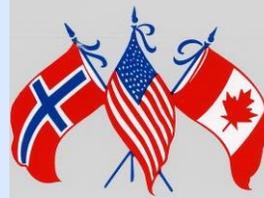


THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
November / December, 2014

Editor: Stephen Rosenthal
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www.sonsofnorwaysacramento.com.
Intrepid Reporter: Dick Tracysen



FROM ZONE 1 DIRECTOR TOVE-LISE MILLER:



HELLO FROM DISTRICT SIX SONS OF NORWAY!

District Six had a board meeting in Sacramento on October 18th, 2014. After the meeting most of the board members attended Roald Amundsen Lodge's Lutefisk Dinner. Thank you for coming. Our members enjoyed meeting all of you.

Here are a few tidbits from the meeting: We have a new very enthusiastic Cultural Director, **Pamela Stutrud-Groth**, with a lot of new ideas. She is also urging the lodges to get more participation in the cultural skills programs. Several of the programs are currently being updated and they can be found on the Sons of Norway's website. Talking about the website; when you sign in under member, you can find all kinds of information. You should try it.

(Continued on page 2)

FROM LODGE PRESIDENT STEPHEN ROSENTHAL:



I was very disappointed to miss the Lutefisk Dinner, but the date conflicted with two reunions I wanted to attend. The first was for the first ship I was on in the Navy, the USS Trathen. It was an "all hands" reunion (i.e., for anyone who had served on the ship since WWII beginning in 1942 until after our Vietnam service, when we decommissioned her in 1965). This was our "last reunion" ever, as most shipmates are now too old to organize these events.

The reunion was, in a word, great, with many fine experiences. We dedicated a ship's plaque at the **Navy Memorial** on Pennsylvania Avenue, and laid a wreath at the foot of the statue of the Lone Sailor in front of the Memorial. In the same ceremony we read the names and sounded bells for each of our sailors who had passed on during this past year.

We were at the **National WWII Memorial**

(Continued on page 2)

REMAINING 2014 LODGE SCHEDULE:



NOVEMBER

11/11– Lodge Meeting and Veterans' Day (Tue at 7 pm)
11/15– **Vikingfest** at the lodge (See Flyer)

DECEMBER

NO LODGE MEETING

12/14, **SUNDAY**– **Julebord** at the lodge.
12/21, **SUNDAY**– **Children's Christmas Party**.

JANUARY

NO LODGE MEETING

1/17– **2015 Officer Installation** at the lodge.

See flyers inside for these events.

Zone 1 Director (Continued from page 1)

Irene Jordahl was elected by the board to fill the position as Public Relations Officer as **Reegan Moen** had to resign as he got a new job and will not be able to spend the time needed to fulfill the obligations required as District Six's Public Relations Officer.

Erik Peters, the new Director, has a lot of new ideas for the Youth Camps at Camp Norge for 2015. I do not have all the details yet, but it will even include a Camp for older kids. He also wants to introduce more Norwegian food and language into the curriculum. It sounds exiting.

*Erik Peters*

Last, but not least; the next District Six Convention, that is actually not supposed to be called Convention, but District Meeting, in 2016 will be in Loveland Colorado, June 19th through 22nd, 2016.

Hilsen, **Tove-Lise Miller**, Zone 1 Director, Sons of Norway, District Six.

military garb, and also families, searching for and tracing names on the wall, some crying. Today, it was mostly tourists just walking from one end of the wall to the other. Time marches on, as is often said.

One of the sailors who served on board the same time I did is now an American Indian (Ottawa) Chief. He and his wife, also an Indian, went to tour the **Smithsonian National Museum of the American Indian**. His wife told me they didn't finish touring it. I asked her if they were going back to finish. She replied that they would never go back – too, too sad.

We finished with a grand banquet on the last night. It was a great time, but also sobering as most of us will never see one another ever again. Fair winds and following seas to all.

Take a look at all the events we have coming up! The holiday season, especially with Thanksgiving upon us, is always one in which we should remember our heritage – both Norwegian and American!
Fraternally, Steve

President (Continued from page 1)

when a busload of Honor Flight guys arrived from Kansas. All of a sudden, as if he had appeared ethereally, **Bob Dole** was sitting in a chair in front of the Memorial to greet the guys, at least some of whom probably knew him. The Senator was fairly frail, being about 90 years old, but still seemed mentally sharp, and he knew when to smile for the cameras. We were told that he makes a point of doing this for as many Kansas Honor Flights as he can.

When we arrived at the **Korean War Veterans Memorial** we were surprised to find one end of the wall area filled with Koreans and Korean-Americans. They had come to lay some wreaths and participate in a ceremony honoring Korean War veterans. When they found out that we had about seven Korean-era veterans among us, they insisted on taking pictures of themselves with this group, and shaking hands with them all. Seems like at least one country in the world is thankful for America's efforts to preserve democracy.

When I first visited the **Vietnam Veterans' Memorial** shortly after it was constructed in 1982, you could see guys there in their left-over



One of the lesser-publicized bronze statues at the Vietnam Memorial—this one honors women who served, most of whom were nurses.

VOLUNTEERS MAKE THE SACRAMENTO SCANDINAVIAN FESTIVAL A SUCCESS!

By Joe Hannon, Festival Chairman, 2014

The 31st Annual Sacramento Scandinavian Festival on Saturday, October 4th, proved to be a very successful event enjoyed by 624 paid attendees at the Divine Savior Catholic Church in Orangevale. Scandinavian hot foods and baked goods, vendor demonstrations and merchandise items were available. Thanks to all the lodge volunteers that pitched in to either cook or sell prepared food and baked goods or beverages.

Appreciation is extended to **David Bailey, Mike Jones, Joe and LaRena Hannon**, their grandson **Dustin Barnett, Norman Hales and Erik Bjerke** who either helped prepare the Viking Ship for travel and display or helped drop the sail and return the ship to dry dock.

Also thanks to **Ron Byrd** for serving at the Beverage Bar. Vikings-on-a-Stick were previously prepared by **LaRena Hannon, Pat Harriman, Ann Sandner and Sharon Brooks**. Deep fry cooks were **David Bailey and Mike Jones**, with sales provided by **Tove-Lise Miller**, assisted by **Norman Hales**.

Those serving at the Bake Table were **Sharon Brooks, Cecelia Byrd, LaRena Hannon, Dorothy Jones and Maggie Karlstad**. Thanks to those from our lodge who provided baked goods. Our super bakers were **Ann Sandner, Maggie Karlstad, Tove-Lise Miller, Donna Gordon, Kristi Updegraff**, and the Finnish ladies that baked 100 loaves of Pulla Bread.

Ann Sandner and **Lois MacNeil** provided information at the Norway Table. And "Hey, I'm the only kid," **Matthew Bradley** did a good job as Flag Bearer for the Norwegian colors at the flag ceremony. Thanks also to **DeAnn Smeltzer** for again providing publicity for the festival. I am sorry if I missed others that may have helped with the festival.



Norman Hales and Tove-Lise Miller selling you-know-what.



Sharon Brooks at the Bake Table.

CORRECTION:

And, **Matthew Bradley**, a correction: at one point in last month's issue, we referred to you as a "daughter." Obviously, you are a son, and we regret the mistake. Sorry.

A Norwegian Retreat in the Big Sur...

A BED IN THE REDWOODS

By Lise Fleming

On a coast that prizes eccentricity, **Deetjen's Big Sur Inn** lifts it to an art form. Twenty rooms and cabins crafted by Norwegian immigrant **Helmuth Deetjen** between the 1930s and 1960s, scattered beneath redwoods. Doors creak, floors creak; you build your fire in your fireplace and think this is magical, or this is hell. Probably the former, because Deetjen's is beautiful and its restaurant serves some of the best food along the highway.

Listed in 1990 on the National Register of Historic Places: **"This place sucks."** No bar, no phones, no wireless, no service, no television, no spa, no action, **"just beauty."**

Some of the rooms don't have private baths; each room is eccentric, cabin-like, comfortable and unexpected.

Deetjen's History. In the early 1930s, **Helmuth and Helen Haight Deetjen** lived in a tent beside the Castro Canyon Creek. Helmuth constructed a redwood barn with reclaimed materials from Monterey's Cannery Row. Word spread, and adventurous travelers came for weeks to hike and write, dine and play.

In 1939, **Barbara Blake** transformed this main building into a restaurant similar to those of her native English countryside. Today, this place is the heart of Deetjen's; filled with guests enjoying meals by candlelight, sipping wine and warming themselves by the fire. Over the years, Helmuth added to the Inn, using locally milled redwood and giving each room a unique personality and name to match. In this process, Grandpa Deetjen (as he came to be known) recreated the architecture of his native Norway and also helped develop what is now known as the Big Sur style of building.

The fresh air, redwood forest, ocean view and tranquility of Big Sur have inspired artists for generations. Famous writers as diverse as **Robinson Jeffers** and **Richard Brautigan** wrote of Big Sur, as did **Henry**

Miller, Lillian B. Ross, Eric Barker, Hunter S. Thompson and Jack Kerouac. Edward Weston and Ansel Adams created photographic works of Big Sur, as have hundreds of other photographers.

"Grandpa" went on to spend his golden years listening to classical music, drink-



Grandpa Deetjen

ing red wine, and enjoying the intellectual fruits of solitude while "Mrs. D" (wife Helen) held court in her rooms. A penchant for See's chocolate contributed to her famous girth.



Deetjen's Inn exists today because in 1972 Helmuth "Grandpa" Deetjen bequeathed his Big Sur home to be forever enjoyed by guests wanting to enjoy the peace, friendship, and beauty of the place. If you want to experience the Good Old Days, then stay at the rustic, handcrafted, high quality inn and enjoy its old-world ambience. This is a "Diamond in the Rough" that gives you a unique and one of a kind experience. (48865 Highway 1, Big Sur, CA, (831) 667-2378) – **Lise Fleming is the editor of the Sundford Sun, newsletter of the Sundford Lodge, serving the Pomona and San Gabriel valleys. Reprinted with her permission.**



A GRAND LUTEFISK DINNER...

By Carol Francis

We had a packed house with ninety four people eating dinner at our Lutefisk and Meatball Dinner on Saturday, October 18th at the San Juan Masonic Hall. **David Bailey** chaired the event and did the food shopping, with **Carol Francis** as co-chair for volunteers and fish.

Kirsten Wyatt and daughters **Katrina** and **April Wyatt** (daughter and granddaughters of **Duane and Betty Malme**) prepared the wonderful food and handled kitchen duties. We got our lefse from **Lorraine Larsen** (and daughter **Julie Bogue**), and our meatballs were made by **Sharon Brooks, Ann Sandner, Lyla Hanson, and Carol Francis**. **Carol Lee Solheim** handled the reservations and passed out tickets at the door, while **LaRena Hannon** did the appetizers and decorations.

The set-up crew is mentioned in pictures. **Mike and Dorothy Jones** and **Ron and Erna Alfstad** helped clean the kitchen, and numerous people helped put the chairs and tables back, and get the lodge cleaned up. It takes many people to put on a dinner of this size, and we want to thank our hard-working crew. It was nice to be back in the lodge after five years away, even if we had to move a lot of furniture. This was the biggest crowd we have had in years, with two tables up on the stage!

We were pleased to see a number of the District Six officers in attendance, as they were attending a District meeting in Sacramento.

Carol Francis gave a program on her summer living in Longyearbyen, Svalbard, the northernmost city in Norway.

Photographs: Packed house. LaRena Hannon preparing hors d'oeuvres. Setup crew including Carrie and Brandon Milar, Erik Swanson, Bill Teie, and Ron Mainer. Chair crew including Lief Erik Bjerke, Norman Hales (in rear) and Wade Bjerke.



LETTER TO THE EDITOR...

Dear Editor-

Just One Members Opinion:

Quite recently, I have come to the realization that I am getting old. Now, I am sure that those around me have noticed this some time ago, but I can be something of a slow learner when it comes to accepting the obvious! Applying for my Social Security benefits was a big nudge toward realizing that I should now be asking for senior discounts!

While slow to recognize my own aging, I have been way out front in noticing that many of my fellow lodge members are really getting just a wee bit gray! Happily, I have also noticed that we are finally starting to see some young families coming to lodge functions. But why don't I see many of our younger members helping out with these same functions? I decided I would start to ask!

I found out that first of all, the day and time of lodge meetings is really inconvenient. For example, the October lodge meeting is being held on Tuesday, Oct. 14, at 7 p.m. Why? I am unable to attend Lodge meetings for the same reason that many younger members are unable. I work! I'm "pooped" at 7 p.m. on a Tuesday night, especially if I've eaten too much dinner. I need a nap- not a meeting! If it's raining cats and dogs, it's much better to be driving in the daytime on a Saturday than at night during the work week.

Those with small or school aged children find this meeting time very difficult. Often homework, sports, or other school activities make week day meeting times a problem, even if they really want to participate.

What are we doing to encourage younger members to take up leadership roles? Are we actively mentoring them by showing them how we go about putting on one of our dinners, for example? Do we have a younger member sitting next to us as we make food, or cookies, or decorations, or set up or put away, or as we are preparing a cultural presentation? How many younger members know where we can buy lutefisk?

I propose that every current lodge officer actively reach out to a younger member and ask them to become a "shadow" officer, learning the ins and outs of what is needed.

We need to begin passing of the torch if our lodge is to remain a vibrant, living fraternal organization. Personally, I think that our younger members could come up with some really killer Viking inspired events that would be great fun for all of us. (I envision a super dress up party and dance where we get to wear Freya and Thor costumes!!!) Have we asked them to take the lead? Have we listened to them? Do we know what kind of cultural events would appeal to them?

I've been a lodge member for 29 years, and I have always tried to help out when I can. Now I want some younger members to step up, with my help, and with your help. We need to start growing again! We need our younger members to be re-introduced to their heritage of service and fraternity. How? What, if anything, have other lodges done to acquire new younger members, and to assure that they become interested and active members? How do we do this?

I will be glad to put together a questionnaire aimed entirely at our younger members that they can respond to anonymously so they won't be embarrassed if they relate things that have been a "turn off" to them. Armed with this information, maybe we can make whatever changes we need to make to begin growing again.

I think there is a large, untapped population of Norwegian American young people in our area who can bring us new ideas and take us into the next decades as a wonderful organization, active in our larger community.

I must say in closing how extremely grateful I am to our loyal and dedicated members who continue to faithfully serve us in so many capacities, and who have done so for many years without ever asking for any thanks or applause. If we can continue to find such members in the future, we will be very fortunate indeed.

Sincerely,
Darla Moe

Editor's Comment: Note what Darla says about Tuesday night meetings. Others have expressed similar feelings to me. What is your opinion?

IN MEMORIAM—FOLLOW-UP...



Last month we reported on the passing of long time member **Barney Bordsen**. Subsequently, we heard from his daughter, **Janice Bordsen Bailey**, who sent this photograph of Barney at his 100th birthday party last November. She reported that “Although weak he really enjoyed the day visiting with old neighbors, old friends and plenty of family. He gradually got weaker and I think he just decided it was time to go as we moved into 2014 and on to 101 years.” A five-generation photograph was also sent, showing daughter **Janice Bailey**, **Barney**, **Julene Rosler**, **Jennifer Rosler**, and **Barney’s great-great-grandson, Conner Rosler Ward**.



ROALD AMUNDSEN LODGE 2015 CALENDAR

Here are the lodge’s calendar of events for 2015. Changes, if any and as they occur, will be posted on the website and in The Navigator.

January 17 – Installation Brunch, Masonic Lodge

February 27 – Pea Soup Supper, Masonic Lodge

March 28 – Torsk / Meatball Dinner, Masonic Lodge

May 17 (about) – 17th of May Celebration, exact date and venue to be decided.

August – Summer Social Event, exact date and venue to be decided.

September 13 – Sunday afternoon meeting/social with camper kids from Trollfjell

October – Scandifest, venue and date to be promulgated

October 17 – Lutefisk Dinner, Masonic Lodge

November 21 – Vikingfest, Masonic Lodge

December 19 – Julebord, Masonic Lodge

December – Children’s Christmas Party, venue and date to be promulgated

Additionally, there will be regular meetings on the second Tuesday evening, 7 pm, at the Masonic Lodge, during the following months: February, March, April, May, June, October, and November.

**Sons of Norway & Roald
Amundsen Lodge, Sacramento**

Invite you to attend the annual

VIKING FESTIVAL

Saturday, November 15, 2014

10:00am to 3:00 pm

at the SAN JUAN MASONIC HALL
5944 SAN JUAN AVE, CITRUS HEIGHTS, CA
(2 blocks south of Greenback Ln)



Admission is Free!

VIKING FEST!! The Sons of Norway invite the public to a festive Norwegian Christmas Bazaar featuring ethnic crafts and merchandise, Scandinavian food, baked goods, and music. A favorite food item – “VIKING-ON-A-STICK” – will be back again, as well as Open-Faced sandwiches, Fish Soup, Waffles, Lefse, and much more!

Just in time for holiday shopping!

For information call 916 451-3853 or 916 293-8142.
Visit the website: www.sonsofnorwaysacramento.com

NOTE! VIKINGFEST HELP NEEDED!

Two (2) helpers needed Nov 15 9:00 am - 11:00 am for kitchen food preparation. Use your creative cooking skills in the kitchen while preparing open-faced sandwiches, peeling potatoes for Fish Soup and more! After your fun cooking shift is over, you will have plenty of time to enjoy the Scandinavian music and holiday shopping! If you would rather enjoy some Norwegian food, music and shopping first, we have a clean-up shift from 2:30 pm-4:00 pm. Contact DeAnn at smeltzer4@sbcglobal.net or 530-957-9416.

NOTE!
BAKED GOODS FOR THE VIKING FEST NEEDED!

The Viking Sisters of our lodge would like all of our bakers to bring baked goods and cookies for the Bake Table at the Viking Fest on November 15th. Sales will support camperships and scholarships for young members and also provide some funding to support Camp Norge. Thanks!



**Roald Amundsen Lodge
Sons of Norway**

Julebord

Sunday December 14th, 5:00 PM

**Masonic Center, 5944 San Juan Avenue, Citrus Heights
(Between Madison and Greenback)**

Norwegian Delicacies:

Roast Pork, Medisterkaker, Surkål, Fish Aspic, Herring, Smoked Salmon, Rekesalat and more.
Traditional Norwegian Desserts.

Prepaid reservations only.

Reservations are limited to the first 80 people and must be received by December 1st.

Adult S/N members \$20.00. Non-members \$25.00

Children 11 and under \$8.00

Make checks payable to "Sons of Norway"

Mail to: Carol Lee Solheim, 3570 Vista Grande, Shingle Springs, CA 95682

Questions: 530-677-2006, Solheim2636@att.net or ToveLise@aol.com

Please reserve the following tickets, which will be held at the door:

Member 's name(s) _____

Non-member's name(s) _____

Contact number & e-mail _____

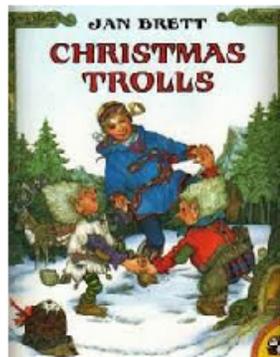
of members _____ @ \$20.00each Total \$ _____

of non-members _____ @ \$25.00 each Total \$ _____

of children _____ @ \$8.00 each Total \$ _____

Grand Total \$ _____

Please detach and mail to above address, with check, by December 1st.



ANNUAL CHILDREN'S CHRISTMAS PARTY!

Sunday December 21st, 2014

2:00 PM—4:00 PM

at

THE FIRESIDE ROOM,

LUTHERAN CHURCH OF THE GOOD SHEPHERD

At the corner of Arden Way and Morse Avenue, Sacramento

(Same Venue as Last Year)

The theme of this year's program, organized by member Janet Moe, will be "Christmas Trolls," based on the book of the same name by Jan Brett. Janet is hoping for both parent and children participation!

Reservations not required, but if you let Carol Lee Solheim know that you are coming, it will insure that your child receives a gift. (530/677-2006 or solheim2636@att.net)

Each family should bring a plate of Christmas goodies (cookies or similar). The lodge will provide punch and coffee. Santa may appear! Good fun for all!

2015 OFFICER ELECTION AT NOVEMBER MEETING

The Nominating Committee has identified persons willing to serve as officers in 2015, and the slate is given below. There may be additions between now and the November election at the monthly meeting. If you are willing to serve, especially in one of the open positions, please contact a member of Nominating Committee (Jim Smith, Donna Gordon, Norman Hales).

President	Tove Lise Miller	Youth Director	Carol Francis	Publisher	Ray Miller
Vice President		Greeter	Ron Byrd	Website	Tedje Miller
Secretary		Greeter	Cecelia Byrd	Publicity Director	Deanne Smeltzer
Treasurer	David Bailey	Librarian		Foundation Dir.	Donna Gordon
Membership Sec.	Florence Smith	Historian		Trustees	
Social Director	LaRena Hannon	Musician	Janet Moe	3 year	Stephen Rosenthal
Asst. Social Dir.	Ron Byrd	Asst. Musician	Bob Dahl	2 year	Arne Jensen
Counselor	Joe Hannon	Sports Director		1 year	Ron Byrd
Marshal	Ann Sandner	Cultural Director		Auditors	(Susan Lemmon)
Asst. Marshal	Pat Harriman	Editor	Stephen Rosenthal	Directory/Labels	Carol Lee Solheim



Please join us for the Lodge's first event of 2015

Roald Amundsen Lodge 6-48

Sons of Norway

Installation of New Officers and Potluck Lunch

Saturday January 17th, 2015, 11:30 AM

Masonic Center, 5944 San Juan Avenue, Citrus Heights



Please bring a salad, hot dish, dessert or side dish to share.

Coffee, Punch, Plates and Utensils will be furnished.

Lunch will be served, followed by Installation Ceremony with Installing Officer Carol Lee Solheim, past District 6 Secretary.

Please come and thank outgoing president Stephen Rosenthal and other officers for all their hard work in the past year, and to welcome the new officers for 2015.

Everyone is welcome. Incoming and outgoing officers are especially encouraged to attend. Let us make it a grand occasion. Reservations not required.

Bunads and Scandinavian Sweaters are encouraged.

Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights CA 95611-3734

Non-Profit Organization
U.S. Postage Paid
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Permit #124

Return Service Requested

Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>. Check it out!

OFFICERS—PARTIAL LIST

President
Stephen Rosenthal
rosen@winfirst.com

Vice President
Tove-Lise Miller
tovelise@aol.com

Treasurer
David Bailey
davidsbailey@yahoo.com

Secretary and Recording Secretary
Carol Lee Solheim
solheim2636@att.net

Intrepid Reporter
“Dick Tracysen,” c/o
rosen@winfirst.com

Webmaster
Anne Bandy
abandy100@gmail.com

Viking Sisters

President
Ann Sandner
asandner@aol.com

See Directory for additional officers.

SIGN-UP LIST FOR REFRESHMENTS FOR 2014—2015 MONTHLY LODGE MEETINGS



The following have signed-up to bring refreshments to the monthly Lodge meetings:

November -- Tove-Lise Miller, Donna Gordon and Kristi Mattes

If you are not signed-up and would like to bring something one month, please feel free to do so. Thanks to all who were willing

CAMP NORGE WORK PARTY

Camp Norge is having its annual “Winterization of the Camp” work party Saturday/Sunday November 15th and 16th. Unfortunately, the Saturday date conflicts with our Viking Festival. However, if you want to try and get up there for a day or so, you can contact Linda Car-ruthers at 415/515-2415 or Cheryl Mallseed at 805/915-8877 or mkby-cheryl@sbcglobal.net. They have a full flyer available that provides all details.