ROSENTHAL AND ADJACENT GLANCY OAKS PARK, 2051 Gunn**

**Road, Carmichael. If you get lost, don't admit it to your wife, just call 916.539.5614 for help.**

**Wear: Picnic garb. Swimming available — wear or bring swim suit. Pool should be heated if “Scrooge” gets around to getting heater fixed.**

**Featuring: Picnic, games, visiting, children's playground equipment in park adjacent to back yard. Teenagers—there are basketball hoops! We hope to see some children!**

**Lodge Will Provide: Grilled hot dogs, hamburgers, plates, cups, napkins, plastic cutlery, ice, soft drinks, condiments, dessert, adult beverage starter kit.**

**Bring: Potluck dish to share along with serving utensils (salads, beans, chips, side dishes), adult libations, folding chairs, cameras, Norwegian relatives and friends, other Scandinavians, and indeed anyone you care to bring.**

**Cost: FREE. But please call Carol Lee Solheim at 530/677-2006, or email her at [solheim2636@att.net](mailto:solheim2636@att.net) to indicate you are likely coming (and how many of you!) so we have an approximate count! By the Monday prior, if possible. We don't want to run short!**



# Celebrate Memorial Day at Camp Norge

May 26, 27 and 28th, 2018

The Camp Norge Board invites you to **Camp Norge** for a fun and relaxing three-day camping experience at your own recreation center, our “*Jewel in the Sierras.*” Come celebrate this true American Holiday with us. There are a variety of fun activities for everyone to enjoy!!

- ♥ Our annual **Field Trip** on Saturday is the perfect way to begin the weekend!
- ♥ Brand new **Disc Golf** course
- ♥ **Cocktail Party and Wine Tasting** Saturday
- ♥ Family **Movie Night** Saturday night
- ♥ Scenic and energizing **Hike** on Sunday
- ♥ Annual **Meatball Cook-off** and **Aquavit Tasting**
- ♥ Plus craft workshops and more!



Bring your tent or RV or **call Camp to reserve a room at (530)389-2508**. Not familiar with the rooms or want to learn more? Click on ⇒ [www.campnorge.org](http://www.campnorge.org)

**Delicious meals** will be provided for the weekend and served in the **Heritage Hall**. The usual amenities will be available: swimming pool, horseshoe pit, games, the hiking trails and more!

**We expect a big crowd this year so call and reserve early!**





# Celebrate Memorial Day at Camp Norge May 26, 27 and 28th, 2018

## Food Reservation Form



The Camp Norge Board invites you to **Camp Norge** for a fun and relaxing three-day camping experience at your own recreation center.

Come celebrate this true American Holiday with us.

We will provide a delicious variety of meals. *Please complete this form and send with your check as soon as you can!*



**We expect a big crowd this year so be sure to reserve early!**



Mail this form with a check for the meals to: Camp Norge, P.O. Box 622, Alta, CA 95701

Name \_\_\_\_\_ Lodge Name & # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact # (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Saturday Breakfast... Adult(s) \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

Saturday Lunch ..... Adult(s) \_\_\_\_\_ x \$8.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_

Saturday Dinner ..... Adult(s) \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_

Sunday Breakfast..... Adult(s) \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

Sunday Lunch ..... Adult(s) \_\_\_\_\_ x \$8.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_

Sunday Dinner ..... Adult(s) \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_


Monday Breakfast .... Adult(s) \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_



**Or purchase the weekend package and save!**

Weekend Package.. Adult(s) \_\_\_\_\_ x \$50.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ x \$25.00 = \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

 **PRE-REGISTRATION** of meals is imperative in order to allow for the purchase of the correct amount of food.

**The Registration Deadline is May 18, 2018. Questions: [fred.hymans@campnorge.org](mailto:fred.hymans@campnorge.org)..**



**Roald Amundsen 6-48  
Sons of Norway  
P.O. Box 3734  
Citrus Heights CA 95611-3734**

**RETURN SERVICE REQUESTED**

**Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.**

**2018 CALENDAR, REMAINING EVENTS**  
**ROALD AMUNDSEN LODGE** (As of 5/1/2018)

Tuesday, 8 May	Regular meeting, 7:00 pm. Cultural Program: Syttende Mai
Sunday, 10 June – Thursday, 14 June	<b>DISTRICT 6 CONVENTION</b> , Rohnert Park.
June, July and August	<b>NO LODGE MEETINGS</b>
Sunday, 8 July	Lodge Summer Picnic at Rosenthals—see flyer!
Wednesday, 15 August – Saturday, 18 August	<b>INTERNATIONAL CONVENTION</b> , Bloomington, MN
Sunday, 16 September	Meeting: 12 Noon, BBQ/Youth Camp Camper presentations
Tuesday, 9 October	Regular meeting, 6:30 pm. Cultural presentation.
Saturday, 13 October	<b>LUTEFISK DINNER</b>
Saturday, 17 November	<b>VIKINGFEST</b>
Tuesday, 13 November	Regular meeting. Cultural Presentation
December	<b>NO REGULAR LODGE MEETING</b>
Saturday, 1 December	<b>JULEBORD</b>
December	<b>CHILDREN AND FAMILY PARTY</b> (Date and Venue TBD)

All events at the Harding San Juan Masonic Lodge, Citrus Heights, unless otherwise indicated.

Schedule always subject to change. Changes will be announced in **The Navigator**.

Other event dates: Bunad Camp, Camp Norge, May 7 (anticipated date); Memorial Day weekend at Camp Norge, May 26-28; Trollfjell Folkehogskule, June 24 – July 7, Camp Norge; Camp Trollfjell, July 8 – July 21, Camp Norge; Kretsstevne at Camp Norge, Sept. 1-2.