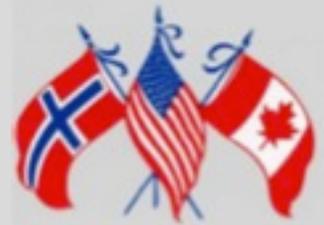


# THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48  
Sons of Norway, Sacramento, California  
December, 2010



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Published Monday, November 22, 2010

## FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:

**God jul og godt nytt år! Or a Merry Christmas and a Happy New Year, in Norwegian!** Note that Norwegians do not capitalize as many things as we do, I didn't just forget. This is a very special time of year in Norway, as they await the first snow in southern Norway where I lived as an exchange student in 1966-67. Their weather is very much like in the Sierra Nevadas around Donner Lake, and we lucked out with snow on Christmas Eve for my one Christmas in Norway. Kids gathered grain for bird feeders to raise money for presents, and these were in the kitchen window. We had this weird porridge called mølje for Christmas Eve afternoon, and pork rib for Christmas Eve dinner which was wonderful. The julenisse or Christmas elf brought presents for Christmas Eve, when they opened their presents. And Christmas continued the twelve days of Christmas, with visits to friends and relatives.



We have three events to celebrate the Christmas season at our lodge. On **Saturday, December 11th**, we will have an elegant **Julebord** at the Orangevale Grange Hall with many traditional Norwegian foods; please reserve early using the flier in the Navigator, as no tickets are sold at the door. At our Lodge meeting on **Tuesday, December 14th**, we will sing carols around the Christmas tree, Norwegian style. Finally on **Sunday, December 19th**, all members are welcome, and please bring children, grandchildren, nieces and nephews to our **Family Christmas Party from 2-4 pm** at the Carmichael Park Clubhouse. If you want bunads or vests for the children to wear, call Carol Lee Solheim early so she can get them out of storage and ready for use. We hope you will join us to celebrate this special season!

Also, please save **Saturday, January 8th for a Gala Potluck Brunch** at 11 am at the **Lutheran Church of the Master**, 1900 Potrero Way, Sacramento! **This church will be the setting of our major dinners in 2011**, as it has a bigger kitchen than the Orangevale Grange Hall. The lodge will provide sparkling cider to toast the New Year and also cake for dessert, and you bring the food, a hot dish, side dish, salad, veggies or bread to share. We will also install next year's officers. There will be NO lodge meeting on Tuesday, January 11th.

I have been your president for the last three years, and am writing my second to the last President's message. I will summarize our progress for the last three years next month, but want to thank a very hardworking board for all their ideas and support: David Bailey, Carol Lee Solheim, Tove-Lise Miller, Steve Rosenthal, Florence Smith, LaRena Hannon, Joe Hannon, Bob Dahl, Steve Loberg, Nancy Ottum, Ann Sandner, and Ron Byrd. Thanks also to supporting officers: Jessica Brown, Cecelia Byrd, Pay Harriman, Janet Moe, and Susan Lemmon. Their enthusiasm helps make our lodge a welcoming place to learn about our Norwegian heritage, and make good friendships, the real purpose of lodge membership.

I am now busy as a Zone Director of District Six, visiting other lodges including recent trips to Eureka, Yuba City and Redding. I also visited the Medford, Oregon, lodge with friends in that area. It is fun to see how other lodges operate and get ideas to bring back to our lodge. I am also pursuing a Masters degree in history at California State University, Sacramento, giving me a hectic schedule lately. I hope you can attend our **Gala New Year's brunch on January 8th**, when David Bailey takes over as president. Have a happy and safe Christmas holiday! klem, hugs, Carol

**KALENDAR:**

Tuesday, November 9, 7 pm, Lodge meeting at San Juan Masonic Hall, Initiation of New Members. Cultural Program: **Exchange Student Erling Røhmer**, presentation on growing up in Norway! Refreshments, Tove-Lise Miller, Donna Gordon, and Kristi Mattes.

Monday, November 15, 7 pm. Board meeting at home of Bob Dahl in Rancho Cordova. Open to lodge members, RSVP to Bob, 916-369-1522.

Saturday, November 20th, 10 am to 2 pm, **VIKINGFEST**, San Juan Masonic Center, Citrus Heights. Dancers, crafts, food and gifts, see flier for details.

Saturday, December 11th, 5 pm social, 6 pm dinner. **JULEBORD**, St. Lucia ceremony. Orangevale Grange Hall, flier next month. Advanced reservations only.

Tuesday, December 14, 7 pm, Lodge meeting at San Juan Masonic Hall, Cultural Program: Christmas Carols around the Christmas Tree. Refreshments, Corrinne Laing and Ann Bandy

Sunday, December 19, 2-4 pm, **FAMILY CHRISTMAS PARTY**, Carmichael Park clubhouse, 5750 Grant Ave., Carmichael (see flier). Please RSVP to Carol Lee Solheim regarding number of children, and whether you want a bunad or vest for them to wear, and their sizes, by Dec. 12th. Call her at 530-677-2006, or email [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net). The costumes are stored, so Carol Lee needs to get them ready. We may hear from Santa!

Saturday, January 8, 11 am, **CHAMPAGNE NEW YEARS POTLUCK BRUNCH** and Lodge meeting combined, Installation of Officers, Lutheran Church of the Master, 1900 Potrero Way, Sacramento. No regular lodge meeting in January, flier next month.



**HURTIGRUTEN CRUISE**  
SAILING DATE MAY 31 -JUNE 5, 2011  
KIRKENES TO BERGEN  
M.S. NORDNORGE

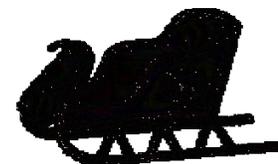
*Paid Advertisement*

Enjoy a relaxing cruise down the beautiful Norwegian coastline on the May 31st sailing of the MS Nordnorge! Fly to Kirkenes in the far north of Norway to cruise in the land of the Midnight Sun, with an optional side trip to North Cape. Enjoy Tromsø, called the "Paris of the North," the breathtaking Trollfjord, and the Lofoten Islands. Cross the Arctic Circle, stroll through coastal towns and Trondheim, with its great Gothic Nidaros cathedral, before ending your cruise in historic Bergen, with its Bryggen Wharf from the medieval Hanseatic League.

Prices for cabins range from \$1629 to \$1830 per person double occupancy (ppdo), and include port taxes and all meals on ship. Fuel charge is \$84. Airfare from the West Coast to Oslo runs in the \$1100-1200 range, and airfare to Kirkenes is about \$193 one way.

You need to be in Kirkenes on Monday, May 30, 2011. Hotels are available in Oslo, Kirkenes and Bergen, and cost less when booked early. Extend your trip with Norway in a Nutshell to the Sognefjord, overnight in Balestrand, and the famous Flåm railroad on your way back to Oslo.

A deposit of 20% per person will hold your cabin until final payment 60 days before sailing. We must have ten people to get the group rates (group size 16). If interested, contact Carol Francis of Action Travel on her cell phone 916-390-0953, or e-mail [csfnorge@jps.net](mailto:csfnorge@jps.net).



God jul

ROALD AMUNDSEN LODGE  
SONS OF NORWAY

"JULEBORD"

WITH A PROGRAM ON ST. LUCIA



Prepared by the Ladies of the Lodge

**MENU:**

- Norwegian Appetizers
- Cider Christmas Toast
- Pork Roast,
- Medisterkaker (Pork Meatballs)
- Herring
- Surkål (Sweet and Sour Cabbage)
- Seasonal Vegetables
- Red Potatoes
- Beet Salad
- Cucumber Salad
- Fish Aspic
- Desserts
- Lefse
- Coffee

**SAT., DECEMBER 11, 2010 - Social 5:00pm, Dinner 6:00pm**  
**ORANGEVALE GRANGE HALL**

5807 WALNUT AVE., ORANGEVALE, CA (going east on Madison, it's the first left after Pershing/light)

**NOTE: DEADLINE TO MAIL IS DEC. 4<sup>th</sup>**

**Make check payable to "SONS OF NORWAY"**

MAIL TO: CAROL LEE SOLHEIM, 3570 VISTA GRANDE, SHINGLE SPRINGS, CA 95682

(Questions? 530.677.2006 email: solheim2636@earthlink.net) www.sonsofnorwaysacramento.com

clip & mail -----

**Please reserve the following tickets: "JULEBORD"**

Tickets will be held at the door for you.

Member name(s) \_\_\_\_\_

Non-member/Guest names(s) \_\_\_\_\_

Phone number & e-mail \_\_\_\_\_

# of Members \_\_\_\_\_ @ \$17.00 each Total \$ \_\_\_\_\_

# of Non-members \_\_\_\_\_ @ \$20.00 each Total \_\_\_\_\_

# Child tickets \_\_\_\_\_ @ \$8.00 each Total \_\_\_\_\_

Grand Total: \$ \_\_\_\_\_

**(DETACH AND MAIL TO ABOVE ADDRESS BY DEC. 4<sup>th</sup>, 2010)**

Roald Amundsen Lodge  
Friday night - Sunday morning, February 4-6  
Junior Lodge Snow Trip at Camp Norge,  
Open to children, grandchildren, nieces and nephews of lodge members, ages 8 to 21.  
RSVP to Carol Francis, 916-390-0953, or [csfnorge@jps.net](mailto:csfnorge@jps.net)

\$45 per person, chaperones welcome and appreciated.  
Includes lodging figured at four per room (may have two to six per room) and food for weekend.

Bring bedding, toiletries, towels, warm clothes, and snow play equipment.  
We will find snow on Saturday, some place up the hill.

#### **PRESS RELEASE FOR ALL LODGE NEWSLETTERS**

The 6<sup>th</sup> District will award three \$1,000 scholarships to members in good standing, their children or grandchildren who are Unge Venner members in any lodge in the 6<sup>th</sup> District. They must attend a 4 year accredited college or university in the USA as a fulltime undergraduate in their sophomore, junior or senior year and have a grade point average of 2.5 or better on a scale wherein A=4, B=3, C=2, D=1. When an applicant is deemed worthy of a scholarship (recommended by the 6<sup>th</sup> District Scholarship Committee and approved by the 6<sup>th</sup> District board) the funds will be jointly paid to the applicant & to the institution he or she is attending. **Applications must be submitted to the scholarship committee by April 1 of the application year.**

Also, the 6<sup>th</sup> District scholarship to a 2 week Concordia Language Camp Summer Session at The Norwegian Village or "Skoggjorden" in the amount of about \$1700.00, for a camper over the age 13. The applicant must be a Heritage or Unge Venner member of a 6<sup>th</sup> District lodge. Applications must be submitted to the scholarship committee by May 1 of the application year. Visit website [www.ConcordiaLanguageVillages.org](http://www.ConcordiaLanguageVillages.org) for information & applications for the Norwegian Village or "Skojorden." The applicant must also apply directly to and meet all requirements of Concordia Language Camp. Those interested in applying for the scholarship for the Concordia Language Camp may get the district applications from members of the scholarship committee.

Carolyn Dahl, Chairman,  
13361 East 35<sup>th</sup> Place, Yuma, AZ 85367  
PH: 928-335-1801, e-mail, [KA6LSK@arrl.net](mailto:KA6LSK@arrl.net)



ROALD AMUNDSEN LODGE  
SONS OF NORWAY



FAMILY  
CHRISTMAS  
PARTY

Activities: Christmas Story, Singing Around the Christmas Tree, and maybe a surprise visit from a guy in red... plus refreshments. Hope you ALL can come!

**SUN., DECEMBER 19, 2010** Starting 2:00pm til 4:00pm

To be held at the **COMMUNITY CLUBHOUSE** in **CARMICHAEL PARK**,  
5750 Grant Ave (near corner of Fair Oaks Blvd & Grant Ave).

From Fair Oaks Blvd, go west on Grant Ave, the Community Clubhouse is on the left. There is a sign on the Clubhouse and tennis courts are next to the building. Parking is limited in front of the clubhouse, but there is ample parking in the back. Google maps or "carmichael park".

Please bring a plate of goodies to share. Lodge will provide coffee and cider and gift bags for the children.

If you want a bunad or vest for a child to wear for photos, let Carol Lee know as early as possible, as the costumes are stored. Boys should wear a white shirt and girls a white blouse in order to wear the Vest and Bunad correctly.

We need a count of the children coming by *December 12<sup>th</sup>*, with names and ages:  
Please contact Carol Lee Solheim at 530-677-2006, [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net)



## **GODT NYTTAR! WELCOME IN THE NEW YEAR AT: ROALD AMUNDSEN LODGE'S JANUARY POTLUCK BRUNCH!**

### **FEATURING: INSTALLMENT OF 2011 OFFICERS**

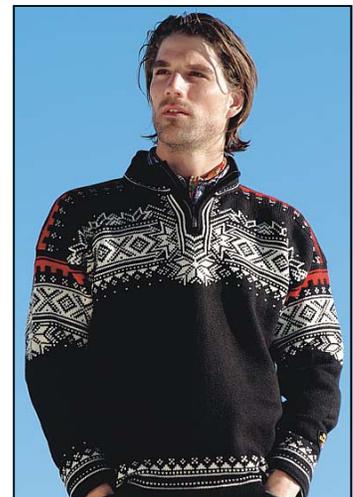
Toast incoming President David Bailey and the other new officers with sparkling cider provided by the lodge. Lodge will also provide dessert, other drinks including coffee, plates, cutlery, etc. Please bring a salad, hot dish, or side dish to share.

**When?** Saturday, January 8, 11:00 am to 2:00 pm.

**Where?** Our exciting new venue, Lutheran Church of the Master, 1900 Potrero Way, Sacramento. (Take Freeport Blvd. to Potrero, just south of Freeport Plaza Shopping Center. West on Potrero. This is about 1/2 mile north of Executive Airport.

**What else?** The wearing of bunads and Norwegian sweaters is encouraged. This will be the lodge's only January meeting.

**Additional Directions:** From I-5, take Sutterville Road east. At Freeport Boulevard, turn right (south). Immediately past Raley's Supermarket, turn right (west) onto Potrero Avenue. Lutheran Church of the Master is on the left, just past the strip mall. Park behind the church. Call David Bailey at (916) 925-8123 for additional information.)



## VIKINGFEST 2010

Saturday, November 20<sup>th</sup>, The Vikingfest was held at the Masonic Hall on San Juan Ave. It dawned a very blustery, rainy day but many Vikings, Norwegians and friends Braved the weather to come see the crafts, hear the music, eat the food and buy baked goods. Many smiles and much laughter was heard as friends and family visited.

While our numbers were less this year, we hope you will join us next year and for our Events and dinners coming up. We want to recognize all those who worked so hard to bring the Vikingfest to you. **Florence Smith--Sandwiches--Helpers--Ann Bandy Joan Armstrong-Allen, Ruby Freeman, Pat Harriman, & Betty Malme, Bake Table: Ann Sandner& Cecelia Byrd-Helpers-Maggie Karlstad and Gudrun Thurston** Thanks to all who provided the delicious Baked Goods.

Kitchen Staff: **Tove-Lise Miller, Donna Gordon, David Bailey, Nancy Ottum and LaRena Hannon. Servers--DeAnn Smeltzer and daughter, Juliet, Carol Voxland, and Nancy Ottum. Room set-up and preparation: Ron Byrd & Cecelia, Beth Solheim and Husband. The VIKING STOPP was handled by Jim Smith and Carol Lee Solheim. Sharon Brooks and Lois Mac Neil were your friendly Greeters. Ingrid Sceals and Joe Hannon were Cashiers and Music was provided by Eric and Duane Malme.**

**A big surprise when we drove in the back parking lot--IT WAS PAVED!! How nice To have a smooth surface for walking on; also there are three disabled spaces by the Back Door! Thanks to everyone who helped to make this VIKINGFEST a success.**

**Your Vikingfest Oversight Team -- Ron Byrd, LaRena Hannon & Nancy Ottum.**

**By LaRena Hannon, Social Director**

Photo of group from our Lodge - Kneeling are LaRena and Joe Hannon, standing are Øystein and Carol Lee Solheim, Jim and Florence Smith and Lyla and Gordon Hansen



Journey to Norsk Hostfest in Minot, North Dakota

Eight of our Roald Amundsen Lodge Members, **Joe & LaRena Hannon, Lila & Gordon Hansen, Carol Lee & Øystein Solheim & Florence and Jim Smith** flew to Minneapolis at the end of September. There we were joined by members of the Gulden Lodge in Grass Valley; boarded a bus and began our trip to **Hostfest**.

Stops along the way: Runestone Museum where a 202 lb stone was unearthed in 1898; The stone contains a runic inscription telling of a Norse crusade to Minnesota in 1362. at Moorhead Minn. A Viking Ship was built by Robert Asp, and was sailed to Norway by his 3 sons and a daughter after his death. Another man's dream was to build a stave church on the Concordia College Grounds. He built and carved a very beautiful and historic church.

On to the Buffalo Museum at Theodore Roosevelt Park where we saw the World's Largest Buffalo (not a live one) and a very special, live, young **White Buffalo!** Next stop was Fort Abraham Lincoln State Park where the First Sergeant drilled us on marching and taught us "She Wore a Yellow Ribbon" Then we toured Lt. Col. Custer's very nice home and later we had a **Bar-B-Q Dinner** with a tour bus of Norwegians from Norway; we sang songs and the First Sergeant entertained us with his fiddle.

At Bismarck we saw a great Historical Society Museum about the part Norwegian immigrants, native Americans and settlers played in the State's development. On the way to Minot, we stopped at the Lewis & Clark Museum. Interesting exhibits and art display.

At the Hostfest we saw wonderful exhibits of Scandinavian culture, art, crafts, foods books and folk dresses. The music by Allen Jackson and Vince Gill was well received by many. Most venues had Scandinavian music and dance.

Back to Minneapolis and the Huge "Mall of America" you need a map to get out of it! A gigantic Water Park was at our hotel. Winter entertainment is different in the Midwest! It was a fun trip; we made new friends and saw interesting places and things. (Refer to photo of those from Roald Amundsen that were on the Tour.)

By LaRena Hannon

## Lodge Members' Travels

### ***Dawn Bayer's Trip to New Zealand & Australia 2010***

*In 1979 I promised myself that someday I would visit New Zealand. My dream finally came true, 31 years later. New Zealand is the most beautiful country, next to Norway of course. I recommend this trip to everyone. Northern Australia is very tropical and beautiful. The Coral Reef is beautiful, but dying.*



To see your travel destination featured here, please submit some photos with captions to [steve.loberg@mac.com](mailto:steve.loberg@mac.com) for consideration.

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"I may say that this is the greatest factor -- the way in which the expedition is equipped -- the way in which every difficulty is foreseen, and precautions taken for meeting or avoiding it. Victory awaits him who has everything in order -- luck, people call it. Defeat is certain for him who has neglected to take the necessary precautions in time; this is called bad luck."  
--from *The South Pole*, by Roald Amundsen.

### **Personalized Travel Planning**

**Carol S. Francis**  
**(916) 390-0953, (530) 878-3824**  
**[csfnorge@jps.net](mailto:csfnorge@jps.net)**

**Vacations, tours, cruises, airfare, trains, etc.**  
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**Citrus Heights, CA 95610, (916) 723-3355**