

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
September, 2017

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www.sonsofnorwaysacramento.com.

Intrepid Reporter: Dick Tracysen



A NOTE FROM PRESIDENT STEVE:

Greetings, fellow lodge members,

CONCERNING THE SCANDINAVIAN FESTIVAL: I would like to quote, in part, from an email I received from a friend who is not a member of Sons of Norway: "Five of us went to the Scandinavian Festival yesterday and had a great time. Mom (age 97, I think –editor) ate many of the Norwegian foods she used to cook as a child. It brought back fond memories for her. We all enjoyed the food and entertainment. Thanks for mentioning this event... We arrived about 12:45 and stayed till almost 3. There were lots of people and the atmosphere was pleasant. My sister and brother-in-law saw the president of their club from Santa Rosa..."

I personally thought it was the best Scandinavian Festival that we have had in years. The attendance, by some estimates, was about 1200, which we think was the highest ever. Many of our members participated, as the photos later in this issue will attest. A special thanks to our **Joe Hannon**, as well as **LaRena Hannon**. Joe was our representative and was very instrumental in organizing the whole event.

We have more activities planned for the remainder of the year. Again, you can check these out elsewhere in this Navigator. Help is always welcome. Our next monthly meeting will not be on a Tuesday night, but rather on Sunday, September 17th. A catered BBQ dinner is planned, and several of our youth will be telling us about their recent summer activities.

As President, I feel blessed that so many members contribute their time and energies to our social events. See you soon. Steve



Wyatt Mattes, age 9, carrying the Norwegian colors for Roald Amundsen Lodge in the Parade of the Colors at the Festival.

SIDEBARS WITH THE EDITOR...

FROM OUR ZONE 1 DIRECTOR:



Hello Northern California/Nevada Lodges. Here is the program (included elsewhere in this Navigator) of all the fun things we will be doing at Camp Norge for the Northern California Kretssteve coming up over Labor Day Weekend. We want folks to know that they can come for the day (\$3.00 day fee) only, if they so desire. Camp needs our support every year but even more so this year!

Come join everyone in the camaraderie and fellowship! See you at Camp Norge soon!! Hilsen, **Carl Peter Ingvaldstad**.

RUN TO FEED THE HUNGRY

TEAM ROALD AMUNDSEN LODGE— RUN TO FEED THE HUNGRY!

The Thanksgiving morning Run to Feed the Hungry benefits the Sacramento Food Bank, and is also sponsored by Western Health Advantage and KCRA/KQCA. In 2016 over 29,000 persons participated in the event!

Thanks to **Clif Higbe**, a team representing the lodge will be entered this year. He has enough persons committed to constitute a team, **but more are welcome and solicited!** Contact Clif at 916/790-0753 or clif-ton.higbe@gmail.com. Each participant will pay his own entrance fee. This is a great way to have some fun, share some camaraderie, and have an excuse for dozing off when the turkey tryptophan effect sets in later that afternoon. This is a rain or shine event.

2018 NOMINATING COMMITTEE



We will be confirming (electing) this committee at the September 17th meeting. The Board is recommending a slate of **Stephen Rosenthal, Chair, and Tove-Lise Miller and Ann Sandner**.

LODGE SUMMER PICNIC

Our lodge summer picnic held at the **Rosenthal's** was a pleasant event attended by about 25 people. A number of persons brought potluck items, **Mike Gordon** grilled the burgers and dogs, and **Tove-Lise Miller** and **Donna Gordon** brought great stuff, including that summer requirement—ice cream! We were happy to provide the venue. There are a few photos elsewhere in this Navigator.

SEPTEMBER MEETING IS SUNDAY, THE 17TH

There is no Tuesday night meeting in September! See the flyer herein for our BBQ meeting on the 17th of September.

NEXT NAVIGATOR PUBLICATION DATE – LATE SEPTEMBER

Please have any matters for the next Navigator submitted to the editor by September 23rd.

OTHER KRETSSTEVNES

The Central California Kretssteve will occur September 29 – October 1 in Buellton. The Southern California Kretssteve is scheduled for October 20 – 22 in Banning. See the District 6 website for more information.

SCANDINAVIAN FESTIVAL A ROUSING SUCCESS!

SIDEBARS (Continued from page 2)

PHOTO CREDITS

The better photos in this Navigator were taken by **Tove-Lise Miller, Mike Gordon, and Barbara PattoVigil**. The ones out of focus, blurry, amateurish, or just plain awful, were taken by your editor.

Barbara PattoVigil and husband



HONORED GUESTS, PARTICIPANTS

We were pleased to see not only our Zone 1 director, **Carl Peter Ingvaldstad**, but also our District 6 President, **Mary Beth Ingvaldstad**, at the Scandinavian Festival.

IN MEMORIAM

We understand that there was recently a memorial service for **Margaret Lemmon**, a long time lodge member who passed away about one year ago. In years past she was quite active in the lodge. She is survived by her husband, **Ronald**, and her daughter, **Susan**, who is our lodge auditor.



Susan, Margaret and Ronald Lemmon, ca. 2008

OCTOBER CULTURAL PRESENTATION

We plan a 20-minute presentation on a Norwegian-only current phenomenon, "Slow TV." We think many will find this of interest.

Thanks to all the wonderful volunteers from the Swedish, Finnish, Sons of Norway and Daughters of Norway lodges. The great cooperation among all our lodges means we are successful in preserving our culture and heritage and sharing it with our community. About 1,200 attended this fun Festival!!

We would like to thank all volunteers from the Sons of Norway. Special thanks to **Carol Francis** for serving as our MC; she did a great job and kept things moving. New members **Dawn and Clif Higbe** worked long and hard in a very hot kitchen cooking Vikings-on-a-Stick and doubled our sales.

The following members also served: **Tove-Lise Miller, Donna and Mike Gordon and grandson Wyatt Mattes, Kirsten Wyatt and daughters April and Katrina, Mathew Bradley, Karen Nelson, Sharon Brooks, Chris Wilson and Richard Jacobson at the Beverage Table, Norm Hales, Ann Sandner, Lois MacNeil, Jeanne Lemkuil, DeAnn Smeltzer, Susan Winje, Adrienne Lincoln (our FBC), Mary Beth and Carl Ingvaldstad, and Kristy Updegraff**. Special thanks to our daughter, **Micheyl Barnett**, who worked all day at the Bake Table. Also, our grandson, **Dustin Barnett**, came early to help with the ship set-up. Special thanks to **Norm Hales** for helping Joe return the ship to "dry-dock storage" after problems occurred with the trailer hitch. Thank you all. *—from Joe and LaRena Hannon (Roald Amundsen reps to the Festival)*

PHOTOS FROM SCANDINAVIAN FESTIVAL



Karen Nelson demonstrating Rosemaling. LaRena Hannon at Bake Table. Lois MacNeil distributing literature. Tove-Lise Miller demonstrating Rosettes. Kristy Updegraff making Lefse.



MORE PHOTOS FROM SCANDINAVIAN FESTIVAL



Mike Gordon and Clif Higbe selling Vikings on a Stick and other good stuff. Ann Sandner showing Nordic crafts. “Batter up, Dawn Higbe!” Putting batter on Vikings on a Stick—she had the hardest job in the place! Adrienne Lincoln, Financial Benefits Counselor, doing good for the lodge.



MORE PHOTOS FROM SCANDINAVIAN FESTIVAL



***Mathew Bradley, April Wyatt and Katrina Wyatt**
making krumkaker at the Festival.*



*A pretty face like this could never
"SCREAM!"*



Attendees admiring our Viking ship.

Flag-bearer Wyatt Mattes with his grandmother, Donna Gordon.

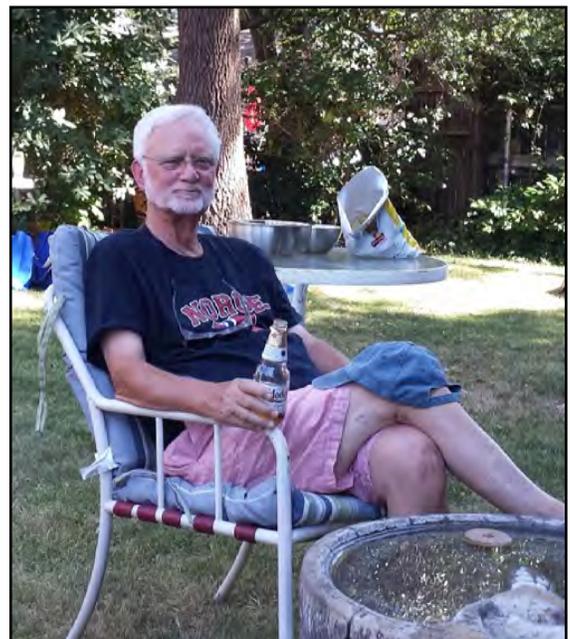


MORE PHOTOS FROM SCANDINAVIAN FESTIVAL



Ann Sandner making Rosettes. Karen Bartos, lodge members LaRena Hannon and Kristy Updegraff, and Karen Meyer. All four also belong to Daughters of Norway. Two photos of children's area.

PHOTOS FROM SUMMER PICNIC



Ann Sandner and granddaughter. Carleton Peterson with Clif and Dawn Higbe. Chris Wilson and Richard Peterson. President Steve holding the meeting gavel.



**Happy Days are here again,
The Camp is back in gear again,
So let's sing a Camper's cheer again,
NoCal Krets is here again!!**



Labor Day Weekend -September 1,2 and 3, 2017

The District Six Board of Directors invites YOU
to our "Jewel in the Sierras" for the "Gathering of the Clan"!!
Come for the entire weekend or play with us just part of the weekend!



Delicious Meals provided by our lodges will be served in the **Heritage Hall**.



Activities: Horseshoe Tournament, Bingo, Kids' games, Swimming pool fun, hiking and singing



Craft Faire: Join in this event with a **Cocktail Party** and appetizers!

Camp Norge Needs Our Support This Year—Please Come!!

**Mail this form and a check for the meals, made out to NCK to: Carl Ingvaldstad,
Kretssteve Treasurer, 17207 Squirrelhill Road, Hidden Valley Lake, CA 95467**

Name _____ Lodge Name & # _____

Address _____ City/State/Zip _____

Contact # (____) _____ Email _____

Saturday Breakfast.....Adult(s) _____ x \$5.00 = \$ _____ Children (under 12) _____ x \$2.50 = \$ _____

Saturday Lunch.....Adult(s) _____ x \$7.00 = \$ _____ Children (under 12) _____ x \$3.50 = \$ _____

Saturday Dinner.....Adult(s) _____ x \$12.00 = \$ _____ Children (under 12) _____ x \$5.00 = \$ _____

Sunday Frokost..... Adult(s) _____ x \$8.00 = \$ _____ Children (under 12) _____ x \$3.50 = \$ _____

Sunday Dinner..... Adult(s) _____ x \$12.00 = \$ _____ Children (under 12) _____ x \$5.00 = \$ _____

Monday Breakfast..... Adult(s) _____ x \$6.00 = \$ _____ Children (under 12) _____ x \$3.00 = \$ _____

Kretssteve Pin # of pins X \$2.00 _____

Or purchase the weekend package and save (includes the pin)

Weekend Package.....Adult(s) _____ x \$45.00 _____ Children (under 12) _____ x \$22.50 = \$ _____

PRE-REGISTRATION of meals is imperative in order to purchase the correct amount of food.



The Meal Registration Deadline is August 25, 2017.

Make checks payable to NCK and mail to Carl Ingvaldstad.

Bring your tent or RV or call Susan to reserve a room (530) 389-2508.

Check out the accommodations:
www.campnorge.org.



**Northern California Kretsstevne
September 1-3, 2017
Camp Norge**

**Saturday:**

- 8:00 Coffee in the Heritage Hall
- 9:00 Breakfast buffet---President Mary Beth Ingvaldstad**
- 9:30-11:30 Folk Dancing with Meg and John*
- 11:00-12:00 Horseshoe Tournament Registration, Leland Bjerkhoel, Nordahl Grieg #52
- 12:00 Lunch—Snowshoe Thompson Lodge #78**
- 12 Noon Horseshoe Tournament begins
- 1:30-3:30 Folk Dancing with Meg and John *
- 2:00 Cooking with Mary Beth, Karen and Kirby---Waffler, Æbleskiver and Rosettes**
- 4:00 Vendor sales**
- 5:30-6:30 Appetizers and No-Host Wine Bar**
- 6:30 Dinner—Barbara Layton—Olav #82**
- 8:00 MUSIC AND DANCING, Susan/ Leland Bjerkhoel, Nordahl Grieg #52**

Sunday:

- 8:00am Coffee in the Heritage Hall
- 10:00 Norwegian Frokost---Vikings of Lake #6-166**
- 11:00 Kids' Games in the Meadow---Kubb, Bocce Ball and much more
- 1:30 Cooking class with Mary Beth and Karen---Lefse**
- 3:00 Weekend Recap/Planning for 2018--- Chair Carl P. Ingvaldstad**
- 4:00 Vendor Sales**
- 5;30 Appetizers and No-Host Wine Bar**
- 6:30 Dinner—Kirby Aasen Vikings of Lake #6-166
- 7:30 Movie—"Crown Princess Martha: The American Story"

Monday:

- 8:00 Coffee
- 9:00 Breakfast is served**
- 10:00 Camp Cleanup

*Social Hall

**Heritage Hall



Tusen takk to all of you for attending this annual event. Your presence and participation makes this a successful "Gathering of the Clan"



Special Fall Afternoon Lodge Meeting:

Enjoy an End of Summer BBQ!

Learn what some of our youth did this summer!

Sunday, September 17th, 1:30—4:00

Come and enjoy a meal and camaraderie with fellow lodge members and guests after a short lodge meeting and youth presentations on their summer activities or travels. Enjoy a full BBQ dinner prepared by a catering service and provided by the lodge at a very modest charge! (Normally we would have our summer youth campers demonstrate crafts and tell about their camp experiences, but there were no camps this year and so they will be relating other summer adventures!)

- When:** Sunday, September 17th, 1:30—4:00.
- Where:** Masonic Center, 5944 San Juan Ave., Citrus Hts.
- Meal plans:** BBQ entrée, salads, desserts and all the related "fixin's" provided by the lodge.
- Reservations:** Required, with payment, by Wednesday, Sept.13th, please, so that we know how much food is needed. See form below, and see you there!

✂ **BBQ Reservation principal name or names, phone #, and e-mail:
(Only one name necessary)**

Number of members over age 13 _____ @ \$8 = \$ _____

Number of guests over age 13 _____ @ \$12= \$ _____

Number of persons 13 or under _____ @ \$5 = \$ _____ Total \$ _____

(Age 5 and under, no charge)

Mail to Carol Lee Solheim, 3570 Vista Grande, Shingle Springs, CA 95682; solheim2636@att.net; 530/677-2006.

ROALD AMUNDSEN LODGE, SONS OF NORWAY

Invites you to attend its annual

VIKING FESTIVAL

Saturday, October 21st, 10:00 am to 3:00 pm

Admission is Free!

Masonic Center

*5944 San Juan Avenue, Citrus Heights
(Between Madison and Greenback)*



*Craft items, demonstrations, clothing, bakery goods,
Scandinavian merchandise, Norwegian calendars, gift items...*

Just in time for holiday shopping!

Lunch will be available:

*Open-face sandwiches, Fish soup, Waffles,
Viking-on-a-Stick, Bakery goods... and more.*

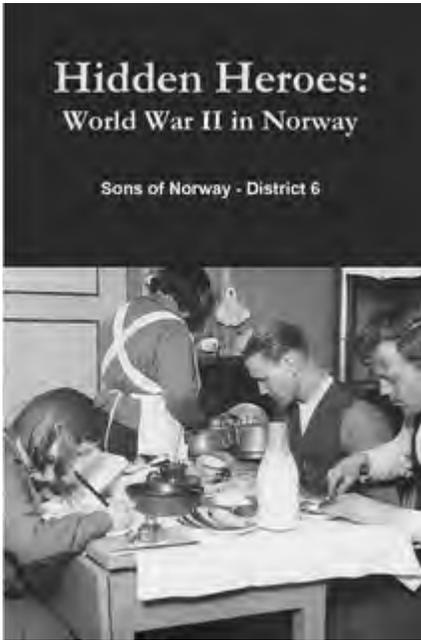
*Additional information: Call **916-451-3853** or **916-972-7337**
And also the lodge website: sonsofnorwaysacramento.com.*

All are welcome—you will have a good time!



Please support Norwegian-American heritage and Camp Norge

Camp Norge is Sons of Norway's District 6 Norwegian heritage project. As a "tusen takk" for your donation, you can get the book "Hidden Heroes: World War II in Norway." These twenty eyewitness accounts were originally collected from Sons of Norway members by a District Cultural Director, Jean Bittner. We hope these accounts help you remember the acts of bravery that everyday heroes made in Norway in World War II.



Living in Norway during World War II, you never knew if the person next door was a hero; a Norwegian resistance fighter. The hero next door could be a teenager going with his dad to steal grain from a Nazi train, in order to feed refugees. It could be a girl who hid messages in her instrument case, while going by bike to a violin lesson. It could be the fisherman down the street, rowing a boat full of grenades, with a German U-boat captain sitting on the seat which was hiding them. Many Norwegians risked their lives to thwart the Nazis who were occupying their country. These are their true stories.

If you haven't earned a SON literature cultural skills pin, this book is a great way to get started.

ORDER FORM - HIDDEN HEROES: WORLD WAR II IN NORWAY

- \$20 (1 book)
 - \$25 (Camp Norge donation for 1 book)
 - \$100 (Camp Norge donation for 5 books)
 - \$250 (Camp Norge donation for 15 books)
 - \$500 (Camp Norge donation for 33 books)
 - I want to make a \$_____ donation, and receive only ___ books
- allow 3 weeks for printing and shipping (shipping to one location)

Make checks out to "Sons of Norway District"

Name: _____

Address: _____

City/St/Zip: _____

Email: _____

Phone: _____ Lodge: _____

Send your order to: Mike Palecek, SON treasurer, 5747 Sandy Lane, Racine WI 53406

SIXTY FIFTH
ROSEMALING SEMINAR AT CAMP NORGE
 September 23/24, 2017

The bridge will soon be completed. We can get to Camp Norge again. It is time to make your reservations for the adult (18 years and over) Fall Rosemaling Seminar at Camp Norge. We will have two classes. The teachers are Karen Nelson and Onya Tolmasoff.

We will be painting a 6-1/2 x 5" card box make by Mike Lusk. Karen is teaching an Old Rogaland design on Sea Swirl (medium blue) background. Onya is teaching a Valdres Style design on a blue/gray background. Check the Camp Norge Website for pictures of both projects: www.campnorge.org. I am also attaching them to this notice.

Please make your bed reservation with me. I develop the list of who is in which room. You will pay for your bed when you arrive at Camp. It is not included in your class fee. Bring your current membership card. If you can't locate your membership card, bring the last issue of your Viking Magazine. It has your number in the address box. Members pay \$16.20 per night; guests pay \$27.00 for beds in the dorms, which includes 8% Placer County Occupancy Tax. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$25 per night for up to four people per RV. Guests pay \$35 per night for RV's. Camp has electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$20 for non members. No occupancy tax on RV's or tents. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please include your e-mail address. It is so much faster and cheaper if I need to talk to you. The supply lists will be sent when I receive your registration form and check. **ABSOLUTELY NO E-MAIL RESERVATION REQUESTS.** I need the check and registration form together. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. *I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form*

The cost of the seminar will be \$87 for registration which includes the class and wood piece all base coated and ready to go, hall rent, and the meals. There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after September 5th. It is difficult for people on the waiting list to take your place if they do not have at least a couple of weeks to make their plans, so please be thoughtful. Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$87 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. You were so very generous and cooperative with the cookies last time. I do so appreciate that. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be on your supply list.

My e-mail address is pennyjknudsen@sbcglobal.net. My phone number is (916) 941-6433. Please **cut off** and complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

 September 23/24, 2017 ROSEMALING SEMINAR REGISTRATION FORM

| | |
|--|---|
| Name _____ Phone (____) _____ | I need a bed reservation: y es _____ No _____ |
| Address _____ e-mail address _____ | I want to room with: _____ |
| City _____ Zip _____ Name of Lodge _____ | |
| Class I want is: Karen _____ Onya _____ | I am bringing my RV _____ |
| I am enclosing \$87 for registration fee for food and class. My spouse and/or family will be eating with us and I enclose \$35 for each _____ | I am bringing my tent _____ |



Mattes family at the lodge Summer Picnic.

Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.



UPCOMING EVENTS 2017

| | |
|------------------------------|--|
| Saturday—Monday, 2-4 Sept. | Northern California Kretsstevne |
| Sunday, 17 Sept. | Lodge meeting and end of summer BBQ |
| Friday—Sunday 29 Sept—1 Oct. | Central California Kretsstevne, Buellton, CA. |
| Tuesday, 10 Oct. | Lodge meeting and cultural presentation |
| Saturday, 21 Oct. | Viking Fest |
| Tuesday, 14 Nov. | Lodge meeting. Lapskaus dinner planned (dinner is tentative) |
| Saturday, 9 Dec. | Julebord |
| TBD | Family Christmas Party (so far, unplanned) |

All events at the Harding San Juan Masonic Lodge, Citrus Heights, unless otherwise indicated.
 Schedule always subject to change. Changes will be announced in **The Navigator**.
 Next **Board meeting**: Sept. 12th, Masonic Lodge library, 6:30 pm.