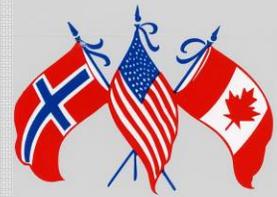


THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
October, 2008

Editor: Stephen Rosenthal
rosen@winfirst.com



Published Sunday, 21 Sept. 2008

FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:



For en flott sensommer! What a beautiful Indian summer! *Det er årstiden jeg liker aller best.* This is the time of year that I like the very best. The mountains are fabulous and the vacationers are gone; the winds die down, and the leaves turn colors. I love the crisp cool air, the

nights with bright stars, and long hikes with my dogs. When I lived in Tønsberg, Norway in 1976, I enjoyed many weekend hikes in September and early October, enjoying both the colors and the exhilarating air on the southern coast of Norway. I love picking blueberries (blåboer) in both countries, and the cloudberries in Norway (molter) are a special treat. My very first dessert with my exchange family was moltekrem, or cloudberry cream. When I am homesick for Norway, as I am now, I head for the Sierras.



Cynthia Hayashi, LaRena Hannon, and Judy Felker being taped at the Scandinavian Festival for Channel 10.

It is also the time of year for many events. Labor Day was weird this year (Sept. 1st), and it threw attendance off at several activities, like our Steak Dinner, and Kretsstevne at Camp Norge (also affected by the International Convention in San Diego). I was cruising the Cumberland and Ohio Rivers with my mom on the Delta Queen paddlewheel boat; Joe Hannon chaired the Steak Dinner which sounded like it was an adventure (hot weather and a hot fire under the steaks). I spent one day at Kretsstevne, and saw the inside of the beautiful new social hall,

still under construction.

The Scandinavian Festival this past Saturday was a big success at a new locale. The hall at Divine Savior Church in Orangevale has light wood floors, high ceilings and big windows, and I felt like I was in Finland, famous for design. Many members of Roald Amundsen Lodge helped make this a success (led by Joe Hannon), and we even got a TV spot! (see above).

October will also be a busy month.

(Continued on page 2)

President's message (Continued from page 1)

I am facilitating the third Leadership Challenge Workshop at Camp Norge on October 11th, which includes three lodges, Guldalen in Grass Valley, Hvitefjell in Reno, and our own Roald Amundsen. The topic is membership retention, and it is open to anyone wanting to help us grow as a lodge (see article elsewhere in newsletter, please rsvp to me at csfnorge@jps.net or 916-390-0953). To prepare, I visited Hvitefjell in Reno on Sept. 2nd, enjoying their potluck and a program on trolls given by a Daughters of Norway member. The two groups function well together in Reno; contact Judy Felker at (916) 303-3127 if you are interested in a Sacramento Daughters chapter.

Raye Brown is chairing our Lutefisk and Meatball dinner on October 17th at the San Juan Masonic Temple; please contact her at (916) 791-1908 if you can help. We are always in need of a good clean-up crew, and it would be nice to have volunteers in advance. I grew up with the rule, if you cook, someone else cleans up, so please help out. If you haven't gotten your tickets, please contact Cindy Hayashi at (916) 451-3843. And remember your adult children with a guest membership for a year! The membership form is on the back of the Lutefisk flier, or Cindy can help you. New members who send in their membership forms and fees with ticket orders will get a FREE Lutefisk dinner! And you get a chance on a trip to Norway for two for each referral. How can you lose?

Most rosemaling enthusiasts have probably already signed up for the Rosemaling Weekend at Camp Norge the last weekend in October. The kids are jealous as they would love to continue their language camp rosemaling skills. And please save November 15th for our own Vikingfest (see flier). It is a great event for starting Christmas shopping, and enjoying a day of Norwegian culture and food. Vi sees snart - see you soon!
Carol

**DO YOU KNOW WHO THIS NORWEGIAN—
AMERICAN WAS, AND WHAT HIS CONTRIBUTIONS
TO U.S. HISTORY WERE?**

Hint: If you are from South Dakota (and aren't most Norwegian Americans?), you should know.



Having just returned from a military reunion in South Dakota, your editor cannot resist including a little piece about this gent. **Peter Norbeck** (August 27, 1870 – December 20, 1936) served as a South Dakota State Senator from Spink County, as the Lieutenant Governor of South Dakota, as the ninth Governor of South Dakota, and as a United States Senator. Norbeck was the first Governor of South Dakota to have been born within the borders of the state.

Mr. Norbeck was the oldest of six children born to Norwegian immigrants, George (actually born in Sweden) and Karen (Larsen) Norbeck. At the time of Norbeck's birth, his family was living in a dugout on the family's 160 acres located eight miles northeast of Vermillion, Dakota Territory. On May 9, 1908, he ran for the South Dakota State Senate from Spink County. After being elected to the first of three terms, he joined Coe Crawford's inner circle of Progressives. In 1914, Norbeck reluctantly accepted Governor Frank Byrne's invitation to run as a candidate for Lieutenant Governor of South Dakota. In 1916, Norbeck beat Democratic candidate, Orville Rinehart, and became the ninth Governor of South Dakota. He served in that office from 1917 to 1921. In 1920, Norbeck was easily elected to the office of United States Senator. He won the election with 50% of the vote, in part due to the fact that the election involved a Democrat and two relatively strong independent candidates, with the Democrat coming in third place. Norbeck was a United States senator for the next sixteen years until his death from cancer during his third term.

Norbeck made a number of contributions towards South Dakota's tourism industry. He contributed to the development of the Iron Mountain Road in the Black Hills. If you have ever driven it, you may have noticed that part of it is called the "Norbeck Loop." He brought Gutzon Borglum to South Dakota and convinced Presidents Calvin Coolidge and Franklin D. Roosevelt to provide federal money for the carving of Mount Rushmore. He also contributed to the development of Sylvan Lake, Needles Highway, Badlands National Park, Custer State Park, and Wind Cave National Park.

STEAK FRY PHOTOGRAPHS



Starting at top left: Blossom Baker, Norman and Helen Evenson, guest Pat Halligan, the Norse fire god (Ray Miller), Ronald and Margaret Lemmon, Susan Lemon, Erwin Bjerke.

SIGRID UNDSET, NOBEL PRIZE WINNER

Three Norwegian writers have been awarded the Nobel Prize for literature. The first was Bjørnstjerne Bjørnson in 1905 while the second one was Knut Hamsun in 1920. The third was Sigrid Undset in 1928 for her three volume *Kristin Lavransdatter* and for the 4 volume *Olav Audunssønn*. They were serial novels about medieval Norway.

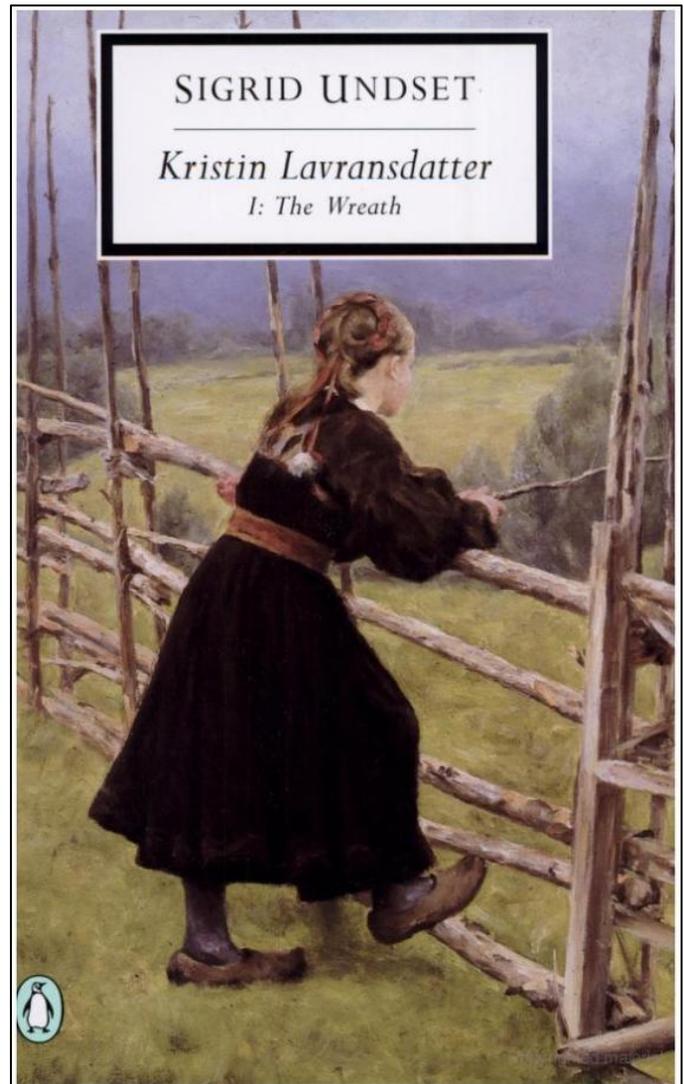
Sigrid Undset was born on May 20, 1882 at Kalundborg in Denmark at her mothers' childhood home. She was the oldest of 3 daughters. She came to Norway when she was 2 years old. Her father was a Norwegian archaeologist who had earned his PhD in 1881. When he became suddenly very ill, the family moved home to Norway.

Her father died at the age of 40, and Sigrid was soon called upon to help support the family and ultimately had to give up a university education. In the process, she was however greatly influenced by her father's serious illness and by his extensive historical knowledge. She soon became interested in Norse sagas and Scandinavian folk songs. She would work as secretary, starting at age 16 and would stay with a German Engineering firm for 10 years. During what was a painful and strained period in her life, she often burned the midnight oil doing what she loved to do and that was to write.

Her first novel was rejected by publishers because they said it was boring. The next one "*Fru Marte Oule*" was racier and was criticized by prudish critics. It became popular.

She liked Rome and was there in 1909 writing a novel when she met Anders Castus Svarstad, who was a Norwegian painter. In 1912, in Belgium, they were married. They would have 3 children. She also took care of Anders' three children by a previous marriage.

In 1919, she left her husband while pregnant with their



Doesn't the cover make you want to read the book? If you haven't?

third child and moved to Lillehammer where in August 1919, the child was born. She decided to make Lillehammer her permanent home and had a beautiful home built and named Bjerkebaek.

She was not considered religious, but in 1924 she had a very strong change in feelings and joined the Roman Catholic Church at the age of 42. Because the wife of her husband's previous marriage was still living, her marriage to Anders was dissolved because of the rules of the Catholic Church.

Sigrid combined in her work knowledge of history

(Continued on page 5)

Undset... (Continued from page 4)

with psychological analysis. Her themes were clearly Norwegian and to a greater degree European, particularly northern European with the central idea centered around women often with tragic results for those who went against their inner-secret desires. Her third novel, *Jenny*, set partly in Rome was one in which the heroine ultimately commits suicide. She was greatly influenced by Shakespeare and Chaucer, attracted to the Legends of King Arthur and deeply interested in history as shown in by her famous work, *Kristin Lavransdatter*, which was a trilogy about life in Scandinavia during the middle ages.

When she awarded the Nobel Prize for literature in 1928 for her powerful description of medieval life in northern Europe during the Middle Ages, she did not give a Nobel lecture but in her short acceptance speech, she said the following "I write more readily than speak, and I am especially reluctant to talk about myself." She donated her Nobel cash of about \$42,000 to children's charities.

As mentioned previously, she moved to Lillehammer in 1919 and would stay there until WW II. Her mother and daughter died in 1939, and her son was killed in battle during the war. She joined the resistance movement, left her home, went first to Sweden and then to the United States where she would stay until the end of the war. She then returned to Norway and ultimately received the Grand Order of the Cross of St. Olav in 1947 for her action during the war. She became somewhat of a recluse and centered much of her life on medieval Norway. She often wore medieval gowns, and wrote very little of any significance after her return to Norway. She received some criticism from feminists for saying a woman's highest honor and duty was to have children and raise them. She died at Lillehammer on June 10, 1949 of respiratory failure. *(Editor's note: This article was written by Richard Martin, Cultural Director, Olav 82 Lodge, San Rafael, and was first published in the September issue of their Olavs Edda.)*

LEADERSHIP CHALLENGE WORKSHOP III**Saturday, October 11, 2008****Camp Norge, upper living room****To Gulldalen, Hvitfjell and Roald Amundsen Lodges:**

You are invited to the third Leadership Challenge Workshop, to be held at Camp Norge on Saturday, October 11, 2008. Please plan to arrive for coffee, tea, fruit and pastries at 9:30 am, with the session from 10 am to 3 pm at the latest. Lunch will be provided, and a count of attendees would be helpful by Wednesday, October 8, 2008, to facilitator **Carol Francis**, csfnorge@jps.net, or (530) 878-3824 home, (916) 390-0953.

This session will focus on the important topic of membership retention. This is an excellent workshop for both established and new members about taking a leadership role in your lodge. We will examine topics such as the membership state-takes to attract and keep new members, how to get younger generations involved, lodge of the year ratings, cultural programs, web sites, newsletters, Viking for Kids program and topics of interest to participants. We are all interested in keeping our lodges going as current members grow older, and can help each other with ideas and enthusiasm.



Facilitator Carol Francis is currently President of Roald Amundsen Lodge #48 in Sacramento. She is an example of an exchange student (not Norwegian) who has lived in Norway two years, and has been active in her lodge for 28 years. Some of our best members come in by affiliation, and also come in young. She was handed a platter of fish at her first dinner, and told she was helping in the fish cooking shack. This helped her to meet new members and stay in the lodge. She likes an interactive style of training, and we will work in both large and small groups to look at various ideas for gaining and keeping new members. Please contact her with questions, or ideas you would like covered. This is summertime (in Norwegian) or Indian Summer, and a beautiful time to be at Camp Norge, so hope you can come! We are hoping for an excellent turnout.

FLASH! NORWEGIAN OIL FUND TO HELP BAIL OUT U.S. WALL STREET AND MAIN STREET! Head of Norway Fund in telephonic communication with Paulson and Bernanke over the weekend. Financial catastrophe may be avoided.



Treasury Secretary Paulson whispering to Federal Reserve Chairman Bernanke the good news about his telephone call from Norway.

The \$700 billion financial package to buy up bad U.S. mortgages will have a surprise participant. Norway, the petro-rich country of Scandinavia, has indicated a willingness to participate. "We have been helping other third world countries in Africa and elsewhere, and now we think we should help the U.S.," Gerda Munnifcenssen, an officer with the fund, said to the media

on Saturday. "After all, they took our poor and downtrodden off our hands about 120 years ago, and so now it is time for a little payback."

"The sight of those poor American families huddled around their 52-inch flat-screens while their houses are being foreclosed upon around them is just too much to bear," said a Norwegian deputy minister. American politicians apparently agreed, as they are taking steps to protect those poor folks who borrowed 100% of their property value without ever reading the loan documents.

"How were we to know that home prices might go down?" questioned a now departing executive from FDIC who was wondering where to deposit his exit bonus. "If we had, we might have been more careful."

Reportedly the Norwegian money comes with a few strings attached to it. The Norwegian Fund is requiring that each family that is aided by the bailout be allowed to keep one large SUV (so that the demand for gasoline will stay up) and, a bit oddly, they are requiring that each family so helped be required to make a \$100 contribution to the Moose Defense Fund of Norway. *(Reported by Dick Tracysen, our usually unreliable special reporter on Norwegian affairs.)*

SIDEBARS FROM THE EDITOR

Follow-up on the whale BBQ – Iceland takes matters a step further! Remember the piece we printed a while back about the rogue Sons of Norway lodge that was having a whale barbeque on California's north coast? Well, civilized Iceland, which has permitted commercial whaling since 2006, has taken matters a step further. In upscale Reykjavik restaurants, the new hot hors d'oeuvres is **minke whale sashimi** with wasabi crust and a shot of ginger tea on the side.

Another chef is perfecting **whale ceviche** – raw, thinly carved slices of whale meat marinated in lime juice, lemon grass and garlic.



The hot seller to tourists is whale brochettes marketed as **"Moby Dick on a Stick."** Finally, another restaurant is offering \$18 whale burgers served with lobster mayonnaise.

There seems to be no end to the whale possibilities. And, as people eat more whale meat and less beef, we should have more corn for ethanol to put in our gas tanks! Is this a win-win situation, or what!

Norway to help Cuba drill for off-shore oil. According to the U.S Geological Survey, Cuba's off-shore potential is somewhere between **4.6 billion and 9.3 billion barrels** of oil as well as even greater quantities of natural gas. One of the major oil companies that will help them drill is **Norsk Hydro of Norway.**



"It's ironic that the Bush administration won't allow American companies to exploit those reserves just because it's Cuba," said former U.S. Ambassador Vicki Huddleston, who is involved in a Brookings Institution review of American policy. "Why can we buy from Venezuela and not Cuba?" she added, noting that Venezuelan Presi-

(Continued on page 7)

CENTURY CLUB CONTRIBUTES MORE THAN SEED MONEY!



From the Century Club:
For those of you who were at the 2008 District Six convention, you were witness to an astounding event. The president of the Century Club issued a challenge to the members and lodges of the Sixth District: "The Century Club will donate \$30,000 to the building fund for the new Heritage Hall at Camp Norge if the members and lodges of District Six will match that amount." Before many more than 24 hours had gone by, the challenge was met and the Heritage Hall Building Fund now has enough funds to complete the building and its interior.

The Century Club works all-year round, though, to collect dues from its members for the future maintenance of Camp Norge, or participating in funding special projects or needs. We donate half of our yearly revenue to the camp for these purposes. In addition to the \$30,000 mentioned above, we have contributed over \$50,000 since our inception in late 1996. Our excess funds (reserves) are invested at Sons of Norway in Minneapolis.

We invite everyone to join us in our efforts. Our dues are \$100 per year, payable on the anniversary of your joining. Everyone should be looking at whether they are up to date with their dues, or if they are delinquent, be making plans to bring them up to date. If you are not a member, please consider joining the Century Club and become part of our special club to support Camp Norge in its maintenance needs. Your lodge can also become a supportive member of the Century Club for the same \$100. Contact your CC representative in your lodge. If your lodge doesn't have one, ask your president to appoint one.

Checks can be made payable to "Sixth District Century Club" and be sent to **Nic Sanburg**, Treasurer, 535 W. Walnut Ave., Monrovia, CA 91016 or to the Secretary: **Sherrill G. Swenson**,

**Celebrating culture.
Expanding horizons.**

FROM THE SONS OF NORWAY FOUNDATION

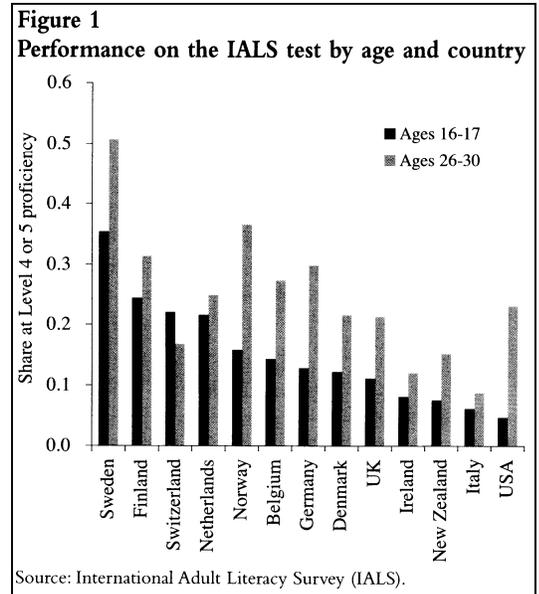
Greetings! We have added two new features to the Foundation section of the Sons of Norway website. First, you are now able to see a complete listing of the 2008 grants awarded by individual grant category. Go to www.sonsofnorway.com, click on Foundation, and then, click on grants and 2008 recipients. This feature has been available for the scholarship recipients for the past few years. Secondly, the Foundation annual reports are now included on the Foundation section as drop down choices. The 2008 annual report [should also be there.]

We are constantly working to improve the information available to members. These two improvements will keep you up to date on Foundation activities. Sincerely, **Cindy Olson**, Director, colson@sofn.com.

SIDEBARS (Continued from page 6)

dent Hugo Chavez currently represents a greater threat to U.S. interests in Latin America than does Cuba...

Norwegian youth highly literate. Here is an interesting graph. Norwegian youth are highly literate compared to other highly literate countries – persons there in the 26-30 age group supposedly enjoy the second highest literacy rate in the world. U.S. teenager performance is dismal, but those in the 26-30 age group do better...



9731 Bellder Dr., Downey, CA 90240-3333 or to the President: **Ordale Johnson**, 525 La Fonda Dr., Ventura, CA 93003. We'll credit your account without a formal application. Sherrill G. Swenson, Secretary, Century Club.

**Sons of Norway's
Roald Amundsen Lodge Presents**



VIKING FEST

**WHEN: November 15, 2008
Saturday 10:00 am to 3:00 pm**

WHERE: SAN JUAN MASONIC HALL
5944 San Juan Ave.
Citrus Heights, CA

Folk Dancing, Crafts, Demonstrations
Open Faced Sandwiches, Fish Soup, Vikings on a Stick, Baked Goods
and more.
Scandinavian Merchandise, Food Goods and Candies

ADMISSION FREE

For Information Contact: Florence Smith
916.783.8830



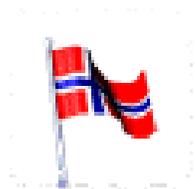


ROALD AMUNDSEN LODGE,
SONS OF NORWAY

LUTEFISK & MEATBALL DINNER

MEMBERSHIP DRIVE -
Get a 'FREE dinner' for new people signing up for membership! ...Call for questions, and send in your membership application form and check by Oct. 9th.

DATE: SATURDAY, OCTOBER 18, 2008
TIME: 5:00 pm Social, 6:00 pm Dinner
Entertainment after dinner
PLACE: SAN JUAN MASONIC HALL
5944 SAN JUAN AVE., CITRUS HEIGHTS, CA



TICKET SALES LIMITED TO 100
PRE-PAID RESERVATIONS ONLY - (NO TICKET SALES AT DOOR)
ADULT S/N MEMBERS \$17.50 - ADULT NON-MEMBERS \$20.00
CHILDREN 10 & UNDER \$5.00

Make check payable to "SONS OF NORWAY"
MAIL TO: CINDY HAYASHI, P.O. BOX 814, CARMICHAEL, CA 95609
(Questions? 916.488.9901 email: cindyoyc@surewest.net)

Please reserve the following tickets: *Will be held at the door for you.*

Member name(s) _____

Non-member/Guest names(s) _____

Address & Phone number _____

# Adult Members _____	@ \$17.50 each	Total \$ _____
# Adult Non-members _____	@ \$20.00 each	Total _____
# Child tickets _____	@ \$ 5.00 each	Total _____
		Grand Total: \$ _____

(DETACH AND MAIL TO ABOVE ADDRESS BY OCT. 9, 2008)

Below you will find a membership form that can be used in conjunction with the offer made on the previous page. Questions? Call Cindy Hayashi @ 916-488-9901.



SONS OF NORWAY

Membership Application

Section A

1455 West Lake Street
Minneapolis, MN 55408
www.sonsofnorway.com
(800) 945-8851

1. First Name Middle Initial Last Name

2. Mailing Address City/State/Zip/Province/Country

3. Billing Address (If different from above) City/State/Zip/Province/Country

()

4. Telephone No. 5. E-mail Address

Section B

6. Birthdate:
Month Day Year

7. Male Single
 Female Married

8. Is spouse a member?
 Yes No
 Now Applying

9. Spouse's Name:

Birthdate: _____
Member No. _____

10. Norwegian or Nordic by:
 Descent
 Marriage
 Interest/Affiliation

11. Children Information
Name(s): Age(s):
Male _____
Female _____

Section C

12. Lodge Name Lodge #

13. Membership Approved By: Month Day Year

14. Applicant Recommended by (print name and member number)
No.

15. Sons of Norway Field Staff Representative:
No.

16. Initiation Fee (where applicable – Local Lodge Only)
\$

17. Annual Dues (total) \$

Total \$ _____

18. Payment Type: Cash Check CC

19. Visa MC Disc. AMEX
_____ Exp: _____

20. I hereby apply for membership in Sons of Norway

Signature: _____ Date: _____

For Headquarters Use Only

AREA EVENTS

The following area events may be of interest to Roald Amundsen Lodge members:

October 3-5, 2008: Central California Kretsstevne at Flying Flags RV Park, Buellton, California.

Sunday, October 18, 2008: "A Peek at the Art of the Midnight Sun", hosted by Centennial Lodge #161 at Shepherd of the Hills Lutheran Church 580 Trinity Drive, Vacaville. A review of art and artists from Scandinavia presented by S of N member Dorothy McCall. Event begins at 3 PM.

October 25-26, 2008: Fall rose-maling seminar at Camp Norge. For more information or to register, please visit the Camp Norge web site, or see last month's issue of **The Navigator**.

Saturday, November 1, 2008: Lutefisk & Meatball Dinner hosted by Bjornstjerne Bjornson Lodge #14 2258 MacArthur Blvd. Oakland. For information or reservations contact Karl Eikeberg, baySea@aol.com.

Saturday, November 8, 2008: Viking Lodge #89, Chico, celebrates its 40th Anniversary.

Sat-Sun, November 15-16, 2008: Norwegian Seamen's Church Christmas Bazaar, San Francisco



This new Norwegian frigate, the Fridtjof Nansen, will be used to hunt pirates who have been pestering Norwegian ships off of the coast of Somalia.

Note to Persons with Announcements and Flyers! (especially from other lodges) The Navigator, like most Sons of Norway newsletters, is published not more often than monthly. If we do not receive flyers at least seven weeks ahead of time, they probably will not be timely...

SONS OF NORWAY

Freya Lodge, 6-62 presents...

Leif Erikson Viking Fest

(Free Admission)

Saturday, October 11, 2008 - 10 a.m. to 3 p.m.

Offering a **"Taste of Norway"** lunch Served from 10a-3p.

Norway Hall
617 West 9th Street
Santa Rosa
707-579-1080
you can leave a message

For more information contact:
Pamela (707-778-8120)



Jay McMartin-Rosenquist coffee and Swedish clogs
mailto:zoegas@mcn.org or mendocinoclogs.com or
zpostorderusa.com

Bake Sale
lots of Norwegian
baked goodies

"The Vikings of Bjornstad"



Freya Lodge
Welcomes the
returning vendors from last
year,
new vendors?
You will just have to come
and check it out for your-
self!!









RAFFLE PRIZES every half hour starting around 12 noon, we hope you will stick around to shop, eat lunch and visit with friends & family ~-~ but if you have to leave ~ prize pick up by a friend/family with ticket or at Freya Lodge's Cultural & Heritage Meeting Saturday, October 18, 2008 (no prizes will be shipped)

GRAND PRIZE RAFFLE made by Sid Krogstad





REFRESHMENT SCHEDULE

Carol Francis and Gwen Lokke are signed up for refreshments for the October meeting. Volunteers are needed for the November and December meetings. Please call **Mary Santa Ana** (916.487.1601) to sign up.

Roald Amundsen 6-48
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<u>KALENDEREN</u>	
Oct 11	Challenge Workshop
Oct 14	Lodge Meeting
Oct 18	Lutefisk Dinner
Oct 25-26	Rosmaling, Camp Norge
Nov 15	Vikingfest
Dec 13	Lodge Social
April 2009	80th Anniversary Dinner

Call Viking Sisters President for Viking Sisters meeting information. Meetings now held at Denny's, at the southeast corner of Watt Avenue and Auburn Boulevard, just south of Business Route 80 freeway. Generally, they meet the second Saturday of every month at 9:00am.

Monthly lodge meetings are usually held 2nd Tuesday at the Masonic Center, 5944 San Juan Avenue, Citrus Heights (just south of Greenback Lane). Start time is 7:00 pm. A cultural program is usually presented.