

THE NAVIGATOR

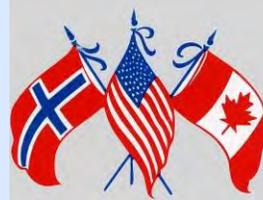
A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
Early Autumn, 2016 (Published Aug. 28th)

Editor: Stephen Rosenthal

rosen@winfirst.com

www.sonsofnorwaysacramento.com

*Intrepid Reporter: Dick Tracysen (currently on leave
and residing at the Betty Ford Clinic)*



A MESSAGE FROM THE LODGE PRESIDENT:

Greetings, fellow lodge members.

The Olympics are over. Norway was disappointed with their showing. The US, except for the restroomgate incident, excelled. All in all, summer is basically behind us.

And now we are proceeding into our more active social season, as we have several events upcoming. First, our **fall BBQ** during which we fete our young campers and learn about their camp activities. This has been a fun event for the last several years, and I think the campers enjoy it, too. We witness a little bit of our heritage preserved. See the enclosed flyer and make your reservations now.

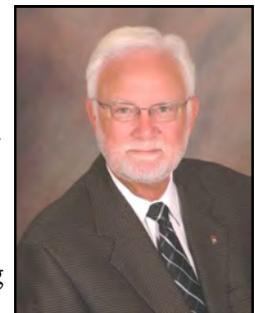
Krettstevne. It will be upon us when you get this. Hope you make it.

On October 1st you can attend the **Scandinavian Festival**. This is always a Big Deal! All the Scandinavian lodges and clubs participate to some degree, and many vendors offer their wares. And the food – well, you just have to be there, as I cannot adequately describe the culinary delights served by the various countries. There is ample parking at Divine Savior Church. Please call **Joe or LaRena Hannon** if you can help in any way.

And later in October (the 29th) we plan our annual **Lutefisk Dinner**. Even if you are not so keen about Lutefisk, we serve much other delicious fare, such as meatballs. This event is always well attended.

Still later events include the **Vikingfest** and the **Julebord**, which we will discuss more in a later Navigator, but be sure and calendar them now – see the schedule elsewhere in this Navigator.

Our nominating committee for 2017 will be confirmed at the September 18th meeting. We are hoping to see some new faces among our officer ranks in the future – what would you like to do?
President Steve



SIDEBARS FROM THE EDITOR...

FUN VIKING QUIZ

The September issue of AVIS, Gulldalen Lodge’s newsletter, contains a fun quiz on Viking history. You should be able to access it on the D6 website, or contact Arlene Kozub at arlene.kozub@gmail.com.

LANGUAGE CLASSES SPONSORED BY MEMBER ERIC SWANSON



Velkommen til nytt skoleår! Eric will be having Danish and Norwegian classes in his home starting in September (Wednesday evenings). He will also be

passing on cultural tips gleaned from a Norwegian dance weekend he and his partner attended sponsored by the Norwegian Leikeringen of Seattle. For more information, his number is 916/225-3620, or swannest@hotmail.com.

UPCOMING CULTURAL PROGRAM

On Sunday, September 18th, we will have our annual Fall BBQ and presentations from our camper kids and teenagers on their camp activities. Come and see how our heritage is being preserved through these young campers, and enjoy a BBQ meal as well.



Reservations are required—see flyer elsewhere in this Navigator. The cost is moderate.

**NORCAL KRETSSTEVNE
SEPTEMBER 3-5, 2016, CAMP NOR-
GE**

Not only will you be able to work on your cultural skills, but there will be the annual horseshoe contest, bingo, a Craft Faire, and lots of fellowship! Come even if it is for just one day! Reservation deadline is passed, but maybe you can call...

NAVIGATOR SCHEDULE

We plan to publish the next Navigator in late September or early October. Please plan accordingly.
– *Editor.*

NAVIGATOR DISTRIBUTION



Are you aware of any member who is not receiving either a Chimp message announcing the Navigator, or else a mailed copy of the Navigator (but hopefully not both)? We are no longer mailing The Navigator to all members.

LUTEFISK DINNER!

See the flyer. If you can help in any way please call **LaRena Hannon** at 916/451-3853.





Special Fall Afternoon Lodge Meeting:

Campers' Show and Tell Afternoon!

Enjoy an End of Summer BBQ!

Sunday, September 18th, 1:30—4:00

Come and hear our young campers describe their experiences and present their crafts! Enjoy a fall BBQ dinner prepared by a catering service restaurant and provided by the lodge at a very modest charge! This is our annual gathering to admire the skills and camp activities of our young people.

- When:** Sunday, September 18th, 1:30—4:00.
- Where:** Masonic Center, 5944 San Juan Ave., Citrus Hts.
- Meal plans:** BBQ entrée, salads, desserts and all the related "fixin's" provided by the lodge.
- Reservations:** Required, with payment, by Wednesday, Sept. 14th please, so that we know how much food is needed. See form below, and see you there!

Reservation principal name or names, phone #, and e-mail:

Check payable to Sons of Norway.

Number of persons over age 13 _____ @ \$10 = \$ _____

Number of persons 13 or under _____ @ \$5 = \$ _____ Total \$ _____

(Age 5 and under, no charge)

Mail to Carol Lee Solheim, 3570 Vista Grande, Shingle Springs, CA 95682; solheim2636@att.net; 530/677-2006.

SCANDINAVIAN FESTIVAL — HELP!

The Scandinavian Festival will be held on **Saturday, October 1, 2016** (see flier elsewhere in the Navigator). This is a major fundraiser for the lodge. To make this a successful endeavor, we really need your help and talents in several areas:

BAKE TABLE. Everyone loves Scandinavian cookies. We need lots (dozens and dozens) of cookies, Norwegian, Swedish, Finnish, and Danish. Start baking now and freeze to bring to the bake table October 1. And sales workers--we need 3-4 most of the time. Please call **LaRena Hannon, 451-3853** to schedule sales times.



PRIOR TO FESTIVAL. We need three to four people to make Vikings-On-A-Stick; call LaRena if you would like to help. *Some of our ladies working the festival in 2015.*

FRIDAY AFTERNOON--September 30th, 4 p.m. to 7 p.m. We need six to eight people to set-up tables, cover them, put up signs, put up food sales area, arrange Children's Room.

BEVERAGE BAR. Set up, Friday afternoon, 4 p.m. to 7 p.m. Need two to three workers on Festival Day.

VIKING SHIP. Morning of Festival, 9:00 to 10:00 a.m. Need three to four people to set up the VIKING SHIP.

SALES OF VIKING ON A STICK. Need two to three sales workers.

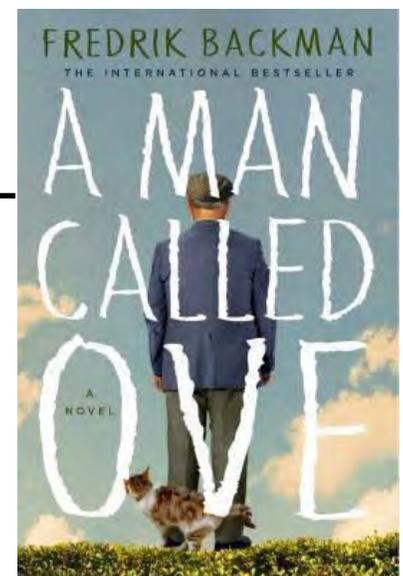
END OF FESTIVAL. Need two to three helpers to take the Viking Ship sail down and stow the shields. Tables need to be taken down and rental ones put in truck for return. Also, two persons to return supplies and goods to lodge storage building.

Contact **Joe or La Rena Hannon** to volunteer or for more information. **If you have a Bunad or Folkwear Dress, please wear it. The public loves to see them! We will have a recognition parade of the various countries' Folkwear.**—*Joe and LaRena Hannon, 916/451-3853*

Book Review:

A Man Called Ove **Fredrick Backman**

This is a hilarious novel about a cantankerous older Swedish guy who can't quite deal with the changes in Swedish society. It is currently on many best seller lists including that of the New York Times, and is available in paperback. It has been competently translated into English by Henning Koch. Every chapter is another laughable incident. Your editor recommends for a light read.



**33rd Annual
Sacramento
Scandinavian Festival
Saturday, October 1, 2016
10:00 am - 4:00 pm**



**Scandinavian Food, Baked Goods, and Merchandise for Sale
Information about the Nordic Countries
Music, Entertainment and Door Prizes
Scandinavian Folk Dance
Children's Room with Arts & Crafts
Outside - Viking Camp and Ship**

DIVINE SAVIOR CATHOLIC CHURCH

9079 Greenback Lane

Orangevale, CA 95662

(Two blocks east of Hazel Avenue)

Adults \$5

Children under 12 free

For more information, please call:

- Denmark (916) 682-4888
- Finland (916) 294-7411
- Iceland (408) 509-3209
- Norway (916) 451-3853
- Sweden (916) 481-0373

Day of Festival you can call (916) 206-8962



Celebrate Labor Day At Camp Norge!!!

It's Tradition!!

2016 Northern California Kretsstevne

September 3, 4 and 5, 2016

The District Six Board of Directors invites you to **Camp Norge** for the annual "Gathering of the Clan" at our "Jewel of the Sierras"! Come for part of the weekend or play with us for the entire three days!

- ♥ You will be able to work on your **Cultural Skills Pins** throughout the weekend.
- ♥ **Delicious meals** provided by our lodges will be served in the **Heritage Hall**. The usual Kretsstevne activities will be available: horseshoe tournament, bingo, kids' games, swimming pool fun, hiking and general camaraderie!
- ♥ Join in a Craft Faire with **Cocktail Party** and appetizers.

Bring your tent or RV or **call Sandy to reserve a room (530) 389-2508**. Check out the accommodations at www.campnorge.org.

COME! SUPPORT YOUR WONDERFUL CAMP !



Mail this form and a check for the meals, made out to NCK to: Carl Ingvaldstad,
Kretsstevne Treasurer, 17207 Squirrelhill Road, Hidden Valley Lake, CA 95467

Name _____ Lodge Name & # _____

Address _____ City/State _____

Zip _____

Contact # (____) _____ Email _____

Saturday Breakfast.....Adult(s) _____ x \$7.00 = \$ _____ Children (under 12) _____ x \$3.50= \$ _____

Saturday Dinner..... Adult(s) _____ x \$12.00=\$ _____ Children (under 12) _____ x \$5.00= \$ _____

Sunday Frokost..... Adult(s) _____ x \$8.00 = \$ _____ Children (under 12) _____ x \$3.50 =\$ _____

Sunday Dinner..... Adult(s) _____ x \$12.00=\$ _____ Children (under 12) _____ x \$5.00=\$ _____

Monday Breakfast..... Adult(s) _____ x \$6.00= \$ _____ Children (under 12) _____ x \$3.00=\$ _____

2016 Kretsstevne Pin # of pins X \$2.00 _____

Or purchase the weekend package and save (includes the pin)

Weekend Package.....Adult(s) _____ x \$40.00 _____ Children (under 12) _____ x \$20.00 = \$ _____

PRE-REGISTRATION of meals is imperative in order to purchase the correct amount of food.



The Registration Deadline is August 26, 2016.

Make checks payable to NCK and mail to Carl Ingvaldstad.



SPOTS STILL OPEN!

SIXTY FOURTH
ROSEMALING SEMINAR AT CAMP NORGE
September 24/25, 2016

It is time to make your reservations for the adult (18 years and over) Fall Rosemaling Seminar at Camp Norge. We will have two classes. The teachers are Karen Nelson and Onya Tolmasoff.

We will be painting a 14” scalloped scoop plate. Karen is teaching an Os pattern on a geranium background . Onya is teaching a Rogaland design on a black/blue/green background. Check the Camp Norge Website for pictures of both projects: www.campnorge.org. I am also attaching them to this notice.

Please make your bed reservation with me. I develop the list of who is in which room. You will pay for your bed when you arrive at Camp. It is not included in your class fee. Bring your current membership card. If you can't locate your membership card, bring the last issue of your Viking Magazine. It has your number in the address box. Members pay \$16.20 per night; guests pay \$27.00 for beds in the dorms, which includes 8% Placer County Occupancy Tax. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$25 per night for up to four people per RV. Guests pay \$35 per night for RV's. Camp has electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$20 for non members. No occupancy tax on RV's or tents. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please include your e-mail address. It is so much faster and cheaper if I need to talk to you. The supply lists will be sent when I receive your registration form and check. **ABSOLUTELY NO E-MAIL RESERVATION REQUESTS.** I need the check and registration form together. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. *I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form*

The cost of the seminar will be \$87 for registration which includes the class and wood piece all base coated and ready to go, hall rent, and the meals. There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after September 5th. It is difficult for people on the waiting list to take your place if they do not have at least a couple of weeks to make their plans, so please be thoughtful. Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$87 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. You were so very generous and cooperative with the cookies last time. I do so appreciate that. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be on your supply list.

My e-mail address is pennyjknudsen@sbcglobal.net. My phone number is (916) 941-6433. Please **cut off** and complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

September 24/25, 2016 ROSEMALING SEMINAR REGISTRATION FORM

Name _____	Phone (____) _____	I need a bed reservation: y es _____ No _____
Address _____	e-mail address _____	I want to room with: _____
City _____	Zip _____	Name of Lodge _____
Class I want is: Karen _____	Onya _____	I am bringing my RV _____
I am enclosing \$87 for registration fee for food and class.		I am bringing my tent _____
My spouse and/or family will be eating with us and I enclose \$35 for each _____		



Central California Kretsstevne (CCK)

Flying Flags RV Park
180 Avenue of the Flags, Buellton

September 30th, October. 01st – 02nd 2016



REGISTRATION DEADLINE: Sept. 15, 2016

The CCK Committee cordially invites all Sons of Norway members and their guests to attend the 2016 CCK at the beautiful Flying Flags facility in Buellton, just 45 miles north of Santa Barbara on Hwy. 101 for fun, fellowship, and great food – don't miss out!

Name(s) 1) _____ 2) _____ Lodge: _____ # _____
 Your E-Mail Address: _____ Telephone: _____ First Time Attendee: (yes/no) _____
 Child(ren): (please give names and ages) _____
 Additional Adult Guests: _____
 Present or Past *District* Office(s) held: _____

Accommodations: For those attending the CCK and not bringing an RV there are Rental Trailers and Cottages at the RV Park. We have also made arrangements with the following motel for reduced rates: 1) 94.99+ tax for the Days Inn/Windmill Motel right next to the RV Park, (phone 800-WIND-INN OR 805- 688-8448)

*** Please make your motel reservation as early as possible – cutoff is September 15th for this price ***

Following are the Prices for Registration, Meals and RV parking:

- Registration & Meals:** Note: We must pay the RV park for each person attending; thus the Registration Fee.
 \$ _____ Weekend Package: \$38 per adult (includes registration fee and Friday dinner thru Sunday breakfast)
 \$ _____ Weekend Package: \$19.00 per child age 10 to 17. (Friday through Sunday)
 \$ _____ Weekend Package: \$30 per person (includes registration fee and Saturday brunch thru Sunday breakfast).
 \$ _____ Weekend Package: \$15 per child age 10 to 17. (Saturday through Sunday)

OR Daily Registration fee and Individual Meals:

\$ _____ Registration Fee: \$8.00 per adult, \$4.00 per child ages 10 to 17, children under 10 free
 Registration includes a commemorative Kretsstevne Pin

Individual meals for adults are:

- \$ _____ Friday Dinner: \$7.00 (x # needed)
 \$ _____ Saturday brunch: \$7.00 (x # needed)
 \$ _____ Saturday night dinner: \$11.00 (x # needed)
 \$ _____ Sunday continental breakfast: \$7.00 (x # needed)
 \$ _____ **Total amount due for registration and meals. (STOP HERE IF NOT BRINGING AN RV)**

Individual meals for Children are:

- \$ _____ Friday Dinner: \$3.50 (x # needed)
 \$ _____ Saturday brunch: \$3.50 (x # needed)
 \$ _____ Saturday night dinner: \$5.50 (x # needed)
 \$ _____ Sunday continental breakfast: \$3.50 (x # needed)

RV Campers Only (a special Thanks to you for bringing your RV as we need 12 to get the Club House)

- \$ _____ Cost per night is \$54.00 and the minimum number of nights is two: Friday and Saturday (additional people \$5 per night)
 \$ _____ An extra vehicle fee is \$5.00 per day but up to 2 pets per site are now FREE
 \$ _____ Total amount due for RV parking: RV Length _____ RV_Site Request (if any) _____
 \$ _____ **Total amount due for registration, meals and RV parking (include all fees).**

NOTE: If participating in the Craft Fair Sat. Afternoon (10% to Camp Norge), please indicate: _____ Yes or _____ No

NOTE: Wanted raffle items (large or small); all proceeds from raffle will again go to Camp Norge!

MAKE CHECKS PAYABLE TO: "CCK" AND MAIL WITH THIS COMPLETED REGISTRATION FORM TO: Ron Oftebro, 5395 Queen Ann Lane, Santa Barbara, CA 93111-1121 phone 805-964-9195 (question to r.oftebro@cox.net)

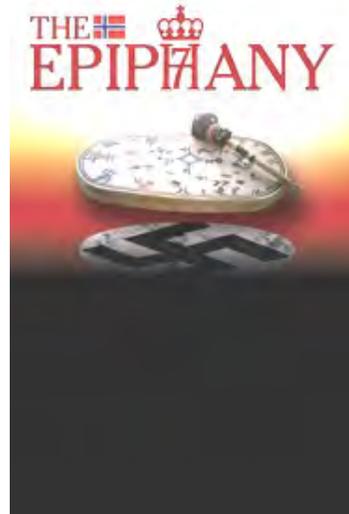
TAKK FOR SIST ~ WE ARE LOOKING FORWARD TO SEEING YOU IN SEPTEMBER!

**ACCLAIMED PLAY ABOUT NAZI OCCUPATION
BEING PERFORMED IN SOUTHERN CALIFORNIA**

We are performing **The Epiphany** one more time before we go on tour with the play in Norway. On **Saturday, September 10th at 2 PM and again at 7 PM.** The play deals with the Nazi occupation of Norway and the decision that the Norwegian people had to make: resist, collaborate, or merely survive... I belong to Peer Gynt Lodge in Culver City, CA. Tickets can be ordered online or through the Citrus College Box Office. Here is the link:
<http://tickets.haughpac.com/single/EventDetail.aspx?p=1471>.

Med vennlig hilsen, **Bruce Olav Solheim**, Ph.D., Distinguished Professor of History, Volunteer Veterans Advocate, Playwright, Citrus College, Glendora, CA

From the website: "It is April 9, 1940. The Nazis invade your country and take over your home. What would you do? **The Epiphany** depicts a heroic young woman's struggle to keep her family together, uphold her dignity and honor against malevolent forces, and ultimately choose between collaboration or resistance in order to survive. Over the course of the occupation, she discovers her true identity by demonstrating the power of the human spirit through self-determination and free will while embracing her indigenous Sami lineage and culture. **The Epiphany** powerfully dramatizes challenges faced and sacrifices made by everyday men and women trapped in the crucible of war and enemy occupation."



**Sons of Norway 25th Annual Weekend Southern California Kretsstevne
Friday, Oct. 21 - Sunday, Oct. 23, 2016**

SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park
1455 S. San Geronio Avenue, Banning, CA 92220
<http://koa.com/campgrounds/banning-stagecoach>

- Play Bingo Friday night and Bid on Silent Auction items Saturday
- Learn some Folk Dances. Enjoy Music, Singing, Heritage Crafts, and Camaraderie
- Cultural Food Demonstrations, Heritage DVD program/movie
- Enjoy Saturday afternoon side-trip to Malki Indian Museum for their Fall Gathering



****** Lodging Options ******

Already reserved

Limited number of RVs (3) and Park Models (3) for rent. Pricing is for two nights

Park Model – bedroom and foldout couch	\$160.00
RV – various sizes and accommodations, TBD	\$125.00
RV space, full hookups	\$ 85.00
Tent space	\$ 55.00

Please complete the registration form below and mail with your check made out to:
Southern California Kretsstevne. Mail by October 10 to:



Nancy Madson, SCK Registrar
28-351 Via Las Palmas
Thousand Palms, CA 92276

Home phone: (760) 343-0848
e-mail: norsknm@earthlink.net

----- cut here and mail -----

Name(s) _____ Lodge _____
Children _____ Ages _____
Phone (_____) _____ E-mail _____

SCK Registration Fee – all attendees _____ Adults @ 7.50 each/Family \$15.00 \$ _____
Includes commemorative Rosemaled Kretsstevne pin for adults

Fri. Night Lapskaus & Salad Dinner	_____ Adults @ \$8.00 each	_____ Children under 12 Free	\$ _____
Sat. Norwegian Vaffler Breakfast	_____ Adults @ \$5.00 each	_____ Children under 12 Free	\$ _____
Sat. Hot Dog in Lefse Lunch	_____ Adults @ \$5.00 each	_____ Children under 12 Free	\$ _____
Sat. Tri-Tip Dinner	_____ Adults @ 12.50 each	_____ Children under 12 Free	\$ _____
Sun. Egg Bake Breakfast	_____ Adults @ \$5.00 each	_____ Children under 12 Free	\$ _____

Lodging: Use pricing from above - Circle one
Park Model _____ RV rental _____ RV space _____ tent space _____ \$ _____

TOTAL AMOUNT, check written out to: Southern California Kretsstevne \$ _____



DISTRICT SIX 6TH ANNUAL BUNAD CAMP

MAY 6-9, 2017

LIMITED TO 12 STUDENTS

To be held at Camp Norge, 250 Canyon Mine Road, Alta, CA

With Sue Sutherland



Sue Sutherland studied apparel and textile design manufacturing, and learned to make *bunader* from Thorbjorg Ugland and Molle Horn, both from Heimen Husflid in Oslo. For many years she embroidered *bunader* for Odden's Norsk Husflid in Wisconsin, until she purchased the *bunad* part of their business in the mid 1990s. Since then she has been making *bunader*, teaching *bunad* courses, and offering authentic materials and accessories through her store, Bunad Butikken, in Ely, Minnesota. Sue travels to Norway once a year to purchase products for her business and continues her study of the various construction techniques and styles used on *bunader* from all of the areas of Norway.



(Zone 8 Director Bev Moe, Trollheim Lodge #110)

REGISTRATION FOR DISTRICT SIX SofN MEMBERS ~ \$300

(In addition to LODGING AND MATERIALS)

\$350 FOR NON-MEMBERS

All about Bunads

Bunads come in many varieties, ranging from those exquisitely embellished with trims or embroidery on wool, or with no embroidery at all and made of cotton. Each area of Norway has a different *bunad* (national costume) design. This Camp is for anyone who wishes to construct their own authentic formal or everyday *bunad* or an authentic purse, cap, shawl, belt, or blouse to complete their costume, whether it is elaborate or simple. Sue will help you make the bunad you have always dreamed of.

FOR MORE INFORMATION OR TO REGISTER, go to: www.sofn6.org / www.campnorge.org

OR email Judy Immel at immelja@gmail.com

Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights CA 95611-3734

Return Service Requested

Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.

LODGE SCHEDULE, REMAINDER OF 2016

(All events at the Masonic Center, 5944 San Juan Avenue, Citrus Heights 95610, unless shown otherwise)

Sept. 18, Sunday	BBQ Social and Camp Kids reports
Oct. 1, Saturday, 10 am – 4 pm	Scandinavian Festival, Divine Savior Cath. Church
Oct. 29, Saturday, 5 pm	Lutefisk Dinner
Nov. 19, Saturday, 10 am – 2:30 pm	Vikingfest
Dec. 11, Sunday, 5 pm	Julebord Dinner
Dec. 18, Sunday (tentative, planned)	Family Christmas Party (Venue to be determined)

Additionally, there are 7 pm second Tuesday meetings scheduled for October and November. Next Board meeting is October 13th at 6:30 pm in the Masonic Center Conference Room.